

DO SOMETHING SANDIEGO

SOUTHEAST SAN DIEGO COMMUNITY PROJECT

Saturday, October 3 • 8 AM

The Rock is going to clean up the parks, streets, and recreation centers of Southeast San Diego, near The Jacobs Center. Grab your friends and help us serve the community. There will be a BBQ lunch and concert following the event.

First Name _____

Last Name _____

D.O.B. _____

Phone _____

Email _____

@ _____

Please choose one:

- Colina Del Sol Rec Center
- Chollas Lake clean up
- Area Leader (meet at 7 AM)
- Jacobs Center

For more info, contact Fallon at 619.764.5198 or fallon.pallacios@therocksandiego.org.

The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Pastoral Team:

August Hunter	Prison Ministry	x5108
Danny Quimlat	Young Adult/College Ministries	x5191
Darren Carrington	Marriage and Family	x5125
David Cooper	Satelite Church	x5238
David Robles	Children's Ministry	x5226
Dru Teves	Student Ministries	x5129
Gary Beneventi	Small Groups	x5130
Jerry Ray	Stewardship, CFO	x5138
Mark Bell	Student Ministries	
Mark Richardson	Outreach	x5147
Mickey Stonier	Equip Ministries	x5146
Mingo Palacios	Young Adult/College Ministries	x5157
Ricky Page	Save Ministies	x5159
Stefanie Kelly	Worship Arts	x5171
Tommy Moseley	Send Ministries/Outreach	x5166
Zack Jones	Sports/Save.Equip.Send.	x5170

WEEKEND SERVICES

Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
Pebbles Pathway children's service for infants through 5th grade available.

Junior High 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High 10 AM • 12 PM • 5 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool
For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit SDRock.com/prayer

Follow us on Twitter: therocksandiego or www.twitter.com/therocksandiego

619.226.ROCK • therocksandiego.org
therockuniversity.org • therockacademy.org • milesahead.com



MENS RETREAT

Friday, October 23 - Sunday, October 25
Pine Valley Bible Center

Enjoy the mountains and the Pine Valley Bible Conference Center at the annual Men's Retreat. Guest speaker and acclaimed author, Shane Idleman will challenge us to unplug from this world and plug into God. Activities include: paintball, football, basketball, hiking, and more. This action-packed weekend will equip men to get in shape for the trials of life with the strength and courage of Jesus Christ.

For more info, contact Scotty at men@therocksandiego.org or call 805.368.5471.



September 27, 2009

DO SOMETHING

As of Tuesday, March 24, **600,000 HOURS** of city-transforming ministry service have been completed. Help us reach our 2009 goal of 600,000 hours. Visit www.idosomething.org.

SILENT VOICES

FRIDAY, OCTOBER 2 - SUNDAY, OCTOBER 4 • OFFSITE

Silent Voices will be offering a Post-Abortion Healing and Recovery Bible Study for women who have experienced an abortion. This three-day encounter is designed to help women release their pain and move to a place of hope and healing.

For more info, contact Sharon at 619-422-0757 or prolife@therocksandiego.org.

ALOHA SUMMER

SATURDAY, SEPTEMBER 19 • 3 PM • MISSION BEACH

Say "aloha" to summer with the Surf and Island Praise & Dance Ministries. Join us for hula dancing, surfing, worship, and fellowship. Bring food or drinks to share, beach chairs, and surfboards.

For more info, contact Darwin at surf@therocksandiego.org or call 847.312.1515.

TIJUANA CHILDREN'S OUTREACH

SATURDAY, OCTOBER 3 • 8:30 AM

Join us as we reach kids for Christ in southwest Tijuana. Events will include games, face painting, BBQ, and a Bible message. We will meet at the Burger King at the "E" street exit I-805 in Chula Vista.

For more info, contact Stephen at mexico@therocksandiego.org or 619.2552.4863.

READ THE BIBLE BY THE END OF THE YEAR!

Monday - Judges 1-10 **Friday** - 1 Sam 16-25
Tuesday - Judges 11-20 **Saturday** - 1 Sam 26-2 Sam 4
Wednesday - Judges 21- 1Samuel 5 **Sunday** - 2 Sam 5-14
Thursday - 1 Sam 6-15

To print out year's schedule, visit bit.ly/4I06a.

