

Join the Rock ARMY

Every person at the Rock should be in a process of moving toward an accountability group/relationship that serves in the community with their time, talent, and treasure in a way that brings people to know the saving grace of Jesus. The **ARMY** is a body of believers united and committed to answering Jesus' call.

Sign up for the **ARMY** today and receive:

- Tools for spiritual growth
- 10% off at the Rockpile Bookstore
- 10% off at the Rock Café
- Pre-buy tickets to events held at the Rock

First Name

Last Name

Address

Phone D.O.B.

Email

@

How long have you been attending the Rock?

- Since the first day (February 19, 2000)
- Since SDSU (February 2000-October 2004)
- Since Ruffin (November 2004-August 2007)
- Since moving into our home (August 2007 - present)
- I am new to the Rock this year
- This is my first visit



The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated **ARMY** of believers who engage every segment of society while remaining true to our DNA.

Senior Pastor: Miles McPherson

Ministry Leaders:

Andy Rodgers 1825 Small Groups Pastor x5106
August Hunter Associate Pastor/Prison Ministry x5108
Bobby Rife 1825 Pastor x5115
Danny Quimlat 1825 Small Groups Pastor x5191
Darren Carrington Marriage and Family Pastor x5125
David Robles Children's Pastor x5226
Dru Teves Junior High Pastor x5129
Jerry McCauley Creative Arts Director x5137
Jerry Ray Stewardship Pastor, CFO x5138
Mark Richardson Outreach Pastor x5147
Mingo Palacios 1825 Pastor x5157
Ricky Page Save Ministry Department Head Pastor x5159
Stefanie Kelly Worship Arts Pastor x5171
Tommy Moseley Send Ministry Department Head Pastor x5166
Zack Jones Executive Pastor of Save.Equip.Send. Ministries x5170

WEEKEND SERVICES

Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
 Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
 Pebbles Pathway children's service for infants through 5th grade available.

Junior High 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High 10 AM • 12 PM • 5 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
 2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

