

DO SOMETHING SANDIEGO

SOUTHEAST SAN DIEGO COMMUNITY PROJECT

Saturday, October 3 • 8 AM

The Rock is going to clean up the parks, streets, and recreation centers of Southeast San Diego, near The Jacobs Center. Grab your friends and help us serve the community. There will be a BBQ lunch following the event.

Fill out the form below and bring it to the tables outside.

First Name

Last Name

D.O.B.

Phone

Email

@

Please choose one:

Colina Del Sol Rec Center

Chollas Lake clean up

Area Leader (meet at 7 AM)

Jacobs Center

For more info, contact Fallon at 619.764.5198 or fallon.palacios@therocksandiego.org.



The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Senior Pastor: Miles McPherson

Ministry Leaders:

August Hunter Associate Pastor/Prison Ministry.....x5108
Danny Quimlat 1825 Small Groups Pastor.....x5191
Darren Carrington Marriage and Family Pastor.....x5125
David Robles Children's Pastor.....x5226
Dru Teves Junior High Pastor.....x5129
Gary Beneventi Small Groups Pastor.....x5130
Jerry Ray Stewardship Pator, CFO.....x5138
Mark Bell High School Pastor.....x5229
Mark Richardson Outreach Pastor.....x5147
Mickey Stonier Equipping Pastor.....x5146
Mingo Palacios 1825 Pastor.....x5157
Ricky Page Save Ministry Department Head Pastor.....x5159
Stefanie Kelly Worship Arts Pastor.....x5171
Tommy Moseley Send Ministry Department Head Pastor.....x5166
Zack Jones Executive Pastor of Save.Equip.Send. Ministries.....x5170

WEEKEND SERVICES

Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
Pebbles Pathway children's service for infants through 5th grade available.

Junior High 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High 10 AM • 12 PM • 5 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool
For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

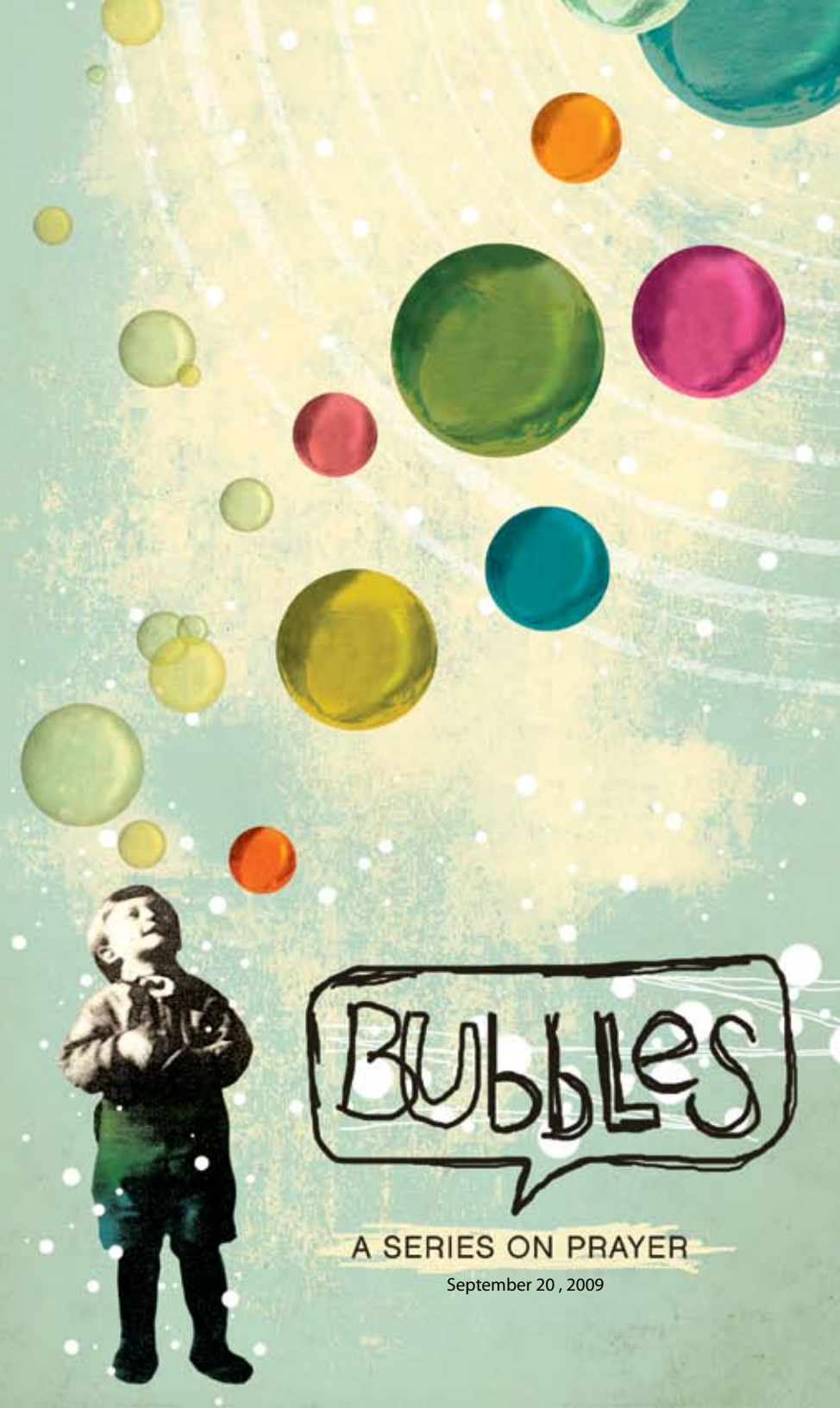
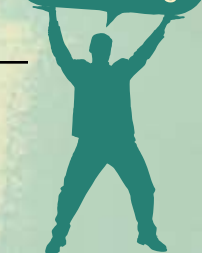
Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit SDRock.com/prayer

