

# Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to DO Something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

## Step 1 • Enlist in the A.R.M.Y.

First Name .....

Last Name .....

Address .....

Phone ..... D.O.B. ....

Email .....

@ .....

## Step 2 • Become **Active** by completing one of the four core classes

**A** Accountability Seminar • Understanding the importance of Accountability Relationships.  
Monday July 19 • 6:30 PM • Rm 235 • Cost: \$15 for materials

**R** Reaching the Lost Seminar • Understanding the importance of Reaching the Lost.  
Monday July 12 • 6:30 PM • Rm 232 • Cost: \$5 for materials

**M** Ministry Seminar • Understanding the importance of Ministry involvement.  
Sunday July 18 • 2 PM • Rm 235 • Cost: Free

**Y** Rock Financial Life Class: Understanding how to manage your Yo' money, time, and talent.  
August 27 • Cost: \$15 for materials

## Step 3 • Complete all 4 classes to become a **graduate** and will receive your Rock ARMY membership card, with benefits!



For more info, visit [www.sdrock.com/army](http://www.sdrock.com/army).

The Mission of the Rock Church...  
is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

### Ministry Leadership Team:

August Hunter, Prison Ministry	x5108
Danny Quimlat, 1825	x5191
Darren Carrington, Marriage and Family	x5125
David Cooper, Multi-site	x5238
David Robles, Children's	x5226
Dru Teves, Youth	x5129
Gary Beneventi, Small Groups	x5130
George Clerie, Rock U/Impact 195	x5248
Jerry Ray, Stewardship	x5138
Mark Bell, High School	x5229
Mark Richardson, Outreach Ministries	x5147
Mickey Stonier, Save, Equip, Send	x5146
Mingo Palacios, 1825	x5157
Ricky Page, Save	x5159
Shawn Wagner, Spiritual Formation	x5298
Stefanie Kelly, Worship Arts	x5171
Stephen Goble, Outreach Ministries	x5247
Tommy Moseley, Send	x5166

### SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM  
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM  
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.  
**To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.**

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM  
Children's service available at 5 PM.

**Rockpile Bookstore** • [www.rockpilebookstore.com](http://www.rockpilebookstore.com) • 619.764.5280

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM

**Rock Academy and Preschool** • [www.therockacademy.org](http://www.therockacademy.org)

The Rock Academy is a WASC-accredited, college preparatory K-12 school.  
For more info, call 619.764.5200.

The preschool is a fully licensed, infant-to-5-year preschool.  
For more info, call 619.764.5205.

**Rock Thrift Store** • [www.rockthriftstore.com](http://www.rockthriftstore.com)

Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM  
3191-B & E Sports Arena Blvd, San Diego, CA 92110 • Phone: 619.876.4187

**Need prayer?** Visit [www.sdrock.com/prayer](http://www.sdrock.com/prayer)

**Follow us on Twitter:** [www.twitter.com/therocksandiego](http://www.twitter.com/therocksandiego)

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

619.226.ROCK • [www.therocksandiego.org](http://www.therocksandiego.org) • [www.therocknorthcounty.org](http://www.therocknorthcounty.org)  
[www.therockuniversity.org](http://www.therockuniversity.org) • [www.therockacademy.org](http://www.therockacademy.org) • [www.milesahead.com](http://www.milesahead.com)

# AMPD

## JUNIOR HIGH CAMP

### AUGUST 8-13, 2010 INDIAN HILLS CAMP

Electrify your relationship with God and your crew this summer!

**Register today:** Fill out a camp registration packet (download from [www.sdrock.com/e6553](http://www.sdrock.com/e6553))

#### Cost:

Paid in full before July 18: \$250

Paid after July 18: \$300

Each additional sibling camper: \$200

For more info, call 619.764.5190 or contact [juniorhighministry@therocksandiego.org](mailto:juniorhighministry@therocksandiego.org).