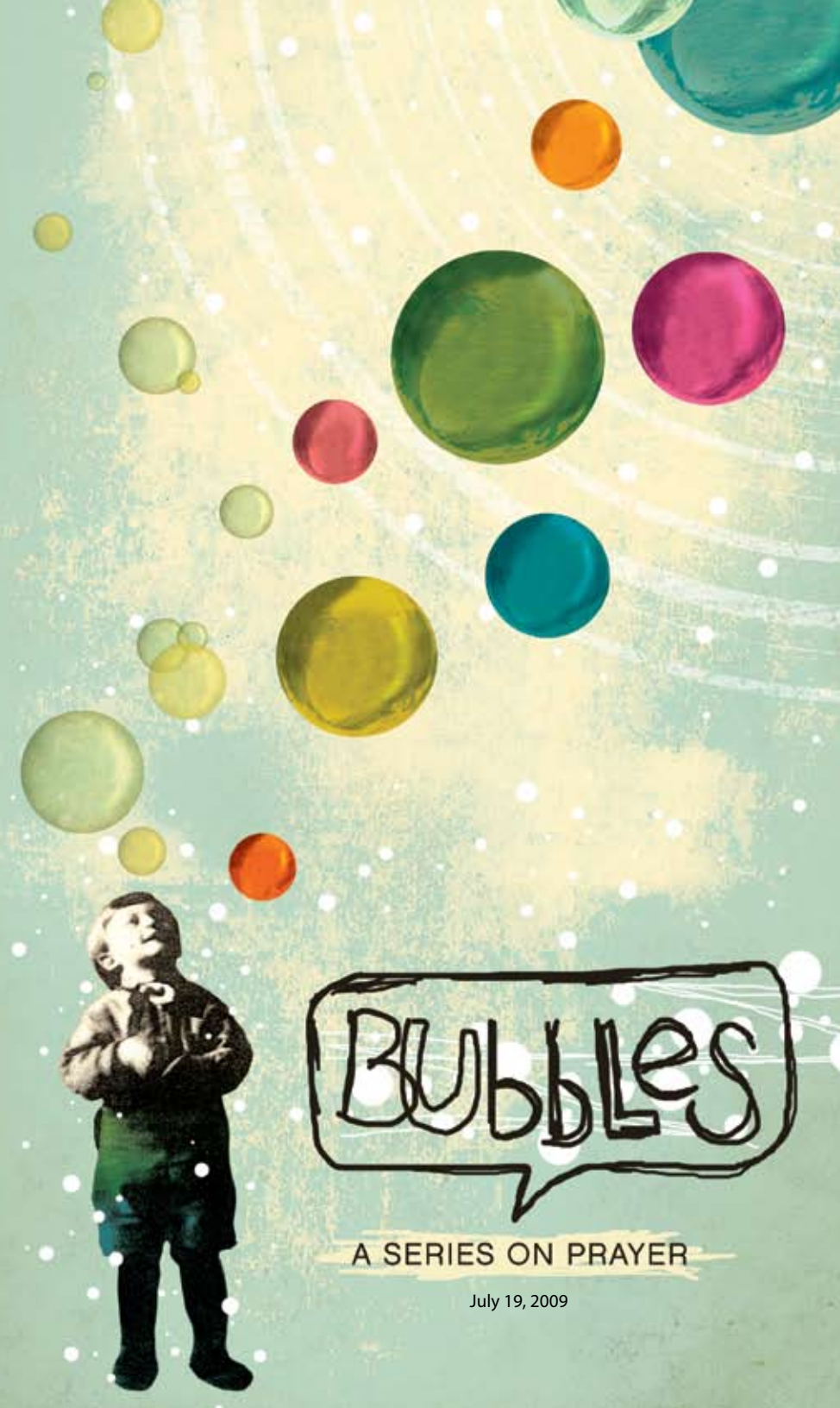
Rock Academy

WASC Accredited, College Preparatory K-12th School
 Fully-Licensed 18 Month - 5 Year Preschool
 For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal
 K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director
 619.764.5205

 **619.226.ROCK • therocksandiego.org**
therockuniversity.org • therockacademy.org • milesahead.com



BUBBLES

A SERIES ON PRAYER

July 19, 2009



JULY 20 - 23, 2009 • 8:30 AM - 12 Noon

Kids K-5 are invited to KidsGames.

SPORTS \ COMPASSION \ MUSIC
 ACTIVITIES / GAMES / BIBLE / SNACKS

COST \$20

KidsGames uses sports and activities to teach faith-based values. Kids can choose from basketball, hula, volleyball, martial arts, boxing, soccer, hip hop dance, baseball/softball, and flag football.



For more info, contact Lorri at 619.764.5175 or email lorri.greene@therocksandiego.org.



As of Tuesday, March 24, **100,000 HOURS** of city-transforming ministry service have been completed. Help us reach our 2009 goal of 600,000 hours. Visit www.idosomething.org.

THE LAUNCH PAD

SUNDAYS 7 AM - 7 PM
PARKING LOT BEHIND TRADER JOE'S / VONS

Clean out your closets and bring your new and gently used items to **THE LAUNCH PAD!** Your donations will benefit families and individuals in the community.

For more info, contact Jennifer at launchpad@therocksandiego.org or call 360.731.5497.

ISERVE MINISTRY LAUNCH

SUNDAY, AUGUST 2 • ALL 5 SERVICES

Impact your local community organizers, civic leaders, and law enforcement for Christ! Our ministry will provide services, resources, and support to these groups as an extension of the Rock Church. Visit the iServe table in the Rock Lobby to find out how you can be a part of this new ministry.

For more info, contact Rene at iserve@therocksandiego.org or call 858.200.5476.

READ THE BIBLE IN A YEAR!

