



Christian Essentials

Formerly the first 4 weeks of Boot Camp! This class is offered for anyone who has received Christ in the last week or the last year, who desires to review the basics of their faith... the essentials of Christianity: The Bible, God, Jesus and Prayer. Class is free.

Class is 4 sessions.

DAY	CLASS DATES	TIME	LOCATION
Tues	6/3/08 - 6/24/08	6:30-8:30 PM	Rm 344
Tues	7/8/08 - 7/29/08	6:30-8:30 PM	Rm 344

Spiritual Disciplines For Growing Christians

Wanna get plugged in, make new friends, know what the Rock believes, meet key players that serve at the Rock, know what Christians believe and why they believe it? Wanna get some serious discipleship, grow deeper in your faith, experience something unique, and be part of the ARMY serving Christ? Cost is \$20.

Class is 8 Sessions.

DAY	CLASS DATES	TIME	LOCATION
Wed	6.11.08 - 7.30.08	6:30 - 8 PM	Library

The Mission of the Rock Church... is to save, equip, and send out soul-winners for Jesus Christ.

- Senior Pastor:** Miles McPherson
Executive Pastors: Rick Linamen, Doug Childress
Ministry Leaders:
 August Hunter Associate Pastor.....x5108
 Cara Wallace Children's Ministry Directorx5117
 Darren Carrington Senior High Pastor.....x5125
 Dru Teves Junior High Pastorx5129
 Jerry McCauley Creative Directorx5137
 Jerry Ray Stewardship Pastor, CFO.....x5138
 Jon Gross Associate Pastorx5140
 Mark Collins Associate Pastorx5146
 Ricky Page Associate Pastorx5159
 Stefanie Kelly Worship Arts Directorx5171
 Tommy Moseley Associate Pastor.....x5166
 Vic Alvarado Pastor of Marriage and Family.....x5169
 Zack Jones Executive Director of Rock Sportsx5170

WEEKEND SERVICES

- Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM**
 Interpreting for the deaf is available at the 10 AM service.
- Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM**
 Pebbles Pathway children's service for infants through 5th grade available.
- Junior High 10 AM • 12 PM • 5 PM (grades 6-8)**
- Senior High 10 AM • 12 PM • 5 PM (grades 9-12)**

Rockpile Bookstore

Monday - Saturday 2 PM - 7 PM • Sunday 7:30 AM - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool

Dr. Richard Andujo, Principal
K-12th Grade: 619.764.5200

Beverly Marquis, Preschool Director
Preschool: 619.764.5205



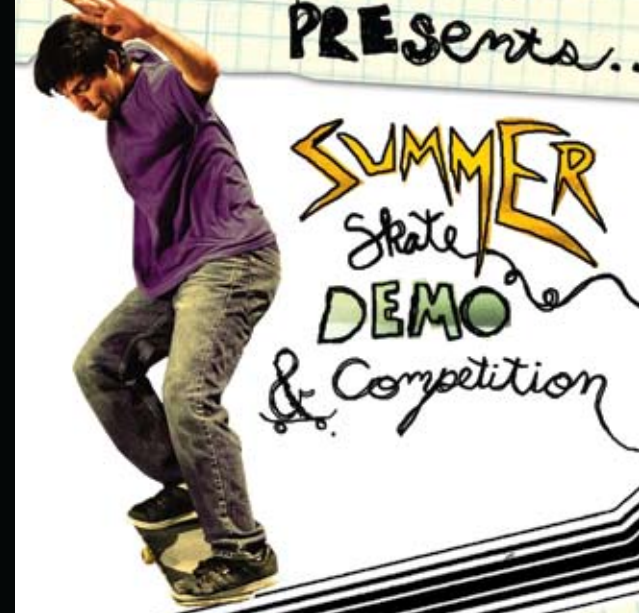
For more info, contact Danielle Demko at danielle.demko@therocksandiego.org or 619.764.5123.



619.226.ROCK • therocksandiego.org
therockuniversity.org • therockacademy.org • milesahead.com

FROM TO
THE BOOK OF 1 SAMUEL

ROCK SPORTS



PRESENTS...
SUMMER
Skate
DEMO
& Competition

SUNDAY JUNE 29
1:30 - 4 PM
at the ROCK 2277 Rosecrans St



Best Trick Contest
\$300

Weekly Reading

READ THE BIBLE IN A YEAR!