Follow us on Twitter: twitter.com/therocksandiego

619.226.ROCK • therocksandiego.org
therockuniversity.org • therockacademy.org • milesahead.com



BUBBLES

A SERIES ON PRAYER

September 20, 2009

LOVE & RESPECT

A MARRIAGE CONFERENCE
ROCK SANCTUARY

Join Us!
Friday, September 25, 7 PM
Saturday, September 26, 8:30 AM

Do you and your spouse find yourselves speaking two different languages?
As a single, do you have a hard time communicating with the opposite sex?
Learn the revolutionary solution to the #1 marriage problem, miscommunication. Join Dr. Emerson Eggrichs, host of the #1 show on Focus on the Family, as he reveals how to crack the code between love and respect.

For more info, contact Kristen at kristen.smith@therocksandiego.org or call 619.764.5109.



As of Tuesday, March 24, **600,000 HOURS** of city-transforming ministry service have been completed. Help us reach our 2009 goal of 600,000 hours. Visit www.idosomething.org.

SILENT VOICES

FRIDAY, OCTOBER 2 - SUNDAY, OCTOBER 4 • CLAIREMONT

Silent Voices will be offering a Post-Abortion Healing and Recovery Bible Study for women who have experienced an abortion. This three-day encounter is designed to help women release their pain and move to a place of hope and healing.

For more info, contact Sharon at 619-422-0757 or prolife@therocksandiego.org.

ROCK N RIDE

Saturday, October 3 • 8 AM
NATIONAL CITY TO THE ROCK

Get your motors runnin'. This event will benefit Step Up Foster Youth Ministry. Grab your motorcycle and friends for giveaways, raffle items, food and fun! Cost: \$25 (\$30 at the door).

For more info or to register, visit www.sdrock.com/e5777 or call 619.764.5158.

TIJUANA CHILDREN'S OUTREACH

SATURDAY, OCTOBER 3 • 8:30 AM

Join us as we reach kids for Christ in southwest Tijuana. Events will include games, face painting, BBQ, and a Bible message. We will meet at the Burger King at the "E" street exit I-805 in Chula Vista.

For more info, contact Stephen at mexico@therocksandiego.org or 619.2552.4863.

READ THE BIBLE IN A YEAR!