Monday - Psalm 15-17	Friday - Psalm 27-29
Tuesday - Psalm 18-20	Saturday - Psalm 30-32
Wednesday - Psalm 21-23	Sunday - Psalm 33-35
Thursday - Psalm 24-26	

ROCKPILE BOOKSTORE

25% OFF

ALL MARRIAGE BOOKS WITH COUPON
EXPIRES 7.25.09

This Week at the Rock

Monday, July 20

8:30 AM	Rock Sports: KidsGames	Rock Church Lobby
6:30 PM	Cancer Care Ministry: Support Group	Rm 352

Tuesday, July 21

8:30 AM	Rock Sports: KidsGames	Rock Church Lobby
6 PM	Rock Recovery Ministry: 12 Step Bible Study	Clairemont
6:30 PM	Men's Ministry: Brothas & Ironmen	Rock Church Café

Wednesday, July 22

8:30 AM	Rock Sports: KidsGames	Rock Church Lobby
6:30 PM	Women's Ministry: Sisters in Christ Summer Study	Rm 232

Thursday, July 23

8:30 AM	Rock Sports: KidsGames	Rock Church Lobby
6 PM	Senior High Ministry: DIVAS (Sr. High Girls Only)	Sr. High Room
7 PM	Island Praise & Dance Ministry: Class	Jr. High Room

Friday, July 24

6 PM	Jr. High Ministry: Friday Night Live	Rock Park
7:30 PM	Rock Recovery Ministry: Bonfire	De Anza Cove

Saturday, July 25

8 AM	Marriage & Family Ministry: All Pro Dad	Chick-fil-A
9 AM	Homeless Ministry: 6-Week Fitness Body Challenge	Rm 252

Sunday, July 26

BIKE TO CHURCH SUNDAY

BIKE TO CHURCH • SUNDAY, JULY 26 • ALL 5 SERVICES

Get VIP parking on Sunday!
Save gas and ride your bike to church.
Bike riders will be able to park in front of the building.
Count your ride as part of your DO Something hours.



For more event information and locations, visit www.therocksandiego.org/events or call 619.226.ROCK.

Announcements

Business Ministry Networking Event

Join the Business Life Ministry Wednesday, July 29, 6:30 PM in the Rock Church Library for a networking event. The featured speaker is Dr. Michael Clifford, Founder of Significant Federation LLC. For more info, contact Cyrus at businessministry@therocksandiego.org or call 858.733.1136.

Mother Daughter Mocha

Moms and daughters of all ages are invited to sip a mocha and listen to live readings Saturday, August 1, 1 PM in the Rockpile Bookstore. There will be a guest author book signing, crafts, and moon bounce. For more info, contact Margaret at 619.764.5222 or email margaret.diggs@therocksandiego.org.



JUNIOR HIGH SUMMER CAMP

AUGUST 9-14, 2009 • INDIAN HILLS CAMP

AMP it up with your friends and the Rock Jr. High Youth Ministry at summer camp! Electrify your relationship with God and your friends with high-energy competitions, live worship, and a dynamic speaker.

COST: \$300
SIBLING RATE: \$175

For more info, call 619.226.ROCK or email rockyouth@therocksandiego.org.



PRECIOUS

In His Sight

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9TH ANNUAL ROCK CHURCH WOMEN'S RETREAT

AUGUST 7-9 • MURRIETA HOT SPRINGS

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Grab your girlfriends and join us August 7-9 for the 9th Annual Rock Church Women's Retreat. Relax and soak in the hot springs, socialize at the coffeehouse, worship with the Mike Clark band, and leave transformed by the Word. This year's speaker is Debbie Alsdorf of Design4Living. She will encourage women to get serious about their faith and live in the full design set out for them as God's girls.

COST: \$185

For more info, contact Teresa at womensministry@therocksandiego.org or call 619.571.3260.



Receive Rock News! Text "SDROCK [your email]" to 95495.

Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name

Address

City State Zip

Home Phone Cell

Email

@

Birthdate

Demographics

Male Female Married

Single Widow(er) Divorced

Military Police Firefighter

Name(s) of family member(s) & birthday(s):

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I would like more information on:

Pebbles Pathway (Children) Small Groups (Home Fellowships)

The Break (Jr. High) Marriage & Family

SHM (Sr. High) Rock University (Spiritual Development Classes)

1825 (Young Adult) Community Outreach

Women's Ministry Rock Sports

Men's Ministry Rock Academy (Preschool - 12th)