PASTORS PICKS

20%

Check out what books have impacted your favorite Rock pastor. 20% off "Pastors Pick" section.

Offer ends October 3, 2009.
 May not be combined with any other offers or promotions.

This Week at the Rock

Monday, September 28

7 PM 1825 Ministry: Revolver Downtown Java Jones
 7:30 PM Mime Ministry: Practice Ocean Beach

Tuesday, September 29

6:30 PM Prison Ministry: San Diego Rescue Mission Rescue Mission
 7 PM 1825 Ministry: Young Adult Café Rm 235

Wednesday, September 30

7 PM Women's Ministry: Sisters In Christ Rm 232
 7 PM 1825 Ministry: Young Adult Café Rm 235

Thursday, October 1

7 PM 1825 Ministry: Young Adult Café Rm 235
 7 PM 1825 Ministry: Revolver North Park Queen Bee's

Friday, October 2

7 PMt Rock U: Adopting God's Principles for Handling Money Rm 235
 7:30 PM Rock Recovery Ministry: Bonfire De Anza Cove

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BODY LANGUAGE

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Announcements

Rock U - Depth

Discover tools that will help you study the Bible and apply it to your life. Join us Tuesday, September 29, 6:30 PM in the Jr. High Room for a class on Inductive Bible Study. For more info, visit www.therockuniversity.org or contact Shawn at 619.764.5298.

Rock U - Church History

Come trace the development of the Church from its beginnings in Acts through the Reformation. Join us Monday, October 5, 6:30 PM as we focus on the Catholic Church and its theology. For more info, visit www.therockuniversity.org or contact Shawn at 619.764.5298.

Arise! Cry Out! | FRIDAY, OCTOBER 9 - SATURDAY, OCTOBER 10
 ROCK SANCTUARY • COST \$50

A WORLDWIDE DAY OF EXTRAORDINARY PRAYER FOR CHILDREN & SCHOOLS

Celebrate 25 years of praying for children and schools with Moms In Touch International. This conference will unite Christian mothers from around the world to "Arise! Cry Out!" for the generations. Join Pastor Miles and Moms In Touch Founder, Fern Nicols as they lead us in praying for revival and spiritual awakening for our children. For more info or to register, visit www.momsintouch.org or call 1.800.949.MOMS or call 1.800.949.MOMS.

RFL presents... (ADOPTING GOD'S PRINCIPLES FOR HANDLING MONEY) ROCK OUT YOUR FINANCES!
 FRIDAYS • OCTOBER 2 • 7 PM

Rock Financial Life

In between a rock and a hard place with your money? Join Rock Financial Life as we examine God's principles for handling money. This 6-week course will teach you biblical principles on debt, developing a budget, and stewardship. Cost: \$15.

For more info, visit therockuniversity.org or contact Nicole at 619.764.5224.

ROCK HEROES

DAN THOMAS
 YOUNG ADULT CAFÉ MINISTRY
 SEPTEMBER 2009 • ROCK HERO

For Dan Thomas, the path is clear-- when you're staring down a fire, in your work or in your life, putting God first is the way to protection. As the leader of the Young Married Cafe and a firefighter by occupation, Dan is confident that God uses him for good and will deliver him from danger.

He and his wife, Jessica are both leaders in the Young Married Cafe. They work hard to help couples deal work through the challenges in their marriage and grow stronger in the Lord. They both understand the trials that come with marriage and can relate to the young couples that they are ministering to.

Read the full story or nominate your Rock Hero at www.sdrock.com/rockheroes.



Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Demographics

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

.....

I would like more information on:

Pebbles Pathway (Children) Small Groups (Home Fellowships)
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Rock U (Spiritual Development Classes)
 1825 (Young Adult) Community Outreach
 Women's Ministry Rock Sports
 Men's Ministry Rock Academy (Preschool - 12th)

How did you hear about us:

Friend or Family On the News Other
 Web Yellow Pages

Receive Rock News! Text "SDROCK [your email]" to 95495.