

IMPACT 195

You were designed to DO Something extraordinary for God. Accelerate your life and become a part of IMPACT 195!

GET MORE INFORMATION:

\$100 off registration by 1.31.10

Name _____ DOB _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell _____

Email _____

@ _____

I want to make an impact by (check what applies):

- Being a Student
- Sponsoring a Student
- Praying for a Student



Apply today! For more info or to get an application packet, visit www.therockuniversity.org or call 619.226.7625.

The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Pastoral Team:

August Hunter, Prison Ministry	x5108
Danny Quimlat, 1825	x5191
Darren Carrington, Marriage and Family	x5125
David Cooper, Multi-site	x5238
David Robles, Children's	x5226
Dru Teves, Junior High	x5129
Gary Beneventi, Small Groups	x5130
George Clerie, Rock U/Impact 195	x5248
Jerry Ray, Stewardship	x5138
Mark Bell, High School	x5229
Mark Richardson, Outreach	x5147
Mickey Stonier, Save, Equip, Send	x5146
Mingo Palacios, 1825	x5157
Ricky Page, Save	x5159
Shawn Wagner, Spiritual Formation	x5298
Stefanie Kelly, Worship Arts	x5171
Stephen Goble Outreach	x5247
Tommy Moseley, Send	x5166
Zack Jones, Save, Equip, Send	x5170

WEEKEND SERVICES

Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
Pebbles Pathway children's service for infants through 5th grade available.

Junior High 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High 10 AM • 12 PM • 5 PM (grades 9-12)
To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool
For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.therocksandiego.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



 **SAVE, EQUIP, SEND**

ROCK UNIVERSITY

Coming in February

New
Courses!

CHURCH HISTORY

{02.01.10 - 2.22.10}

From the book of Acts to the Reformation

Instructor: Pastor Chuck Jamison

LOVE LIKE JESUS

{02.01.10-03.22.10}

You were created to live your life in love

Instructor: Kirsten Strawn

CAREER TRANSITION

{02.01.10 - 02.22.10}

Jumpstart your job hunt and more

Instructor: Paige Cohen

LIFE-STYLE EVANGELISM

{02.10.10-02.24.10}

Insert the gospel into everyday encounters

Instructor: Sean Henschel

SPIRITUAL FORMATION

{02.10.10 - 03.17.10}

A closer walk with Christ, for all Christians young and old

Instructor: Pastor John Gillette

Fee: Each, \$15; except Life-style Evangelism, which is \$10.



For more info, and to register, go to www.therockuniversity.org.

JANUARY 24, 2010




At the end of 2009, **615,956 HOURS** of service were donated. Our goal of 600,000 hours was met, and 166,251 hours went to San Diego. Visit www.idosomething.org.

ROCK STEADY HIP HOP CLASSES

MONDAYS • 4 PM, 5 PM, 7 PM

New hip hop for children aged 5 to 10, 4 PM, \$10/session. Beginner hip hop all ages, 5 PM, \$10/session. Regular company class and Bible study, 7 PM, \$7/1 session or \$24 for 4. Location: Flip Force of San Diego, 5629 Copley Dr, San Diego. For more info, visit www.rocksteadydance.org or contact Brandon at hiphop@therocksandiego.org or 619.247.0653.



MONDAYS • 6:30 PM
ROCK LIBRARY

Rock Cancer C.A.R.E. exists to provide compassionate, spiritual, and emotional support, while connecting patients, caregivers and survivors to resources to help them cope with the effects of cancer. We invite you to join us. For more info, contact cancercare@therocksandiego.org.

ROCKRECOVERY

Rock Recovery is a Christian 12-Step ministry of the Rock Church. We are a Christ-centered, co-ed support group that uses small-group interaction, scripture, and 12-step principles for those dealing with the bondage and destruction of addiction. For more info, contact David at rockrecovery@therocksandiego.org or 619.925.1879. Visit www.therocksandiego.org/eventcalendar/rockrecovery/ for upcoming events.

