

# Service Project Ideas for Rock Small Groups

Below is a diverse list of ministry opportunities that you and your small group can do together to help our community and the world. Can you partner with us to carry out the vision of the Rock Church by using your gifts to share God's love with others? The vision of the Rock Church is *to be a powerful evangelistic force that engages every segment of society as a motivated army of believers in Jesus Christ. We are wholeheartedly committed to using our gifts anywhere, at any time, to share the gospel while influencing and transforming our culture. This force will evangelize San Diego and empower other churches to use this ministry model around the world.* In short, we want to share the love of Christ by our love-in-action towards those in need.

The following list is comprised of two categories. The first category is our Baby Rock Ministries which are ministries lead by Rock Church members. The other category is a variety of local and global ministries and organizations designed to meet varying needs within the U.S. and internationally. We hope this will get your wheels turning and your faith transformed into action. Wouldn't it be great if every Rock Small Group consistently used their gifts together to serve those in need? What a powerful force we would be! May you be blessed as you serve together with your small group.

## Baby Rock Ministries

### *Disabilities Ministry (Luv-em-up)*

The purpose of Luv-em-up is to love those with special needs as they are and to help them be all that God has for them, help them overcome their disabilities, to equip them through Bible studies and send them, confidently, to bring others to Christ.

**Ministry Leader:** Bobby Yates

**Phone:** 619.312.0174

**Email:** [ludemupministry@therocksandiego.org](mailto:ludemupministry@therocksandiego.org)

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### *Donations Ministry (Share)*

The purpose of the Share Ministry is to provide all Rock members with the opportunity to share their material blessings. We are committed to filling individual needs within the Rock Church and the community by matching donated items to those who can use a helping hand. We seek donations of clothing, shoes, bedding, baby items, furniture, or whatever God has put in your heart to share.

**Ministry Leader:** Marce Hanson

**Phone:** 619.449.7798

**Email:** [shareministry@therocksandiego.org](mailto:shareministry@therocksandiego.org)

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### *Evangelism Ministry (Fishers of Men)*

The Mission of the Fishers of Men Ministry is to train and equip believers to be a powerful evangelistic force that engages all segments of society in and around San Diego to reach the lost through personal evangelism and organized outreach.

**Ministry Leader:** Darren Hall

**Phone:** 619.804.7741

**Email:** [fishersofmen@therocksandiego.org](mailto:fishersofmen@therocksandiego.org)



## Baby Rock Ministries

### *Foster Youth Mentor Ministry (Step-up)*

The purpose of Step Up is to provide foster youth with one-on-one and family Christian-based mentoring through the demonstration and positive role modeling of a Christian lifestyle.

**Ministry Leader:** Lisa Walker

**Phone:** 619.286.5508

**Email:** [stepupministry@therocksandiego.org](mailto:stepupministry@therocksandiego.org)

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### *Homeless Ministry (Bread of Life)*

The Bread of Life Ministry reaches out to the San Diego and Tijuana homeless, showing the love of Jesus and sharing the Gospel of Christ's saving grace by worshipping with them on a regular basis and providing meals, clothes and other essential items.

**Ministry Leader:** Steve Bigley

**Phone:** 619.549.3000 or 619.226.7625

**Email:** [homelessministry@therocksandiego.org](mailto:homelessministry@therocksandiego.org)

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### *Life Line Ministry*

The purpose of Lifeline Ministry is to reach in to those who can't reach out themselves. We communicate God's love through His Word and our actions with an emphasis on leading the lost in convalescent homes, retirement homes, and special care facilities to a saving knowledge of Jesus Christ through Bible studies and room-to-room visitation. This is an excellent training ground for people wanting to use their spiritual gifts. Also a wonderful opportunity to put the Word to use and live the Christian lifestyle.

