



The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Senior Pastor: Miles McPherson

Pastoral Team:

- August Hunter, Prison Ministry x5108
Danny Quimlat, 1825 x5191
Darren Carrington, Marriage and Family x5125
David Cooper, Multi-site x5238
David Robles, Children's x5226
Dru Teves, Junior High x5129
Gary Beneventi, Small Groups x5130
Jerry Ray, Stewardship x5138
Mark Bell, High School x5229
Mark Richardson, Outreach x5147
Mickey Stonier, Save, Equip, Send x5146
Mingo Palacios, 1825 x5157
Ricky Page, Save, Equip, Send x5159
Shawn Wagner, Spiritual Formation x5298
Stefanie Kelly, Worship Arts x5171
Tommy Moseley, Save, Equip, Send x5166
Zack Jones, Save, Equip, Send x5170

WEEKEND SERVICES

- Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.
Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
Pebbles Pathway children's service for infants through 5th grade available.
Junior High 10 AM • 12 PM • 5 PM (grades 6-8)
Senior High 10 AM • 12 PM • 5 PM (grades 9-12)
To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.
Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool
For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.sdrock.com
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com

BODY LANGUAGE
A Series On God's Word



SATURDAY • 9 AM
DECEMBER 12, 2009

MEMORIAL PARK AND RECREATION CENTER

For the past 13 years, Toys for Joy has reached out to Southeastern San Diego. Last year, the Rock Church impacted over 8,000 lives with the life-changing Gospel of Jesus Christ. We provided 100,000 articles of clothing, 7,000 toys and 4,000 bags of groceries to families in need. More than 1,200 volunteers and 14 churches partnered to reach this community for Christ.

This year's event is going to be bigger than ever! We're anticipating more than 15,000 people to attend. Families will receive free haircuts, health screenings and groceries. Each child will be given a toy and there will also be a community fair for adults, all with the purpose to share the love and Gospel of Jesus Christ.

HOW YOU CAN HELP:

- Volunteer: We need 1,500 volunteers.
• Monetary Donations: We will need \$50,000 to make this event possible. You can also use your recycling to bring JOY. A portion of the money raised from recycling at the Launch Pad between October 18 - December 6 will be used for Toys for Joy.
• Toy and Clothing Donations: Our goal is to collect 10,000 toys and 125,000 articles of clothing.

Register and donate at www.sdrock.com/e5916

Come be a part of this Christmas tradition on December 12 and share the love of Christ with others. For toys, clothing, monetary donations, and information on volunteering, visit our booth in the lobby.

For more info, contact Nicole at nicole.duprez@therocksandiego.org or call 619.764.5105.



November 15, 2009

Come join the fun, sign up, and serve in Children's Ministry. Be a part of an amazing family that shares Jesus in a fun, understandable, and exciting way to kids. Help us as we reach infants to 5th graders.

First Name

Last Name

D.O.B.

Phone

Email

@

Where would you like to serve?

- Technical Support
Special Needs
Hospitality
Nursery
Preschool
Kindergarten - 2nd Grade
3rd - 5th Grade
Worship and Production

Please select the service(s) you are interested in volunteering at:

8 AM 10 AM 12 Noon

5 PM 7 PM

For more information visit www.sdrock.com

**DO SOMETHING**

As of Tuesday, November 10, **503,923 HOURS** of city-transforming ministry service have been completed. Help us reach our 2009 goal of 600,000 hours. Visit [www.idosomething.org](http://www.idosomething.org).

**Celebrate THE Season**

**Women of the Rock Christmas Event**  
 Friday, December 4  
 6 PM • Rock Sanctuary

Celebrate the Christmas season with the Rock Women's Ministry. Enjoy Christmas music and worship with special guest, Stefanie Kelly. We will also hear a special message that will help us "Celebrate the Season." There will be no childcare. *Cost: Free.*

Help us be good neighbors. Please do not park in Lot G or in the residential area around the church.

For more info, contact Karen at 858.361.7779 or [women@therocksandiego.org](mailto:women@therocksandiego.org).

**ANGEL TREE**  
 November 22 • All 5 Services • Rock Lobby

Would you like to be an "Angel" to an inmate's child for Christmas? Share Christ's love with these kids by sponsoring them with a Christmas gift on behalf of their parent(s). Stop by the Prison Ministry table next week to sponsor an Angel Tree child.

For more info, contact Christine at [prison@therocksandiego.org](mailto:prison@therocksandiego.org) or 858.354.8569.

**READ THE BIBLE BY THE END OF THE YEAR!**

**Monday** - Isaiah 33-42      **Friday** - Jeremiah 7-16  
**Tuesday** - Isaiah 43-52    **Saturday** - Jeremiah 17-26  
**Wednesday** - Isaiah 53-62    **Sunday** - Jeremiah 27-36  
**Thursday** - Isa 63-Jer 6

To print out this year's schedule, visit [sdrock.com/bible](http://sdrock.com/bible).

**ROCKPILE BOOKSTORE**

**25% OFF ALL MUSIC**

May not be combined with any other offers or promotions. We are located off the Rock Lobby or visit us at [www.rockpilestore.com](http://www.rockpilestore.com).

