

**FIRST WEEK FREE**

We invite you to join us for the first week of class. Come experience challenging teaching, amazing worship and a free meal.

**SEPTEMBER 6 - 9AM-1PM • 5:30PM-9:30PM**

Day or night classes are available.

**APPLY TODAY: THEROCKUNIVERSITY.ORG**

For more information, call 619.764.5249 or email [impact195@therocksandiego.org](mailto:impact195@therocksandiego.org)



**The Mission of the Rock Church...** is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



**Miles McPherson** is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2010, the Rock Church donated 228,000 hours of community service to the City of San Diego.

**SERVICES TIMES**

**Sunday** • 8AM • 10AM\* • 12PM • 5PM • 7PM // **North County** 5PM • 7PM  
*\*Interpreting for the deaf is available at the 10AM service.*

**Children's Services** • 8 AM • 10 AM • 12 PM • 5 PM // **North County** 5PM  
*Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

**To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.**

**Junior High** • 10AM • 12PM • 5PM // **High School** • Wednesday 7PM

**RockTV:** Sundays • 11PM • San Diego 6 // **Rock Radio:** KPRZ 1210 • M-F 4:30PM

**WAYS TO GIVE**

**CASH:** PROVIDE DONATION AMOUNT. FILL OUT ADDRESS SECTION OF THE ENVELOPE PROVIDED.

**CREDIT:** TO GIVE ONLINE, VISIT [WWW.SDROCK.COM/GIVE](http://WWW.SDROCK.COM/GIVE), TEXT/EMAIL YOUR GIFT OF ANY AMOUNT TO [SDROCK@MOGIV.COM](mailto:SDROCK@MOGIV.COM) OR COMPLETE ALL INFORMATION REQUESTED ON ENVELOPE.

**CHECK:** FOR IN-SERVICE CONTRIBUTIONS, YOU DO NOT NEED TO USE ENVELOPE. MAKE SURE CURRENT NAME AND ADDRESS IS ON YOUR CHECK.

*To give non-cash gifts such as stock, property, etc. or estate planning, contact Stewardship Office at 619.764.5164.*

**Rockpile Bookstore**  
[www.rockpilebookstore.com](http://www.rockpilebookstore.com) • 619.764.5282

Monday - Friday 10AM - 9PM  
 Saturday 10AM - 6PM  
 Sunday 7:30AM - 9PM

**Rock Thrift Store**  
[www.rockthriftstore.com](http://www.rockthriftstore.com) • 619.876.4187

Monday - Saturday 9AM - 7PM  
 Sunday 9AM - 6PM  
 Donations Accepted Daily 9AM - 6PM  
 3191-B & E Sports Arena Blvd.

**Rock Academy and Preschool** • [www.therockacademy.org](http://www.therockacademy.org)  
 The Rock Academy is a WASC-accredited, college preparatory K-12 school. Call 619.764.5200  
 The preschool is a fully licensed, infant-to-5-year preschool. Call 619.764.5205

**Need prayer?** Visit [www.sdrock.com/prayer](http://www.sdrock.com/prayer)  
**Twitter:** [www.twitter.com/therocksandiego](http://www.twitter.com/therocksandiego) **Facebook:** [www.facebook.com/therocksandiego](http://www.facebook.com/therocksandiego)  
 619.226.ROCK • [www.therocksandiego.org](http://www.therocksandiego.org) • [www.therocknorthcounty.org](http://www.therocknorthcounty.org)



**Connect. Grow. Serve.**

**ROCK CHURCH SMALL GROUPS**

**WANT TO BE A LEADER?**

**Rock Church Small Groups** exists to:  
**CONNECT:** building community and serving each other  
**GROW:** spiritually (learning about Jesus)  
**SERVE:** communities where you live and bring pervasive hope by sharing the gospel in many ways



First Name .....

Last Name .....

Address .....

Phone ..... D.O.B. ....

Email .....

@ .....

[sdrock.com/smallgroups/#leadasmallgroup](http://sdrock.com/smallgroups/#leadasmallgroup)  
*Tear outs need to be turned in at the booth in the lobby.*





# OUTREACH

## ZUMBATHON

August 27, Sept. 10, 24, Oct. 8, 22 and Nov. 5, 19 Never Knew a Father's Love is raising funds with Zumba! Only \$7/per class—can't beat that! Help us fund scholarships and outreach to children of absent dads.