READ THE BIBLE BY THE END OF THE YEAR!

Monday - Deuteronomy 7-9 **Friday** - Deuteronomy 19-21
Tuesday - Deuteronomy 10-12 **Saturday** - Deuteronomy 22-24
Wednesday - Deuteronomy 13-15 **Sunday** - Deuteronomy 25-27
Thursday - Deuteronomy 16-18

ROCKPILE

VOLUNTEERS WANTED

Positions Available

- CD Message Duplication • Stockers • Cashiers
- Merchandise • Sales Associates
- Online Order Fulfillment and Web Updates

Fun work environment, flexible schedule and incentives

This Week at the Rock

Monday, January 25

WARFARE | TEACH ME TO STAND

Spiritual warfare is inevitable for those who follow Jesus. This class will equip you with the understanding and wisdom you need for victory. Begins Monday, January 25. Register at www.therockuniversity.org.

Tuesday, January 26

8:30 AM	Women's Ministry: SHINE	Rm 235
7 PM	1825 Young Adult Café: DO Something Small Groups	Rm 235

Wednesday, January 27

6:30 PM	Women's Ministry: Sisters in Christ	Rm 232
6:30 PM	Eating Disorder Ministry: Support Groups	Rm 351

Thursday, January 28

7 PM	Island Praise and Dance Ministry: Class	Chapel
7 PM	1825 Young Adult Café: DO Something Small Groups	Rm 235

Friday, January 29

6:45 PM	Spiritual Wellness Ministry: Class (Women Only)	Rm 235
7:30 PM	Rock Recovery Ministry: Bonfire	De Anza Cove

Saturday, January 30

7 PM	MACs Ministry: Devo	Rock Café
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Sunday, January 31



WORSHIP WITH THE KATINAS

January 31 • Rock Church • All 5 Services!

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Announcements

Retail Experts Needed

The Rockpile bookstore is seeking advisory board members to offer consultation on improved retail operations. For more information please contact Jayson Payne at 619.764.5135 or jayson.payne@therocksandiego.org

Resonate Choir

Do you like to sing? Consider joining the Rock Church Resonate Choir, which will begin accepting new members January 28. Attend rehearsal at 6:30 PM January 28 in Rm 232. For more info contact Regina at 619.764.5155 or regina.pruitt@therocksandiego.org

Basketball League Sign-Ups

Come play and pray Friday nights at Jackie Robinson YMCA. Sign up as a team, individual, or with your buddies. Cost per person: \$75 Games start in February. For more info, contact Brent at 619.739.3007 or basketball@therocksandiego.org.

Interested in Infant Care?

The Rock Academy Preschool is forming an "interest list" to determine whether the Rock community has enough of a need for the infant-care program to reopen. For details, please contact Ilce or Sheila at the preschool at 619-764-5205.




NORTH CAMPUS LAUNCH

FEBRUARY 28, 2010 • 5 PM & 7 PM

Come support the expansion of the Rock Church!

2215 Calle Barcelona, Carlsbad, CA 92009
www.therocknorthcounty.org



THE POWER OF CHANGE

ROCK ACADEMY GLOBE BANK DRIVE

Your spare change can help Rock Academy students get the highest quality education so that they can impact others for Christ. Pick up a globe bank starting January 24, and return it by May 23, 2010.

For more information, contact April at april.allen@therocksandiego.org or call 619.764.5200 x4000.



Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name _____ DOB _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell _____

Email _____

@ _____

Demographics

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s): _____

I would like more information on:

Pebbles Pathway (Children) Small Groups (Home Fellowships)
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Rock U (Spiritual Development Classes)
 1825 (Young Adult) Community Outreach
 Women's Ministry Rock Sports
 Men's Ministry Rock Academy (Preschool - 12th)

How did you hear about us:

Friend or Family On the News Other
 Web Yellow Pages _____
 Radio Drive By _____

Receive Rock News! Text "SDROCK [your email]" to 95495.