

SUPPORT YOUR CHURCH

VOLUNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at sdrock.com/serve

Altar Call // Facilities // Follow Up // Rock Kids
 // Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Production // Security
 // Special Events // Student Ministries

"With a simple hello I help people prepare to hear God's voice."

-Kimberly



SDROCK.COM/SERVE

The Mission of the Rock Church... is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

SAN DIEGO SERVICES TIMES

Sunday • 8AM* • 10AM* • 12PM* • 5PM* • 7PM
Interpreting for the deaf is available at the 10AM service.

**Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

Junior High • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM
 For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

OTHER RESOURCES

Rockpile Bookstore
rockpilebookstore.com • 619.764.5282

Rock Thrift Store
rockthriftstore.com • 619.876.4187.

Rock Preschool
therockacademy.org • 619.764.5205
 Fully licensed, infant-to-5-year preschool.

Rock Academy
therockacademy.org • 619.764.5200
 WASC-accredited, college preparatory K-12 school.

Need prayer? Visit: sdrock.com/prayer

WAYS TO GIVE:

<p>GIVE NOW</p> <p>Drop off your gift envelope in the lobby.</p>	<p>GIVE ONLINE</p> <p>For fast and convenient gifts visit sdrock.com/give</p>	<p>TEXT GIVE 2</p> <p>Text or email your gift (i.e. 25) to sdrock@mogiv.com</p>
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CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE

LOVE YOUR CITY



PERVASIVE HOPE



LOVE YOUR CITY.

EVENT

Join us **Saturday, March 31** from 7AM - 12PM at the Jackie Robinson YMCA. We'll be lovin' our city by painting, landscaping, and reaching out to the community with an Easter Egg Hunt for children Pre-K to 3rd grade and the Gospel message.



RECEIVE THIS FREE SHIRT WHEN YOU VOLUNTEER! (While supplies last)

REGISTER TODAY AT
SDROCK.COM/E9844



OUTREACH

SHARE THE MUSIC MUSICAL INSTRUMENT DRIVE

Stop by the Outreach Area in the lobby to sign up to give or get new & used Musical Instruments / equipment. To get involved in the ministry email jazzband@sdrock.com for more information.

The Recycling ReLaunch

Rock Recycle is relaunching and needs your RECYCLED goods! Come to the launchpad all day Sunday from 7AM - 7PM. Volunteers and leaders needed! Support the cause. For more info, email us at recycle@sdrock.com

ROCK MOUNTAIN BIKE SILENT RIDE

Join the Mountain Bike Ministry for the annual SILENT RIDE Saturday, April 7th at Mission Bay 8:30 AM. All ages welcome. We ride the 7.7 boardwalk to honor JESUS' sacrifice for us. More info & directions:

rockmtb.com



WOMEN'S SPIRITUAL & PHYSICAL FITNESS

The Spiritual Wellness Ministry classes feature PraiseMoves®, the Christian alternative to yoga, a stretching and strengthening exercise to Scripture. Saturdays from 8:15AM - 9:30AM (beginners) & 9:45AM - 11AM (Intermediate/Advanced) at the Rock. Visit: sdrock.com/ministries/spiritualwellness/ or visit our lobby table TODAY.



PASTOR'S PERSPECTIVE
ISSUES FACING MEN
BY PASTOR RONNIE HOLDERBY

UPCOMING EVENTS

BRING IT! SALE - 50% OFF EVERYTHING // 3.25
ROCK THRIFT STORE • ALL DAY

SPEND \$30, GET A FREE BIBLE // 3.25
ROCKPILE • ALL DAY

ALL MARRIED CAFE // 3.30
CAFETERIA • 7PM

FAITHWORKS // 4.5
COMMUNITY ROOM • 6:30PM

MENS PRAYER EVENT // 4.7
COMMUNITY ROOM • 8AM

BRING ON THE BACON
MEN'S BREAK-FAST
4.7 CAFE 9AM
COST \$10

JOB FAIR // 4.16
ROCK CHURCH SAN DIEGO • 6PM

>>FOR MORE INFO & EVENTS VISIT
SDROCK.COM/EVENTS

To be a man today is to face extraordinary pressures.

The media belittles men. Women are told they are better without men. Men find themselves in a race for achievement and self-gratification they cannot win. Here in the richest society in the history of the world, there is a level of temptation that is unprecedented.

Satan, the author of all the temptations has a plan and it is not to merely annoy you and keep you off balance. He seeks to destroy you, your family, your hopes and your joy.

So to all men, the question it this: Would you really choose to go through life alone without the protection of God Almighty?

READ FULL BLOG AT

blog.sdrock.com/pastors



JUNE 1-3 • RANCHO MIRAGE

GET HEALING, CONNETCTION AND RELAXATION.

Join Pastor Miles and Debbie at the Rock's 11th Annual Marriage Getaway.

Register now at sdrock.com/e9703

EASTER AT THE ROCK



GET YOU TICKETS AT SDROCK.COM/EASTER



SANCTUARY | MARCH 27

Join our young adults for the kick-off of the all-new season. Enjoy a night of live worship and a chance to connect with other young adults. Tuesday, March 27 at 7 PM.

sdrock.com/1825



ROCK CAFETERIA | MARCH 27

Is God calling you to step up your walk? Every Tuesday night is open guys' night at the Rock - 6:30PM - 8:30PM. Soak in the blessing of live worship, great teaching, discussion and prayer. Don't miss it! Bring a friend!

sdrock.com/ironmen



DE ANZA COVE | MARCH 26

If you've accepted Christ but never made a public proclamation of your faith, here's your chance. Join us and experience the joy of being baptized. Registration starts tomorrow at 5:30PM and baptisms begins at 6PM. For more info, contact Sarah Moesta at sarah.moesta@sdrock.com or visit us online.

sdrock.com/e9704

IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!

[facebook.com/therocksandiego](https://www.facebook.com/therocksandiego)

twitter.com/therocksandiego

STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):
.....
.....

facebook.com/.....

twitter: @

Find us on Facebook at
facebook.com/therocksandiego

Follow us on twitter at
twitter.com/therocksandiego

How did you hear about us?

Friend or Family On the News Radio
 Social Media Drive By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEW WAYS TO CONNECT