

STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):

.....

facebook.com/

twitter: @

Find us on Facebook at
[facebook.com/therocksandiego](https://www.facebook.com/therocksandiego)

Follow us on twitter at
twitter.com/therocksandiego

How did you hear about us?

- Friend or Family On the News Radio
 Social Media Drive By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.

The Mission of the Rock Church...
 is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

SERVICES TIMES

Sunday • 8AM* • 10AM* • 12PM* • 5PM* • 7PM
Interpreting for the deaf is available at the 10AM service.

**Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

Junior High • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM
 For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

OTHER RESOURCES

Rockpile Bookstore
rockpilebookstore.com • 619.764.5282

Rock Thrift Store
rockthriftstore.com • 619.876.4187.

Preschool
therockacademy.org • 619.764.5205
 Fully licensed, infant-to-5-year preschool.

Rock Academy
therockacademy.org • 619.764.5200
 WASC-accredited, college preparatory K-12 school.

Need prayer? Visit: sdrock.com/prayer



WAYS TO GIVE:

<h3>GIVE NOW</h3> <p>Drop off your gift envelope in the lobby.</p> 	<h3>GIVE ONLINE</h3> <p>For fast and convenient gifts visit sdrock.com/give</p> 	<h3>TEXT GIVE 2</h3> <p>Text or email your gift (i.e. 25) to sdrock@mogiv.com</p> 
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CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE



GET SOME

— AT THE —
getaway

JUNE 1-3 • RANCHO MIRAGE

Get healing, relaxation, marriage tools, insights, time away from the kids...

Don't miss this chance to rejuvenate your marriage and have a lot of fun doing it!

ONLY 1-WEEK LEFT TO REGSITER



Register now at sdrock.com/e9703



NEW WAYS TO CONNECT



OUTREACH

AGAPE ROAD & LIVING STONES
MINISTRIES PRESENTS

CALLED TO BE FREE
CONFERENCE

SATURDAY, MAY 5 // ROCK SAN DIEGO
SDROCK.COM/E10063

GET ANSWERS ABOUT SAME-SEX ATTRACTIONS

HOPE SENT SUNDAY
APRIL 29

Hope Sent gives tangible expressions of God's love to anyone who needs a little lift. When we receive card requests, we pray over every name and situation and send cards of encouragement, appreciation and hope. Visit sdrock.com/ministries/hopesent or see us in the lobby today!

FREE
KARATE CLASSES

Rock Karate Ministry offers FREE classes and/or the belts system. SATURDAYS: Age: 4-6 yrs - 11:00am-11:35am, Age: 7-12 yrs - 11:45am-12:30pm and Age: 13 to adult - 12:35pm-1:30pm. Classes at the Rock. More info email Mike at karate@sdrock.com

JOIN THE
BASKETBALL
LEAGUE

Come play some hoops! Women & Co-ed Leagues starts soon. For more info visit the lobby table today or checkout sdrock.com/ministries/basketball/ for details & registration.



9 QUESTIONS

FOR MARRIAGE & PARENTING
PASTOR DARREN CARRINGTON

- How did you meet your wife?*
Her and her 3 friends, and me and my 3 friends were all in the same place. (But she didn't like me cause I was too ghetto)
- What attracted you most to her that day you met?* She was very professional, modest and fiiiiiiiiine!
- What do you love most about her?* She loves God more than me, is easy to please and always smells really good.
- What does she like most about you?* I lead the family spiritually by example, I like to cook and I'm funny.
- What does she like least?* I don't compliment her enough and I'm a messy cook.
- What do you have to improve on as a husband?* Consistent dating and time in the Word with my wife.
- What would you tell your kids is the most important thing about being married?* Learn your spouses' love language and then out love them.
- How do you keep your marriage fresh?* Ongoing maintenance and having fun together, by taking part in things like All Married Café and The Marriage Getaway!
- What do you suppose was the first thing Adam said to Eve?* God said "to be fruitful and multiply" so lets obey.

UPCOMING EVENTS

ALL MARRIED CAFE // 5.4
ROCK CAFE · 6:30PM

JR. HIGH FRIDAY NITE LIVE // 5.4
ROCK PARK · 5:30PM

MEN'S PRAYER // 5.5
COMMUNITY ROOM · 8AM

MEN'S BREAKFAST // 5.5
CAFETERIA · 9AM

ROCK KIDS VOLUNTEER ORIENTATION // 5.6
RM 235 · 2:30PM

DISASTER RESPONSE CLASS // 5.8
RM 223 · 6:30PM - 8:30PM

MOTHER'S DAY SALE // 5.13
ROCKPILE · ALL DAY

>>FOR MORE INFO & EVENTS VISIT
SDROCK.COM/EVENTS

MONDAY 6PM

GET BAPTIZED

APRIL 30

DE ANZA COVE FOR MORE INFO, CONTACT SARAH WWW.SDROCK.COM

SARAH.MOESTA @SDROCK.COM

INTRODUCING>>
ROCK MOBILE APP

NOW AVAILABLE!

- Live Updates from Miles
- Message Videos
- Connect with others

Available on the iPhone
App Store

www.sdrock.com/mobile



THE WORLD JUST GOT SMALLER.



ROCK KIDS | SUNDAYS

We love the opportunity we have been given to pour into the lives of your children each week and look forward to all that God has in store for you and your family here at Rock Kids. Rock Kids is available each Sunday at the San Diego campus at 8AM, 10AM, 12PM, and 5PM.

sdrock.com/kids



EVERY SUNDAY IN MAY

Be a SUPERHERO! Fill Pervasive Hope bags with canned goods and help provide 25,000 meals to hungry people in SD benefiting San Diego Food Bank. Drop off canned goods in the red barrels throughout May! sdrock.com/fooddrive

sdrock.com/e9990



LAUNCHING SEASON I

Sharing stories of those who give hope! WOVEN is a new Outreach product line of the Rock Church — raising awareness and funds for Rock outreach ministries. Be the first to wear SEASON I! Available for a LIMITED TIME only! On sale now in the Rockpile and online at wovenapparel.org. Together, Repairing the Fabric of the World!

wovenapparel.org

FIND YOUR GROUP

ROCK CHURCH
SMALL GROUPS

Small groups are a great way to connect with other members of the Rock family, form community and grow deeper in your faith.

They also provide an opportunity to spread Pervasive Hope to the neighborhoods where you live and work through community service projects and outreach efforts.

We have small groups that meet every night in over 60 zip codes around San Diego County.



FIND A SMALL GROUP IN YOUR AREA
SDROCK.COM/SMALLGROUPS



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twitter.com/therocksandiego