# This Week at the Rock

## Monday, November 16

- 6:30 PM Cancer Care Ministry: Support Group Rm 352
- 6:30 PM Eating Disorder Ministry: Overeaters Anonymous Study Rm 253

## Tuesday, November 17

- 6 PM Rock Recovery Ministry: 12-Step Bible Study Clairemont
- 6:30 PM Men's Ministry: Brothas Rock Café
- 7 PM 1825 Ministry: Young Adult Café Rm 235

## Wednesday, November 18

- 6:30 PM Women's Ministry: Sisters In Christ Rm 232
- 7 PM 1825: Young Adult Café Rm 235
- 7 PM Rock Recovery Ministry: Open Meeting Rm 355

## Thursday, November 19

- 7 PM Rock Recovery Ministry: The Most Excellent Way Rock Church Library
- 7 PM Island Praise & Dance Ministry: Class Jr. High Room
- 7:30 PM Eating Disorder Support Group Del Mar

## Friday, November 20

SKATE BIBLE presents... **foolishness VIDEO PREMIERE**

**FRIDAY, NOVEMBER 20 • 5:30 PM**  
**ROCK PARK AND SANCTUARY**

Join pro-skaters, Brian Sumner and Josh Harmony for the premiere and pro-skate demo. Bring your friends. For more info, contact Dru at [dru.teves@therocksandiego.org](mailto:dru.teves@therocksandiego.org) or call 619.764.5129.

## Saturday, November 21

- 7:15 AM Mountain Bike Ministry: Advanced Ride Santa Ana River

## Sunday, November 22

**ROCK HEROES**

Join us as we honor this month's Rock Hero. Rock Heroes are volunteers nominated by you for outstanding dedication, sacrificial ministry, and faithful evangelism.

For more event information and locations, visit [www.sdrock.com/events](http://www.sdrock.com/events) or call 619.226.ROCK.

# Announcements

## Father Joe's Thanksgiving Day 5K

Burn some calories before your Thanksgiving dinner. Walk or run with the Runners' Ministry Thursday, November 26, 8 AM at Balboa Park as they participate in this annual race. Stop by our booth in the Rock Lobby. For more info, contact Michelle at [run@therocksandiego.org](mailto:run@therocksandiego.org) or call 619.518.3725.

## Thanksgiving Outreach

DO Something and serve this Thanksgiving. Join us Saturday, November 21, 8 AM, 12 PM, or 4 PM as we partner with the San Diego Rescue Mission to invite and serve a Thanksgiving meal to the homeless. Meet at 120 Elm St. For more info, contact Deborah at [dwilliams@sdrescue.org](mailto:dwilliams@sdrescue.org) or call 619.819.1892.

## Rock Academy Christmas Musical

Celebrate Christmas with the Rock Academy as the K-6th grade students present "Camel Lot." Join us on Wednesday, December 9, 1 PM or Thursday, December 10, 7 PM in the Rock Sanctuary. Cost: Free. For more info, visit [www.therockacademy.org](http://www.therockacademy.org) or call 619.764.5200.

## Graphic Design Team

Graphic designers are needed for various projects for the Rock Church and its ministries. We are accepting applications to be a part of the graphic design team. Submit your portfolio by December 11. For more info, contact Sarah at 619.764.5234 or [sarah.cullado@therocksandiego.org](mailto:sarah.cullado@therocksandiego.org).

**motr Men of the Rock**

**MEN'S NIGHT WITH MILES**

TUESDAY, NOVEMBER 24 • 6:30 PM • ROCK SANCTUARY

**Men of the Rock**, now is the time to stand up and get involved. Join the Men's Ministry as Pastor Miles challenges us with a special message. It's time for all the men at the Rock Church to become Men of the Rock.

For more info, contact Scotty at [men@therocksandiego.org](mailto:men@therocksandiego.org) or call 805.368.5471.

**ASK**

*a prayer & fasting event*

Saturday • November 21 • 6 AM ~ 6 PM • Rock Sanctuary

Prayer is the most powerful way to communicate with God. He desires to deepen His relationship with us through prayer. Join Pastor Miles as we pray for the ministry of the Rock, thank God for what He has done, and seek His guidance for the future. Feel free to join us for all or part of this 12-hour prayer, fasting, and worship event. *Childcare will not be provided.*



Fill out this form and drop it at the Info Booth in the lobby or log onto [www.therocksandiego.org](http://www.therocksandiego.org) and click "New to the Rock."

- Updating my information.     Today is my first visit.

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

- Demographics
- Male     Female     Married  
 Single     Widow(er)     Divorced  
 Military     Police     Firefighter

Name(s) of family member(s) & birthday(s):  
 .....  
 .....

- I would like more information on:
- Pebbles Pathway (Children)     Small Groups (Home Fellowships)  
 The Break (Jr. High)     Marriage & Family  
 SHM (Sr. High)     Rock U (Spiritual Development Classes)  
 1825 (Young Adult)     Community Outreach  
 Women's Ministry     Rock Sports  
 Men's Ministry     Rock Academy (Preschool - 12th)

- How did you hear about us:
- Friend or Family     On the News     Other  
 Web     Yellow Pages .....

Receive Rock News! Text "SDROCK [your email]" to 95495.