Monday - Psalm 7-9

Tuesday - Psalm 10-12

Wednesday - Psalm 13-15

Thursday - Psalm 16-18

Friday - Psalm 19-21

Saturday - Psalm 22-24

Sunday - Psalm 25-27

Get the Message



Purchase today's message CD for \$5 in the Rockpile Store located next to the Cafeteria, or sign up for a weekly subscription at www.rockpilestore.com.



Weekly Podcast of each message is available online at www.therocksandiego.org, where you can also watch the current message video and download the lesson plan.

This Week at the Rock

Monday, June 2

6:30 PM	Men's Ministry: Men's Monday Nights	Rm 235
7 PM	1825: The Venue — Downtown	Off Campus
7 PM	Homeless Ministry: Bread Of Life	Off Campus

Tuesday, June 3

7 PM	Hip Hop Ministry: Rock Steady Classes	Off Campus
7 PM	Youth Ministry: Home Groups	Off Campus
7:30 PM	1825: Young Adult Café	Rm 235
7:30 PM	JC's Girls Ministry: Bible Study & Adult Club Outreach	Off Campus

Wednesday, June 4

7:30 AM	Prayer Ministry: RAPP (Rock Academy Praying Parents)	Chapel
7 PM	Homeless Ministry: Unity in the Community	Off Campus
7 PM	Youth Ministry: Home Groups	Off Campus
7:30 PM	1825: Young Adult Café	Rm 235

Thursday, June 5

7 PM	Youth Ministry: Home Groups	Off Campus
7:15 PM	1825: Remnant	Cafeteria
7:30 PM	Homeless Ministry: Bread of Life	Off Campus
5 PM	Golf Ministry: Golfing at Sail Ho	Off Campus
6:30 PM	Women's Ministry: FaithWorks Class	Rm 253

Friday, June 6

6:30 PM	Young Married Café	Rm 235
7 PM	Youth Ministry: Friday Night Live — Jr. High	Rock Park
7:30 PM	Rock Recovery Ministry: Bonfire	Off Campus

Saturday, June 7

9 AM	Golf Ministry: Golf at Tecolote	Off Campus
2 PM	Women's Ministry: Rock Women's Annual Tea	Cafeteria

Sunday, June 8

7:30 AM	Homeless Ministry: Sunday Services with the Homeless	Off Campus
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For more event information and locations, visit www.therocksandiego.org/events/all or call 619.226.ROCK.

Announcements

Mind, Body, Soul Training

Fitness and Nutrition Ministry will be offering a 4-week session on Saturday mornings starting June 7. Learn how to take care of your body; mind, body and soul for Christ, and get back to basics with your nutrition and fitness. For more info please email csiragusa1@cox.net.

Overcoming Eating Disorder

The Eating Disorder Ministry invites you to join them Saturday, May 31 for a workshop that will help you or someone you know overcome this deadliest disease and regain power over your body. RSVP to eatingdisorder@therocksandiego.org.

JC's Girls Rummage

JC's Girls is having a rummage sale at Kobey's Swap Meet to raise money for support. If you have items to donate, please contact jcgirls@therocksandiego.org. Stop by our spot on 06.14.08 and shop till you drop!

Stepping Up- Study of Psalms

Join us Wednesday June 11 for *Stepping Up*. This 7-week women's study is a detailed study of Psalms 120-134 called the Psalms of Ascent. This study will engage participants in unique opportunities for personal reflection and worship while exploring the background and writer of each Psalm.

If you have recently made a decision for Jesus Christ or have not yet made a public proclamation of your faith, please join us at Coronado Central Beach.

www.therocksandiego.org/eventcalendar/599/

Save the date! Sr. High Camp July 6-11, Jr. High Camp July 13-18 and Alternate Jr. & Sr. High Camp July 20-25. Students will be experiencing a variety of extreme sports (skateboarding, surfing, wakeboarding, BMX, FMX), audio/visual arts, and spiritual growth. Visit us at www.therocksandiego.org.



Get Involved! Text "SDROCK [your email]" to 95495 or log onto www.therocksandiego.org and click "New to the Rock".

Or fill out this form and drop it off at the Info Booth.

Name

Address

City State Zip

Phone

Email

Birth

Updating my information. Today is my first visit.

Demographics

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

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I would like more information on:

- Pebbles Pathway (Children) Small Groups
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Academy (Pre K-12th)
 1825 (Young Adult) Rock University
 Women's Ministry NP3 (Building Project)
 Men's Ministry Miles Ahead

I recently:

- Accepted Christ Rededicated my life