# SAVE, EQUIP, SEND

» EPIC HIGH SCHOOL MINISTRY

# SUMMER CAMP

## INDIAN HILLS CAMP

### JULY 9-11 • ONLY \$99

Get inspired and equipped to capture a vision to do something to impact your friends, school, community, and the world! Just \$99 will get you food, lodging, a T-shirt and the best weekend of your summer. Limited space available. Register at [www.sdrock.com/e6852](http://www.sdrock.com/e6852).

For more info, contact [mark.bell@therocksandiego.org](mailto:mark.bell@therocksandiego.org) or call 619.764.5229.

July 4, 2010



As of Sunday, June 27,  
**297,039 HOURS**  
 of city-transforming ministry service  
 have been completed. Help us reach  
 our 2010 goal of 700,000 hours.  
 Visit [sdrock.com/dosomethingworld](http://sdrock.com/dosomethingworld)

### BONE MARROW + BLOOD DRIVE JULY 11 • 8 AM-5 PM • ROCK PARK

Would you like to help save lives? Donate blood, and get on the Bone Marrow Registry. The event will include a carnival, face painting, food, a massage booth and more! Hosted by Rock Cancer C.A.R.E.

For more info, contact [cancercare@therocksandiego.org](mailto:cancercare@therocksandiego.org) or call 619.550.8691.

### ROCK CHURCH ROCK CLIMBING Saturday, July 10 • 8 AM

Learn or practice basic rock climbing, lead climbing, rappelling and gear/rope management. Location TBA. Cost: \$20. Bring own climbing shoes. *Space limited.*

For more info, contact [climb@therocksandiego.org](mailto:climb@therocksandiego.org) or call 619.548.0926.

### SILENT VOICES

Silent Voices is offering a Post Abortion Healing & Recovery Bible Study to any woman who has had an abortion. The study will be held the weekend of July 16-18.

For more info, contact [prolife@therocksandiego.org](mailto:prolife@therocksandiego.org) or call 619.422.0757.

### EATING DISORDER 12-STEP MEETING

*For Teens and Young People*

MONDAYS, STARTING JULY 5 • 5:45 PM • RM 253

Do you starve yourself or eat when not hungry? Do you go on eating binges or think nonstop of dieting? The Rock Church Eating Disorder Ministry and Overeaters Anonymous invite you to a support group and study.

For more info, contact [iam@therocksandiego.org](mailto:iam@therocksandiego.org) or call 619.254.7969.

## Announcements

For more event information and locations, visit [www.sdrock.com/events](http://www.sdrock.com/events) or call 619.226.ROCK.



**INVITE YOUR FRIENDS TO CHURCH!**

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Pick up Rock Church invite cards at the Info Booth today.

### ROCK PILE 4TH OF JULY SALE

Visit the Rockpile for our 4th of July Sale! Receive 25% off any one non sale item with this ad! (Expires July 11.)



## JIMCAVIEZEL

**AUGUST 1 • ALL 5 SERVICES • ROCK CHURCH**

Join us as "The Passion of the Christ" star, Jim Caviezel, shares a special message. Come hear the testimony of this outspoken Christian actor who is travelling the country sharing the gospel of Christ.



## WORSHIP WITH KATINAS

**JULY 11 • ALL 5 SERVICES • ROCK CHURCH**



This summer, gather your friends, identify a need in your community, meet it in a creative way between July 1 and August 22 and GET IT ON VIDEO! Then submit it for fun prizes!

**HERE'S HOW**

- Form a group of **4 to 8 people**.
- Target a need** in San Diego County.
- Include an evangelistic message.
- Create a **1-minute video** that tells your story in a compelling way!
- Submit your video and hours** here: [www.sdrock.com/summerchallenge](http://www.sdrock.com/summerchallenge)

**WIN PRIZES**

1st, 2nd and 3rd place winners will be judged upon creativity, hours and ministry impact. Prizes will be awarded on Labor Day.

[www.sdrock.com/summerchallenge](http://www.sdrock.com/summerchallenge)

## Announcements

### Care and Concern

The Rock Church Lay Counseling Ministry provides encouragement and biblical guidance during personal and family difficulties. Get trained as a volunteer! Four-week course starts July 11. Cost for materials is \$15. For more info, call 619.764.5189 or contact [millie.bearchell@therocksandiego.org](mailto:millie.bearchell@therocksandiego.org).