Monday - Numbers 25-34 Friday - Deut. 29 - Joshua 14
 Tuesday - Numbers 35 - Deut. 8 Saturday - Joshua 5-14
 Wednesday - Deuteronomy 9-18 Sunday - Joshua 15-24
 Thursday - Deuteronomy 19-28

To print out year's schedule, sdrock.com/bible.

GET READY FOR THE CONFERENCE!

25% OFF

all Love and Respect books with coupon through September 26.

May not be combined with any other offers or discounts.

This Week at the Rock

Monday, September 21

10 AM	Moms' Ministry: Bible Study	Mira Mesa
6:30 PM	Cancer Care Ministry: Support Group	Rm 352
7 PM	1825 Ministry: Revolver Downtown	Java Jones

Tuesday, September 22

6 PM	Rock Recovery Ministry: 12-Step Bible Study	Clairemont
7 PM	1825 Ministry: Young Adult Café	Rm 235

Wednesday, September 23

6:30 PM	Women's Ministry: Sisters In Christ	Rm 232
6:30 PM	Eating Disorder Ministry: Support Group	Rm 351
6:30 PM	Rock U: Footprints of Galatians	Rm 344

Thursday, September 24

6:30 PM	Rock U: Living with ADD/ADHD	Rm 254
7 PM	1825 Ministry: Revolver North Park	North Park

Friday, September 25

6 PM	Jr. High Ministry: Friday Nite Live	Rock Park
7 PM	Marriage & Family Ministry: Love & Respect Conference	Sanctuary
7:30 PM	Rock Recovery Ministry: Bonfire	De Anza Cove

Saturday, September 26

8:30 AM	Marriage & Family Ministry: Love & Respect Conference	Sanctuary
10:45 AM	Homeless Ministry: Discovering Your Gifts	Balboa Park

ROCK HEROES

Join us as we honor this month's Rock Hero. Rock Heroes are volunteers nominated by you for outstanding dedication and sacrifice in ministry.

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Announcements

Smiles Needed

The Hospitality Ministry needs more volunteers for Sundays. Greet people and connect them with others. Please fill out an application at www.sdrock.com/ministries/hospitality or contact Courtney at 619.764.5174.

Web Designer Needed

Are you a skilled web/graphic designer? Want to work at the Rock, or know someone who does? We're looking for a talented, creative designer to join our team and help us make a website that will impact others. For more info, call Nick at 619.764.5153 or email nick.turrietta@therocksandiego.org.

Worship Arts Survey

Let us know how we can enhance your worship experience by filling out a survey today. Visit one of our tables in the lobby or fill out the survey online at <http://bit.ly/2EdQD>. We value your feedback.

Men's Retreat

Enjoy the mountains at the annual Men's Retreat on October 23-25. Guest speaker, Shane Idleman will challenge us to unplug from this world and plug into God. For more info, contact Scotty at 805.368.5471 or men@therocksandiego.org.

BODY LANGUAGE

A Series About God's word

SERIES BEGINS OCTOBER 4

God's Word purifies, corrects, encourages, convicts, and heals. In this 8-week series, Pastor Miles explains how God's written, living, and spoken word have the power to change our lives. Join us as we take a deeper look at how every aspect of God's being supports His Word.

(ADOPTING) GOD'S PRINCIPLES FOR HANDLING MONEY

In between a rock and a hard place with your money? Learn how to **ROCK OUT** your finances! Join Rock Financial Life as we examine God's principles for handling money. This 6-week course will teach you biblical principles on debt, developing a budget, and stewardship. Join us **Friday, October 2, 7 PM** in Room 235.

The cost is \$20. Register online at www.therockuniversity.org/calendar.

For more info, contact Nicole at nicole.adres@therocksandiego.org or call 619.764.5224.



Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Demographics

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

I would like more information on:

Pebbles Pathway (Children) Small Groups (Home Fellowships)
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Rock U (Spiritual Development Classes)
 1825 (Young Adult) Community Outreach
 Women's Ministry Rock Sports
 Men's Ministry Rock Academy (Preschool - 12th)

How did you hear about us:

Friend or Family On the News Other
 Web Yellow Pages

Receive Rock News! Text "SDROCK [your email]" to 95495.