**Ministry Leader:** Ken Davis

**Phone:** 619.861.2550

**Email:** [lifelineministry@therocksandiego.org](mailto:lifelineministry@therocksandiego.org)

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### *Missions Ministry*

The Missions Ministry helps would-be missionaries follow God's calling, shares news and prays over missionaries and churches around the world and brings together Christians at The Rock with a heart for the nations who desire opportunities to put their love into action.

**Ministry Leader:** Nick Zadrozny

**Phone:** 858.225.4600

**Email:** [missionsministry@therocksandiego.org](mailto:missionsministry@therocksandiego.org)

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## Baby Rock Ministries

### *Prison Ministry*

The purpose of The Rock Prison Ministry is to reach lives for Jesus Christ behind prison walls. Monthly outreaches and ministry events provide opportunities for men and women to serve in the local state prisons and support the families of the incarcerated.

**Ministry Leader:** August Hunter

**Phone:** 619.226.7625 x232

**Email:** prisonministry@therocksandiego.org

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### *Thanksgiving Banquet for the Homeless*

Be a volunteer for this event (Food Serving Team, Welcome Team, Prayer Team, Outreach Team, Table Host Team) and/or donate needed items.

**Ministry Leader:** Carolyn York

**Phone:** 619.226.7625 x247

**Email:** carolyny@therocksandiego.org

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### *TJ House Building Ministry*

The purpose of the Tijuana Housebuilding Ministry is to share the love of the Lord with families by providing basic shelter.

**Ministry Leader:** Ed Crenshaw

**Phone:** 858.571.3427

**Email:** tjhousebuilding@therocksandiego.org

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### *Toys for Joy*

Donate a new, unwrapped toy for a child in need (infants to 18 years old) or volunteer your time to man a booth during the event. This event occurs in December.

**Ministry Leader:** Mikel Homa

**Phone:** 619.226.7625 x222

**Email:** mikelh@milesahead.com

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## Local & Global Organizations

### *Alzheimer's Association*

The Alzheimer's Association - San Diego Chapter is a member of the only national voluntary health agency dedicated to research for the prevention, cure, and treatment of Alzheimer's disease and related disorders. Current opportunities include helpline specialists, support group facilitators and art class leaders.

**Contact:** 858.492.4400 x114 or norma.lamadrid@sanalz.org  
www.sanalz.org

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### *American Red Cross*

The American Red Cross is a humanitarian organization, led by volunteers, that provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies. They are a community-based voluntary organization governed, supported, and principally staffed by volunteers who work with paid staff in all programs and services. A current list of volunteer opportunities can be found on their website.

**Contact:** 858.309.1200 or redcross.volunteer@sdarc.org  
www.sdarc.org

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### *Big Brothers Big Sisters of America*

The Big Brothers Big Sisters Mission is to help children reach their potential through professionally supported, one-to-one relationships with measurable impact.

**Contact:** 858.536.4900 x213  
www.sdbigs.org

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### *Care House Life Ministries*

As a Christ-centered, non-denominational ministry, Care House ministers to homeless teens, throwaways and runaways who roam the streets of our city. Opportunities to help involve giving financial support, adopting a family with your small group, and taking part in their weekly Bible Studies.

**Contact:** 619.299.2777 or carehouse2002@yahoo.com  
www.carehouselife.org

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### *Casa de Amparo*

At Casa De Amparo the time you spend as a volunteer translates into the one-on-one attention the children need to grow up healthy and resilient. As a volunteer you can read to a preschool class, prepare snacks, lead an exercise class, serve as a role model, or assist in our administrative office. There are many areas in which volunteers are utilized and a lot of flexibility in scheduling.

**Contact:** 760.754.5510 or gwenross@casadeamparo.org  
www.casadeamparo.org



## Local & Global Organizations

### *College Area Pregnancy Services*

The Pregnancy Center counsels young women who are contemplating an abortion. They need monthly volunteers to help keep the center squeaky clean. They also need volunteers to do community walks and distribute pro-life literature.