### Comedy Night with Tim Hawkins

Come laugh with nationally known comedian Tim Hawkins August 3 or 4, 7 PM in the Rock Sanctuary. Get tickets for \$15 at Rockpile Bookstore or at [www.timhawkins.net](http://www.timhawkins.net). VIP Reception (VIP seating, preshow, food) for \$50. Contact Michelle at 619.764.5185 or [michelle.meador@therocksandiego.org](mailto:michelle.meador@therocksandiego.org).

### Dealing with Divorce

DivorceCare is a place where people understand the raw emotions and struggles of facing divorce. Get biblical help and encouragement. Meets Thursdays 6:30 PM in Rm 254. Cost is \$35 for workbook. For more info, call 619.764.5122 or contact [beverly.kelly@therocksandiego.org](mailto:beverly.kelly@therocksandiego.org).

### Rock ePrayer Team

The Rock Church receives hundreds of prayer requests every week via email, phone calls and writing. If you feel called to intercessory prayer, join our prayer team. For more info, contact [eve.tolentino@therocksandiego.org](mailto:eve.tolentino@therocksandiego.org) or call 619.764.5137.

### CRITICAL INCIDENT STRESS MANAGEMENT

Thursday, July 22 • 6-9 PM • Friday, July 23 • 6-9 PM  
 Saturday July 24 • 8:30 AM-5 PM

"Individual Crisis Intervention" is a 13-hour course for anyone in a role in which they help individuals through trauma or crisis. It's one in a series of workshops being hosted by the Rock Church. Participants must attend all sessions to receive certification.

Cost: \$45 through July 12; \$55 after July 12  
 For more info or to register, call 619.226.7625 or contact [eve.tolentino@therocksandiego.org](mailto:eve.tolentino@therocksandiego.org).

### God's Empowered Woman

Learn to be "God's Empowered Woman"! For all Rock women and friends 16 and up (nursing babies okay up to one year). Cost: \$190.

**Register at :**  
[www.sdrock.com/ministries/womens/womensretreat](http://www.sdrock.com/ministries/womens/womensretreat)

For more info, call 619.571.3260 or contact [womensministry@therocksandiego.org](mailto:womensministry@therocksandiego.org).

AUGUST 6-8 • MURRIETA HOT SPRINGS

### SERVE AT THE ROCK!

Check out one of these people-oriented ministries and visit their table in the Rock Lobby today:

#### OUTGOING?

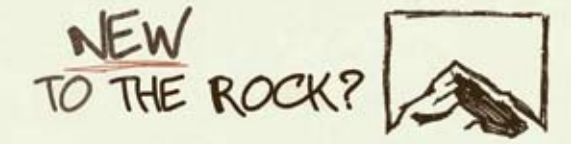
*Rock Hospitality:*  
 The Rock's smiling face, helping visitors feel at home on Sundays. For more info contact, [hospitality@therocksandiego.org](mailto:hospitality@therocksandiego.org).

#### FRIENDLY?

*Rockpile Bookstore:*  
 In need of merchandising, data entry, sales floor, web designers and prayer team. For more info contact, [info@rockpilebookstore.com](mailto:info@rockpilebookstore.com).

#### LIKE ACTION?

*Rock Parking:*  
 The Rock's first contact with the public. Courtesy, safety and authority. For more info contact, [parking@therocksandiego.org](mailto:parking@therocksandiego.org).



Campus:  Pt. Loma  North County

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information.  Today is my first visit.

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):  
 .....  
 .....

I would like more information on:

- Pebbles Pathway (Children)  Small Groups (Home Fellowships)  
 The Break (Jr. High)  Marriage & Family  
 High School  Rock U (Spiritual Development Classes)  
 1825 (Young Adult)  Community Outreach  
 Women's Ministry  Rock Sports  
 Men's Ministry  Rock Academy (Preschool - 12th)

How did you hear about us:

- Friend or Family  On the News  Other  
 Web  Yellow Pages .....  
 Radio  Drive By .....

Receive Rock News! Text "SDROCK [your email]" to 95495.