



Campus: Pt. Loma North County

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information Today is my first visit

Name _____ DOB _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell _____

Email _____

@ _____

- Male Female Married
- Single Widow(er) Divorced
- Military Police Firefighter

Name(s) and birthday(s) of household member(s):

I would like more information on:

- Children's Minsistry (Pebbles Pathway) Small Groups
- Jr. High Marriage & Family
- High School Rock U (Spiritual Development Classes)
- Young Adult (Rock 1825) Community Outreach
- Women's Ministry Rock Sports
- Men's Ministry Rock Academy (Preschool - 12th)

How did you hear about us?

- Friend or Family On the News Other
- Web Yellow Pages _____
- Radio Drive By _____

Receive Rock News! Text "SDROCK [your email]" to 95495.

The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team:

- August Hunter, Prison Ministry _____ x5108
- Danny Quimlat, 1825 _____ x5191
- Darren Carrington, Marriage and Family _____ x5125
- David Cooper, Multi-site _____ x5238
- David Robles, Children's _____ x5226
- Dru Teves, Youth _____ x5129
- Gary Beneventi, Small Groups _____ x5130
- George Clerie, Rock U/Impact 195 _____ x5248
- Jerry Ray, Stewardship _____ x5138
- Mark Bell, High School _____ x5229
- Mark Richardson, Outreach Ministries _____ x5147
- Mickey Stonier, Save, Equip, Send _____ x5146
- Mingo Palacios, 1825 _____ x5157
- Ricky Page, Save _____ x5159
- Shawn Wagner, Spiritual Formation _____ x5298
- Stefanie Kelly, Worship Arts _____ x5171
- Stephen Goble, Outreach Ministries _____ x5247
- Tommy Moseley, Send _____ x5166

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.
To ensure the best worship experience for everyone, Please do not permit children under the age of 5 in the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM
Children's service available at 5 PM.

Rockpile Bookstore • www.rockpilebookstore.com • 619.764.5280
Monday - Friday 1 PM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

Rock Academy and Preschool • www.therockacademy.org
The Rock Academy is a WASC-accredited, college preparatory K-12 school. For more info, call 619.764.5200.
The preschool is a fully licensed, infant-to-5-year preschool. For more info, call 619.764.5205.

Rock Thrift Store • www.rockthriftstore.com
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM
3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com

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ROCK CHURCH

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October 10, 2010



MAKE A DIFFERENCE

SATURDAY, DECEMBER 11 9AM - 4PM
LINCOLN HIGH SCHOOL

Make a difference in the life of a child this Christmas. Your donated toys, clothes and time are needed to help us deliver a joyous Christmas to San Diego's underprivileged children. Individuals, businesses, churches, and organizations are invited to come alongside and support this season-long campaign of love. Visit us in the lobby or online at www.toys-for-joy.org.

PARENTING CONFERENCES

presented by Rock Children's Ministry

Parents, join us as **John Rosemond**, author of *Parenting by the Book*, offers invaluable insights at two locations.

ROCK NORTH COUNTY

Tuesday, November 16
Parenting the Strong-Willed Teenager • 6:30-8:30 PM
Wednesday, November 17
Parenting with Love and Leadership • 6:30-8:30 PM

ROCK POINT LOMA

Friday, November 19
Parenting the Strong-Willed Teenager • 6:30-8:30 PM
Saturday, November 20
Parenting with Love and Leadership • 9-2 PM

Please check online for pricing and childcare availability.
www.sdrock.com/ministries/childrens/parentingconference





As of Sunday, October 03,
521,081 HOURS
 of city-transforming ministry service
 have been completed. Help us reach
 our 2010 goal of 700,000 hours.
 Visit sdrock.com/dosomethingworld

ABORTION AFTERMATH: SILENT VOICES

Friday, October 15 • 6:30 PM • Clairemont

For women who have an abortion, Silent Voices offers a Post Abortion Healing & Recovery Bible Study.

For more info and to register, contact Silent Voices by October 11 at 619.422.0757, or email svoices@pacbell.net.

TAKE ACTION: THE ADOPTION SEMINAR

Saturday, October 16 • 9 AM • North Coast Calvary Chapel

When you can't "be fruitful and multiply?" does God have a different plan? How does the struggle affect marriage and faith? Guest speakers offer: *For Men Only, When Love Isn't Enough, We've Adopted... Now What?!, and more!*

For more info, contact Erika at erika.payne@therocksandiego.org or 619.764.5133

THE LEAST OF THESE: REACHING INMATES

Collecting donations October 10 and 17

Kairos, the Prison Ministry needs home-made cookies and letters—tools for introducing inmates to Christ. Need shirts and shorts sizes XL-XXL, and pants/jeans size 36"-40"x30." Collecting during services, October 10th & 17th. For more info, contact Christine, noasrvt@yahoo.com or call 858.354.8569.

