

Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 • Enlist in the A.R.M.Y.

First Name

Last Name

Address

.....

Phone D.O.B.

Email

@

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.therocksandiego.org/army.

The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated ARMY of believers who
engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team:

August Hunter , Prison Ministry	x5108
Danny Quimlat , 1825	x5191
Darren Carrington , Marriage and Family	x5125
David Cooper , Multi-site	x5238
David Robles , Children's	x5226
Dru Teves, Jr High	x5129
Gary Beneventi , Small Groups	x5130
George Clerie , Rock U/Impact 195	x5248
Jerry Ray , Stewardship	x5138
Lorri Greene , Sports	x5175
Marcus Preciado , Sports	x5279
Mark Bell , High School	x5229
Mark Richardson , Outreach Ministries	x5147
Mickey Stonier , Save, Equip, Send	x5146
Mingo Palacios , 1825	x5157
Ricky Page , Save	x5159
Shawn Wagner , Spiritual Formation	x5298
Stefanie Kelly , Worship Arts	x5171
Stephen Goble , Outreach Ministries	x5247
Tommy Moseley , Send	x5166

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.
To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM
Children's service available at 5 PM.

Rockpile Bookstore • www.rockpilebookstore.com • 619.764.5280
Monday - Friday 10 AM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

Rock Academy and Preschool • www.therockacademy.org
The Rock Academy is a WASC-accredited, college preparatory K-12 school.
For more info, call 619.764.5200.
The preschool is a fully licensed, infant-to-5-year preschool.
For more info, call 619.764.5205.

Rock Thrift Store • www.rockthriftstore.com
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM
3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com

★
THE MISSION OF THE
ROCK CHURCH
{IS} SAVE + EQUIP
AND
SEND OUT A MOTIVATED
ARMY
OF BELIEVERS
★ WHO ENGAGE EVERY SEGMENT OF ★
SOCIETY
WHILE REMAINING
{TRUE} DNA
{TO OUR}



FEBRUARY 27, 2010



Born in Brooklyn in 1960, Miles grew up on Long Island, NY with a dream to play in the NFL. He started playing Pop Warner football at age 10, was a standout in high school and a four-year starter at the University of New Haven in Connecticut. In 1981, he became the university's first All American football player. In 1982, he became the first player in the school's history to be drafted into the NFL.

Even though his dream had come true, there was still an emptiness in his heart. While using cocaine on the team plane, a teammate shared the gospel with him. Several months later, after his second year on the San Diego Chargers, Miles gave his life to Jesus Christ and was delivered from his cocaine habit in a single day. On that same day, he was also reunited with his girlfriend and they married five months later.

In 2000, he started the Rock Church, which is currently one of the nation's largest churches with a weekly attendance of over 12,000. He is also the author of *Do Something, Make your Life Count* and founder of Miles Ahead, an international youth evangelistic ministry.

FIND OUT MORE AT MILESMCPHERSON.COM

ROCK CHURCH SAN DIEGO
8 AM • 10 AM • 12 PM • 5 PM • 7 PM
www.therocksandiego.org

ROCK CHURCH NORTH COUNTY
5 PM • 7 PM • www.therocknorthcounty.org

LIVE STREAM
8 AM • 10 AM • 12 PM • 5 PM • 7 PM PST
www.therocksandiego.org/live

ROCK TV 11 PM • SAN DIEGO CW6
www.milesmcpherson.com

ROCK RADIO 4:30 PM • M-F • 1210 KPRZ



In 2010, the Rock Church completed **706,313 hours** of city-transforming ministry service.

Do something at sdrock.com/dosomethingworld

ADOPTION & INFERTILITY

Safe in Heaven is a ministry dedicated to providing support for families who have experienced the devastating loss of a baby. We meet the first Thursday of every month. For more info, please contact Ryan and Michelle Icenhower at safeinheavenministry@gmail.com or go to sdrock.com/ministries/adopt.

Blended Step Family STEP UP 4 GOD CONFERENCE

Join us for *Getting to Know God's Love for the Step Family*, March 12, 9 AM - 4 PM in the Rock Church Café. Hear Debbie and Ray Alsdorf speak on their book *Beyond the Brady Bunch*. We will also offer a Women's and Men's Workshop. Live worship with Stefanie Kelly.

Visit us in the lobby or at sdrock.com/ministries/blendedfamilies.

MONDAY FEBRUARY 28 7:30 PM ROOM 354

A mime is worth ten thousand words! Be used by God to bring the gospel to San Diego. We are beginning a new season. Come check out our information meeting! No experience necessary.

