

# STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information  I'm NEW!

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

Campus:  Pt. Loma  North County

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):

.....  
 .....

NEW WAYS TO  
CONNECT

facebook.com/ .....

twitter: @ .....

Find us on Facebook at  
facebook.com/therocksandiego

Follow us on twitter at  
twitter.com/therocksandiego

How did you hear about us?

- Friend or Family  On the News  Radio  
 Social Media  Drive By  Web

Other .....

Receive Rock News! Text "SDROCK [your email]" to 95495.

## The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



**Miles McPherson** is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

## SERVICES TIMES

**Sunday** • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM  
*Interpreting for the deaf is available at the 10AM service.*

*\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

**Junior High** • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM  
 For other Rock Church campuses, visit [sdrock.com](http://sdrock.com).

**RockTV: Sundays** • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

## OTHER RESOURCES

**Rockpile Bookstore**  
[rockpilebookstore.com](http://rockpilebookstore.com) • 619.764.5282

**Rock Thrift Store**  
[rockthriftstore.com](http://rockthriftstore.com) • 619.876.4187.

**Preschool**  
[therockacademy.org](http://therockacademy.org) • 619.764.5205  
 Fully licensed, infant-to-5-year preschool.

**Rock Academy**  
[therockacademy.org](http://therockacademy.org) • 619.764.5200  
 WASC-accredited, college preparatory K-12 school.

**Need prayer?** Visit: [sdrock.com/prayer](http://sdrock.com/prayer)



## WAYS TO GIVE:

<h3>GIVE NOW</h3> <p>Drop off your gift envelope in the lobby.</p> 	<h3>GIVE ONLINE</h3> <p>For fast and convenient gifts visit <a href="http://sdrock.com/give">sdrock.com/give</a></p> 	<h3>TEXT GIVE 2</h3> <p>Text or email your gift (i.e. 25) to <a href="mailto:sdrock@mogiv.com">sdrock@mogiv.com</a></p> 
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**CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!**

619.226.ROCK • [SDROCK.COM/LIVE](http://SDROCK.COM/LIVE)



# GET SOME

— AT THE —  
**getaway**

**JUNE 1-3 • RANCHO MIRAGE**

Get healing, relaxation, marriage tools, insights, time away from the kids...

Don't miss this chance to rejuvenate your marriage and have a lot of fun doing it!

**ONLY 1-WEEK LEFT TO REGSITER**



**Register now at [sdrock.com/e9703](http://sdrock.com/e9703)**





OUTREACH

AGAPE ROAD & LIVING STONES  
MINISTRIES PRESENTS

CALLED TO BE FREE  
CONFERENCE

SATURDAY, MAY 5 // ROCK SAN DIEGO  
SDROCK.COM/E10063

GET ANSWERS ABOUT SAME-SEX ATTRACTIONS

HOPE SENT SUNDAY  
APRIL 29

Hope Sent gives tangible expressions of God's love to anyone who needs a little lift. When we receive card requests, we pray over every name and situation and send cards of encouragement, appreciation and hope. Visit [sdrock.com/ministries/hopesent](http://sdrock.com/ministries/hopesent) or see us in the lobby today!

FREE  
KARATE CLASSES

Rock Karate Ministry offers FREE classes and/or the belts system. SATURDAYS: Age: 4-6 yrs - 11:00am-11:35am, Age: 7-12 yrs - 11:45am-12:30pm and Age: 13 to adult - 12:35pm-1:30pm. Classes at the Rock. More info email Mike at [karate@sdrock.com](mailto:karate@sdrock.com)

JOIN THE  
BASKETBALL  
LEAGUE

Come play some hoops! Women & Co-ed Leagues starts soon. For more info visit the lobby table today or checkout [sdrock.com/ministries/basketball/](http://sdrock.com/ministries/basketball/) for details & registration.