WORK OUT YOUR FAITH Spiritual Wellness

Sports ministry offers PraiseMoves, the Christian alternative to yoga. We'll collect donated new or gently used non-slip exercise mats Oct. 10 & 17 at all services. See our lobby table & the Spiritual Wellness Ministry.

For more info, contact Raquel at 619.632.2395 or spiritualwellness@therocksandiego.org.

ACCEPT THE FITNESS CHALLENGE!

October 9 - November 13 • 10 AM • RM 224

Rock Sports offers a powerful 6-week, life-changing fitness event that will get you in shape and raise funds for homeless.

For more info, contact Marsha at fitness@therocksandiego.org or call 619.948.4341.

This week at the Rock

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Monday, October 11

FMO
FOR MEN ONLY

Monday and Tuesday nights in RM 225. 6:45 PM
 Thursday nights in RM 251 from 6:45 PM

Men are finding victory through transparency, accountability, prayer and encouragement. Let the FMO come alongside and lift you up before God for maintaining sexual integrity.

Tuesday, October 12

6 PM Rock Recovery Ministry: 12-Step Bible Study Clairemont

Wednesday, October 13

10 AM Moms' Ministry: Small Group Mira Mesa
 6:45 PM Women's Ministry: FWO/Unleashed Hearts RM 232

Thursday, October 14

6:30 PM Women's Ministry: FaithWorks Library
 7 PM Rock Recovery Ministry: The Most Excellent Way Community Room
 7:30 PM JC's Girls Ministry: JC's Girls Bible Study/Support Group RM 351

Friday, October 15

6 PM Junior High Ministry: Friday Nite Live Rock Church Field
 6:30 PM Never Knew a Father's Love Ministry: Support Group RM 252

Saturday, October 16

7:30 AM Runners & Triathletes Ministry: Training Run/Walk 2-10 miles Rock Church
 9 AM Adoption Ministry: Adoption Seminar Without Walls North Coast
 2 PM Sailing Ministry: San Diego Bay Sail and Picnic Coronado

Sunday, October 17

All Day Recycling Ministry: D.U.H. Recycling Collection Launch Pad
 2:30 PM Children's Ministry: Curious about Children's Ministry? Rm 232

JOIN A **ROCK**
SMALL GROUP

Connect with others any night of the week. Find a home study group near you, visit sdrock.com/smallgroups.

Announcements

The Blessings in the Basics

Christian Essentials is a class offering the life-giving essentials of Christianity including: creation, God's design, how we got the Bible, prayer, baptism, communion and more. Join us Tuesday, October 19, 2010, 6:30 PM. RM 352. \$15 for materials, 4 sessions.

A Drive for Parkers

We all have a desire to see the Rock become more and more valued by our neighborhood. To help us do that, sign up to volunteer so our parking team can work as efficiently as possible. Stop by the Parking Ministry sign-up table. We're parked in the lobby.

Immerse Your Kids in Baptism

A class for our 2nd-5th grade kids who've accepted Jesus and desire to be baptized. The class is a prerequisite for children to be baptized at the Rock. Sunday, October 17, 2010, 2:30 PM RM 232. For more info, contact Jennifer Perry at 619.764.5218 or childrensministry@therocksandiego.org.

Join our Intercessory Prayer

Are you passionate about praying? You may be called to join the Intercessory Service Prayer. Bring your spiritual armor and join the Rock Prayer Warriors as we intercede in RM 352 during every church service. For more info, contact Kirsten Collins, serviceintercession@therocksandiego.org

BE THE ONE.

ROCK MEN'S RETREAT 2010
 FRIDAY 10.22 - SUNDAY 10.24
 PINE VALLEY BIBLE CONFERENCE CENTER

BECOME A SERVANT LEADER! TIM ELMORE SPEAKS. TONY MOLINA LEADS WORSHIP.

Register at www.therocksandiego.org/ministries/mens/ or at our Ironmen/Warriors meetings on Tuesday nights. Early bird pricing available. For more info, contact motr_hamilton@sbcglobal.net.

**CRITICAL
INCIDENT
STRESS
MANAGEMENT**
ROCK CAFÉ AND SANCTUARY

Thursday, October 14 6 PM - 9 PM
 Friday, October 15 6 PM - 9 PM
 Saturday, October 16 8:30 AM - 5 PM

The Rock Church is hosting Crisis Intervention and Disaster Response workshops. First workshop: "Pastoral Crisis Intervention," a 13-hour course to prepare people as community crisis chaplains.

Cost: \$45 until September 20, \$55 after September 20
 For more info or to register, contact eve.tolentino@therocksandiego.org or call 619.226.7625.



**Bring Family
Movie Night Back!**

ClearPlay® is a DVD player that enables your family to enjoy all of the great movies you've always wanted to watch—without all of the junk you don't want. Visit the Rockpile Bookstore today for a demonstration.

Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 • Enlist in the A.R.M.Y.

First Name

Last Name

Address

Phone

D.O.B.

Email

@

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.sdrock.com/army.