Visit us in the lobby today during all five services!

Inner Beauty MARATHON MAKEOVER

Join us Saturday, March 5 at 10 AM in the Rock Park for a CANCER C.A.R.E. haircut marathon! All hair and money that is donated will benefit Children's Hospital, Rock Cancer C.A.R.E. ministry, Locks of Love & HOPE for Alicia Bailey. This is YOUR opportunity to help us care for kids, women and men with cancer!

I AM ATHLETICS

I AM Athletics is beginning another evening Boot Camp workout class on March 1. Workouts are Tuesday, Wednesday and Thursday evenings at 6:15 PM sharp in the Rock Park. If you want to get in shape...come visit our lobby table!

Register at www.therocksandiego.org/ministries/personaltraining/

This week at the Rock

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Christian Essentials for Parents

This class is for parents who would like to learn more about the basics of Christianity with the purpose of passing it onto their children. We believe the parent is the primary discipler for their child and this class is designed to equip you to teach your child. For more information, visit sdrock.com/eventcalendar/8213 or contact Jennifer at jennifer.perry@therocksandiego.org.

Junior High Services

Join us for Junior High services every Sunday at 10 AM, 12 noon or 5 PM. It's fun and interactive! We meet in the Junior High Room on the 3rd floor. For more information, contact Dru at dru.teves@therocksandiego.org or call 619.226.7625.

Join Pastor Miles as he delivers a weekly message about a relationship with Jesus Christ, faith in action and living the life you were created to live. It's a perfect, non-threatening format for inviting friends.

San Diego 6 THE CW

SIMPLY WORSHIP IN THE SANCTUARY

Come as you are to Simply Worship in the Sanctuary on March 8 at 7 PM. Enjoy an intimate setting as gifted musicians lead the church in an extended time of worship. All ages welcome. Visit sdrock.com/eventcalendar/8275/ for more information.

CRITICAL INCIDENT STRESS MANAGEMENT

PASTORAL CRISIS INTERVENTION 2

Take the **Pastoral Crisis Intervention 2** class beginning March 9 in RM 235 where advanced concepts and field applications for Christ-centered intervention are covered. \$55 to attend. Visit sdrock.com/eventcalendar/8088

Announcements

Children's Choir Rehearsals

Children's Choir will be performing for Palm Sunday Services on April 17. Rehearsals will be every Thursday from 6-7 PM, March 17 through April 14 in RM 232. We're also looking for an administratively gifted volunteer to support our Children's Choir Director. Please visit www.sdrock.com/ministries/worship/palmsunday if you feel called to this important ministry role!

Children's Ministry

Do you love God and love kids? Children's Ministry has a wide variety of opportunities to serve: music & dance, production & technical, teaching, drama, graphic arts, and so much more! Your first step is an Orientation on Sunday, March 6, 2:30 PM in RM 232, where you can find out more about your areas of interest. Use your gifts and do something for kids!

The Royal: Law Enforcement is now available on DVD for \$14.99! Visit the Rockpile and purchase your copy. It includes three life-changing messages from Pastor Miles' series on understanding the Bible!

MIRACLE 139

"I am fearfully and wonderfully made"

Our Special Needs ministries are growing! Miracle 139 (for kids to age 18) and Luv-Em-Up (for adults) would like to invite you to learn more about our ministries to those with special needs here at the Rock. Please come find our table in the lobby.

DATE NIGHT SAN DIEGO

MARCH 15 • 6:30 PM • ROCK CHURCH

RSVP @ DATENIGHT EVENT.COM

You're invited to an event that will teach you how to add more enjoyment and romance to your marriage. Gary Chapman, author of *The 5 Love Languages*, shows us how to increase the adventure and excitement by speaking the words your spouse longs to hear. It's not just a date. It's the date your marriage became more fun. Cost is \$12/person in advance, or \$15 at the door. **Childcare is available.**

CHELSEA'S LIGHT FOUNDATION

CHELSEA'S RUN MARCH 5

It is the mission of Chelsea's Light Foundation to unite people who are passionate about protecting our children and inspiring positive change in their community. Join us for the inaugural Finish Chelsea's Run 5k run/walk on March 5!

For more on Chelsea's story & the upcoming run, go to www.chelseaslight.org

STAYCONNECTED

TO THE ROCK!

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):

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facebook.com/.....

twitter: @

Find us on Facebook at facebook.com/therocksandiego

Follow us on twitter at www.twitter.com/therocksandiego

How did you hear about us?

- Friend or Family On the News Radio
 Social Media Driving By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEW WAYS TO CONNECT