

COUNSELING SUPPORT

For those regular full-time staff members, the Rock Church will financially assist them and their immediate family members who wish to seek guidance on a personal matter through a Staff Counseling Benefit.

The Rock Church will pay up to **\$400** per calendar year, per family unit for counseling costs.

Unused benefits may not be carried forward from year to year. This benefit is provided per family unit. A family unit is defined as the employee, spouse, and children.

The Counseling Reimbursement Form can be found on the Backdoor.

*Our medical insurance plans do not cover family or marriage therapy.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

The Rock Church and The Rock Academy believe in keeping a life/work balance, which is why full time employees and their dependents have access to an Employee Assistance Program through ComPsych, and it is available at no cost for all full time employees. Employees are able to have **up to 5 professional face-to-face sessions** per family unit, per incident, per year. A variety of information and resources are available by calling 1-844-837-9294 or www.guidanceresources.com (Web ID: RockChurch EAP), 24 hours a day, 7 days a week.

- Parenting advice and services
- Eldercare information
- Tips on dealing with emotions
- Legal library
- Financial calculators and tools

Call Today! 1-844-837-9294
www.guidanceresources.com
Web ID: RockChurch EAP

DISCLAIMER: This document is for illustrative purposes. Should there be a discrepancy in this document, the summary plan description will prevail.