# 9 QUESTIONS

FOR MARRIAGE & PARENTING  
PASTOR DARREN CARRINGTON

- How did you meet your wife?*  
Her and her 3 friends, and me and my 3 friends were all in the same place. (But she didn't like me cause I was too ghetto)
- What attracted you most to her that day you met?* She was very professional, modest and fiiiiiiiiine!
- What do you love most about her?* She loves God more than me, is easy to please and always smells really good.
- What does she like most about you?* I lead the family spiritually by example, I like to cook and I'm funny.
- What does she like least?* I don't compliment her enough and I'm a messy cook.
- What do you have to improve on as a husband?* Consistent dating and time in the Word with my wife.
- What would you tell your kids is the most important thing about being married?* Learn your spouses' love language and then out love them.
- How do you keep your marriage fresh?* Ongoing maintenance and having fun together, by taking part in things like All Married Café and The Marriage Getaway!
- What do you suppose was the first thing Adam said to Eve?* God said "to be fruitful and multiply" so lets obey.

## UPCOMING EVENTS

ALL MARRIED CAFE // 5.4  
ROCK CAFE · 6:30PM

JR. HIGH FRIDAY NITE LIVE // 5.4  
ROCK PARK · 5:30PM

MEN'S PRAYER // 5.5  
COMMUNITY ROOM · 8AM

MEN'S BREAKFAST // 5.5  
CAFETERIA · 9AM

ROCK KIDS VOLUNTEER ORIENTATION // 5.6  
RM 235 · 2:30PM

DISASTER RESPONSE CLASS // 5.8  
RM 223 · 6:30PM - 8:30PM

MOTHER'S DAY SALE // 5.13  
ROCKPILE · ALL DAY

>>FOR MORE INFO & EVENTS VISIT  
SDROCK.COM/EVENTS

MONDAY 6PM

GET BAPTIZED

APRIL 30

DE ANZA COVE FOR MORE INFO, CONTACT SARAH  
WWW.SDROCK.COM

SARAH.MOESTA @SDROCK.COM

INTRODUCING>>  
ROCK MOBILE APP

NOW AVAILABLE!

- Live Updates from Miles
- Message Videos
- Connect with others

Available on the iPhone  
App Store

[www.sdrock.com/mobile](http://www.sdrock.com/mobile)



# THE WORLD JUST GOT SMALLER.



ROCK KIDS | SUNDAYS

We love the opportunity we have been given to pour into the lives of your children each week and look forward to all that God has in store for you and your family here at Rock Kids. Rock Kids is available each Sunday at the San Diego campus at 8AM, 10AM, 12PM, and 5PM.

[sdrock.com/kids](http://sdrock.com/kids)



EVERY SUNDAY IN MAY

Be a SUPERHERO! Fill Pervasive Hope bags with canned goods and help provide 25,000 meals to hungry people in SD benefiting San Diego Food Bank. Drop off canned goods in the red barrels throughout May! [sdrock.com/fooddrive](http://sdrock.com/fooddrive)

[sdrock.com/e9990](http://sdrock.com/e9990)



LAUNCHING SEASON I

Sharing stories of those who give hope! WOVEN is a new Outreach product line of the Rock Church — raising awareness and funds for Rock outreach ministries. Be the first to wear SEASON I! Available for a LIMITED TIME only! On sale now in the Rockpile and online at [wovenapparel.org](http://wovenapparel.org). Together, Repairing the Fabric of the World!

[wovenapparel.org](http://wovenapparel.org)

# FIND YOUR GROUP

ROCK CHURCH  
SMALL GROUPS

Small groups are a great way to connect with other members of the Rock family, form community and grow deeper in your faith.

They also provide an opportunity to spread Pervasive Hope to the neighborhoods where you live and work through community service projects and outreach efforts.

We have small groups that meet every night in over 60 zip codes around San Diego County.



FIND A SMALL GROUP IN YOUR AREA  
SDROCK.COM/SMALLGROUPS



facebook.com/therocksandiego

twitter.com/therocksandiego