### A MEAL FOR A PURPOSE +++

A MEAL WITH MEDICAL MISSIONS IN THE ROCK CAFETERIA  
**THURSDAY, AUGUST 25 6-9PM**  
SPAGHETTI DINNER & PRESENTATION  
\$7 ADULT/\$5 CHILD  
STOP BY LOBBY TABLE TODAY!

### CUB SCOUT LEADERS NEEDED

||| AUGUST 22 • RM 254 • 7 PM |||

The Rock is starting a Cub Scout Pack. Cub Scouting is a family-oriented program designed specifically for boys in the 1st – 5th grades, or 7 to 10 years of age. Please attend a meeting. We need parent leaders.

### HIKING MINISTRY MAKE YOUR FEET YOUR FRIEND

Join the Hiking Ministry once a month from NOW until December. We will be hiking ALL OVER San Diego and nurturing our souls with nature! Join us: 7.30, 8.18, 9.16, 10.16, 11.12 and 12.18. Visit us at [sdrock.com/ministries/hiking](http://sdrock.com/ministries/hiking)

### INTERESTED IN FANTASY SPORTS

September Start • Join our Christian-based NFL Fantasy Leagues! Sign-up fees will generate funds donated to a Rock Outreach Ministry designated by league winners. No gambling. Contact Delroy at [fantasy@therocksandiego.org](mailto:fantasy@therocksandiego.org)



## Announcements\*

### SD 9/11 Memorial Volunteer!

On September 3, teams of firefighters and civilians will climb 110 floors in the memory and for the honor of the 343 firefighters whose lives were lost on 9/11 and to raise awareness of the sacrifices made by firefighters everywhere. Volunteers are needed! Visit [sdfra.org](http://sdfra.org) to sign up.

### Family Friendly Parking

Beginning in September, we will have parking reserved for expectant mothers and families with toddlers under the age of 5.

### Campus Ministry Training Event

The Rock networks with 40 campus clubs across SD. We'll help you get connected to impact your school! Come Wednesday nights in September to find out how to get involved. Rock Church Cafeteria, 7-8:30PM. [www.facebook.com/epicsandiego](http://www.facebook.com/epicsandiego)

 **WATCH ONLINE**  
[sdrock.com/live](http://sdrock.com/live)  
8 • 10 • 12 • 5 • 7

# Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

### Step 1 • Enlist in the A.R.M.Y.

First Name .....

Last Name .....

Address .....

Phone ..... D.O.B. ....

Email .....

@ .....

### Step 2 • Become Active by completing one of the four core classes

**A** Accountability Seminar: Understanding the importance of Accountability.

**R** Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

**M** Ministry Seminar: Understanding the importance of Ministry involvement.

**Y** Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit [www.sdrock.com/army](http://www.sdrock.com/army)

Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!

# 21-DAY FAST

AUGUST 22 - SEPTEMBER 11

*Consecrate a fast, call a sacred assembly; gather the elders and all the inhabitants of the land into the house of the LORD your God, and cry out to the LORD. Joel 1:14*

Join Pastor Miles for a 21 day Fast beginning Monday, August 22 - September 11

Get physical and spiritual steps for your fast at [SDROCK.COM/FAST](http://SDROCK.COM/FAST)

Fasting is a powerful spiritual discipline that, when partnered with prayer, can take your walk with God to new levels.

**WOMEN OF THE ROCK**


All women of the Rock are invited to Shine and Sisters In Christ - a time of worship, Bible study, small group discussion and prayer. Childcare is available.

**SHINE:** Every Thursday morning starting September 8 at 9:30AM in room 232. Contact Kristi at [wezhouse@cox.net](mailto:wezhouse@cox.net) for more info.

**SISTERS:** Wednesday, Sept. 14 at 6:30PM in room 232. Contact: [women@therocksandiego.org](mailto:women@therocksandiego.org)

 **FRIDAY, AUGUST 26 • 6PM**

Come aboard the Hornblower for the "All Married Café" Pure Love Cruise. Married couples, you're invited to simply come and have fun together. First come, first cruise basis. Sorry, no childcare. Make payments to the Rockpile or at the AMC table this week and next.


 **MANNIGHT**

★ AUGUST 30 • 6:30PM • ROCK SANCTUARY ★  
GUEST SPEAKER: DOUG SOUTHERLAND (SAN DIEGO PASTOR CHAPLAIN)

[www.sdrock.com/smallgroups](http://www.sdrock.com/smallgroups)

**PRAYER FOR THE CITY**

AUGUST 21-27  
ROCK CHURCH SMALL GROUPS



For more info, visit [www.sdrock.com/army](http://www.sdrock.com/army).