**Contact:** 619.337.8080 or [web@capsonline.org](mailto:web@capsonline.org)  
[www.capsonline.org/index.htm](http://www.capsonline.org/index.htm)

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### *Green Oak Ranch*

Green Oak Ranch is a non-profit residential Christian drug and alcohol recovery center, an emergency foster care center, and a retreat facility located on 144 acres in Vista. Those in recovery are required to "work" on the ranch in landscaping, food service or hospitality by serving guests who are using the retreat center. Volunteers can help out for a few hours with light "Fix-it" projects around Green Oak Ranch. Light handyman skills are required for some of the projects though not all.

**Contact:** 760.727.0251  
[www.greenoakranch.org](http://www.greenoakranch.org)

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### *Habitat for Humanity*

We invite volunteers from all walks of life to come together and help eliminate poverty housing in San Diego. Volunteers are welcome on construction sites, and always at the Restore and the Administrative Office.

**Contact:** 619.283.4663 x311 or 302 or [volunteer@habitatsdiego.org](mailto:volunteer@habitatsdiego.org)  
[www.habitatsdiego.org](http://www.habitatsdiego.org)

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### *I Love a Clean San Diego*

Since its founding in 1954, ILACSD has worked to educate the community about conservation and waste reduction. Many of our projects focus on recycling, pollution prevention, and neighborhood beautification. A current list of volunteer opportunities can be found on their website.

**Contact:** 619.291.0103  
[www.ilacsd.org](http://www.ilacsd.org)

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### *Invisible Children*

Invisible Children is an organization trying to end a war in Uganda which is being fought by children. They work to raise awareness of the atrocities going on.

**Contact:** 619.562.2799 or [info@invisiblchildren.com](mailto:info@invisiblchildren.com)  
[www.invisiblechildren.com](http://www.invisiblechildren.com)



## Local & Global Organizations

### *Meals-On-Wheels*

Volunteers are the hearts and hands of Meals-on-Wheels. Their caring, dedicated and generous support helps turn our mission into reality and our efforts into accomplishments. A current list of volunteer opportunities can be found on their website.

**Contact:** 800.573.6467 or [mow@meals-on-wheels.org](mailto:mow@meals-on-wheels.org)  
[www.meals-on-wheels.org](http://www.meals-on-wheels.org)

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### *Prayer Walking*

Go on a prayer walk with your small group. Go outside schools, police stations, fire stations, abortion clinics and pray for those inside and the decisions they make every day.

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### *San Diego Hospice & Palliative Care*

Throughout San Diego Hospice & Palliative Care's (SDHPC) history, volunteers have played a key role in our patient and family care services, and all other organizational activities. We invite members of the community, ages 15 years old and above, to become a San Diego Hospice & Palliative Care Volunteer. Volunteer opportunities are available in-patient or non-patient related areas. Extensive training is provided for volunteers, as needed.

**Contact:** 619.278.6451 or [volunteer@sdhospice.org](mailto:volunteer@sdhospice.org)  
[www.sdhospice.org](http://www.sdhospice.org)

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### *San Diego Rescue Mission & Center*

Volunteers at the Rescue Mission provide valuable services to our residents and receive the satisfaction of personally helping homeless people regain productive lives. A current list of volunteer opportunities can be found on their website.

**Contact:** 619.687.3720 or [volunteers@sdrescue.org](mailto:volunteers@sdrescue.org)  
[www.sdrescue.org](http://www.sdrescue.org)

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### *St. Clare's Home*

St. Clare's Home is a shelter for homeless women and children and domestic violence victims and preschool daycare for low income families. Volunteers opportunities include gardening or painting in one of their nine homes, holding babies at Little Angels Learning Center, hosting a party for a shelter home, working a shift in St. Clare's Upscale Retail Shoppe, or doing clerical chores in the office or helping to plan a special event.

**Contact:** 760.741.0122 or [megan@stclarehome.org](mailto:megan@stclarehome.org)  
[www.stclarehome.org](http://www.stclarehome.org)

