

UPDATE YOUR INFO!

FOR END OF YEAR GIVING STATEMENTS & COMMUNICATION

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):

HOW DID YOU HEAR ABOUT US?

- Friend or Family On the News Radio
 Social Media Drive By Web

Other

TO SUBSCRIBE TO ENEWS, GO TO SDROCK.COM!

The Mission of the Rock Church is to Save, Equip and Send.



Miles McPherson is the Senior Pastor of the Rock Church and author of "Do Something! Make Your Life Count." He is also the founder of DoSomethingChurch.org, a vibrant affiliation of churches around the world dedicated to establishing Pervasive Hope in their communities through proactive community service. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego. FOLLOW MILES ON TWITTER: @MILESMCPHERSON

SERVICES TIMES

Sunday • 8AM* • 10AM* • 12PM* • 5PM* • 7PM
Interpreting for the deaf is available at the 10AM service.

**Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

High School* // Junior High • 10AM • 12PM • 5PM (**High school on winter break until Jan. 6*)
 For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

OTHER RESOURCES

Rockpile Bookstore & Dlush Lounge
rockpilebookstore.com • 619.764.5282

Rock Thrift Store
rockthriftstore.com • 619.876.4187.

Preschool
therockacademy.org • 619.764.5205
 Fully licensed, infant-to-5-year preschool.

Rock Academy
therockacademy.org • 619.764.5200
 WASC-accredited, college preparatory K-12 school.

Impact195
 The Rock's School of Discipleship and Evangelism
i195.org • 619.764.5249

Need prayer? Contact prayerrequest@sdrock.com

Free WiFi
 Rock Guest WiFi

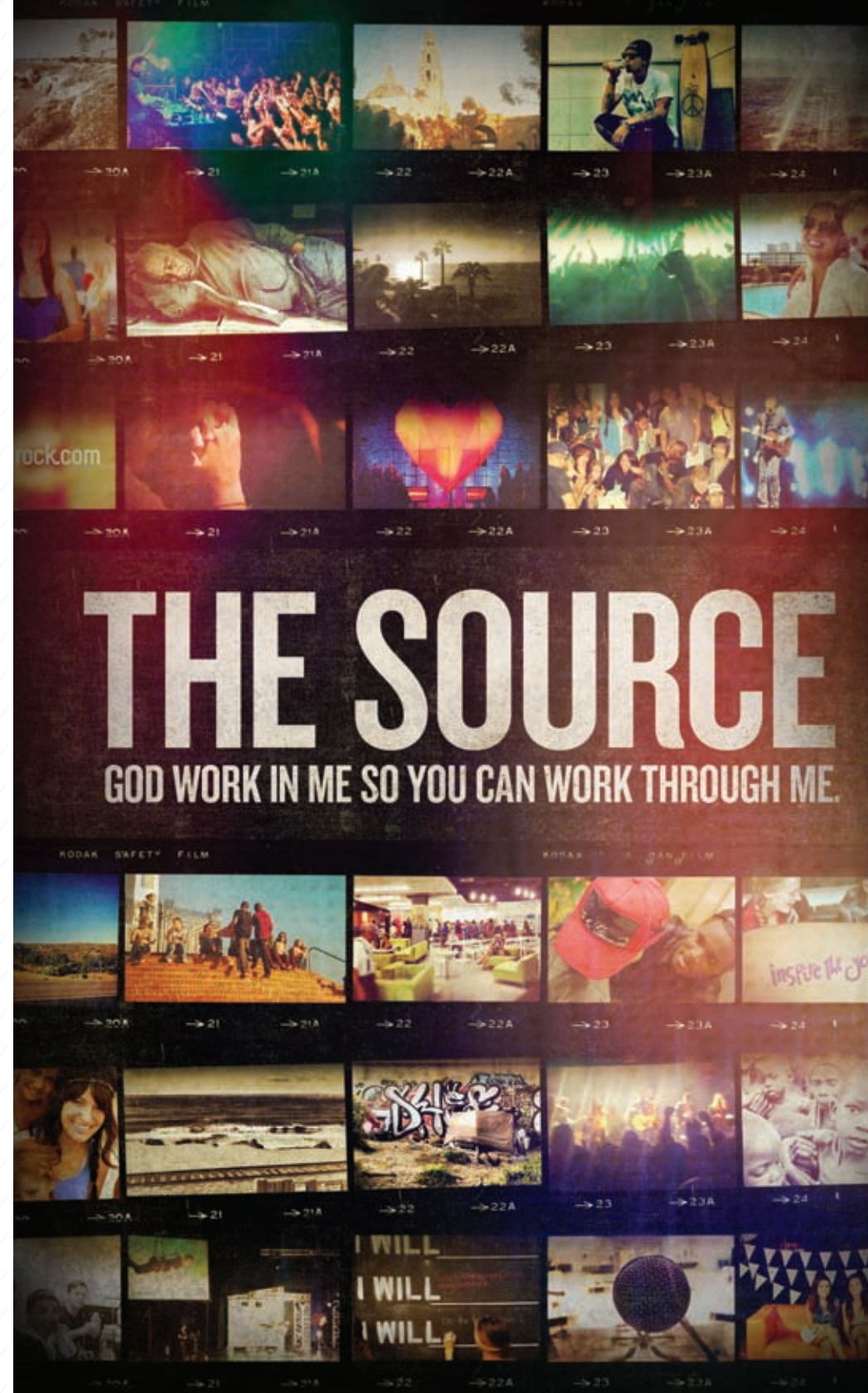
WAYS TO GIVE:

- Drop off your envelope in the lobby. Online at sdrock.com/give Text or email amount to sdrock@mogiv.com



CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE



SUPPORT YOUR CHURCH

VOLUNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at sdrock.com/serve

- Altar Call // Facilities // Follow Up // Rock Kids //
 Rockpile Bookstore // Rock Thrift Store // Hospitality
 // Parking // Production // Security // Special Events
 // Student Ministries // Prayer // Worship Arts



SDROCK.COM/SERVE



BLOOD DRIVE | TODAY!

Make your life count. We had a goal of saving 1,000 lives in 2012 and this is our last chance to meet it. We have currently saved 825 lives...come to Rock Park today and save a life! Finish your year by helping someone live another!

PUPPET SHOW! FREE

DEC. 22
2PM & 3PM



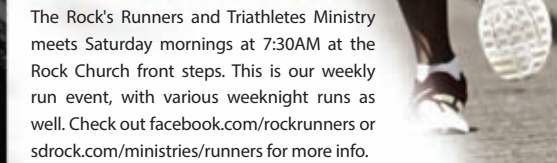
Join JC Living Hope Puppet Ministry for *A Most Wonderful Christmas* here at the Rock. Contact puppets@sdrock.com for more info, or visit us in the lobby today!

DOG ADOPTION



Come out and save a life this Christmas...dogs of all shapes and sizes will be waiting for their second chance. Join us today in Rock Park from 9AM - 2PM. Your new best friend is waiting!

RUN WITH US!



The Rock's Runners and Triathletes Ministry meets Saturday mornings at 7:30AM at the Rock Church front steps. This is our weekly run event, with various weeknight runs as well. Check out facebook.com/rockrunners or sdrock.com/ministries/runners for more info.

FITNESS BOOT CAMP

Get in shape! Join Fitness Boot Camp on Tuesdays and Thursdays starting Jan 8 at 6:15PM in Rock Park. \$5 per class. Register at sdrock.com/ministries/fitnessbootcamp. To get a fast start in the New Year, attend our Speed, Agility & Explosion Camp, Jan 2, 3 & 4. Visit us in the lobby today!



CATCHING THE WIND

Tis the season!

TODAY IN ROCK PARK

**BLOOD DRIVE,
DOG ADOPTION, SHOE DRIVE &
MILITARY CARE PACKAGES // TODAY**

ROCK PARK • ALL DAY

UPCOMING EVENTS

**BRING JOY TO
AN ORPHANAGE // 12.22**

TIJUANA, MX • 9AM

REGISTER TODAY SDROCK.COM/E10785

Have you ever tried to make yourself want to do something you didn't want to do?

Not, do something you didn't want to do. *Want to do something you didn't want to do.*

Carissa Messah had made herself do things she didn't want to do her whole life. But this was going to be different. She had to take her desire for reading God's Word, which wasn't very high, and make herself want more of it.

She had never succeeded before.

In order for her to be able to do what God was clearly calling her to do, it was going to require a vibrant walk with God. And that was going to require a complete transformation at the core of her heart.

It turned out, it wasn't as hard as she feared. In fact, it's as easy as catching the wind.

READ HOW ROCKU CHANGED CARISSA'S LIFE AT

SDROCK.COM/STORIES



DONATE YOUR LIFT TO THRIFT

Donate to the Rock Thrift Store to help establish Pervasive Hope in San Diego. Our goal is to collect 50 vehicles by the end of the year. For more info, contact Matt Jones at 619.876.4187 or matt.jones@sdrock.com.



IMPACT195

EQUIPPING WORLD CHANGERS

Transformed lives transform lives. Come find your God-given calling and get equipped to fulfill it. Join us for our Open House week starting Jan 22 and see what Impact195 is all about.

www.i195.org

CHRISTMAS SERVICES

SUNDAY DEC 23 // 8AM*, 10AM*, 12PM*, 5PM* & 7PM

(*Rock Kids in session. Deaf interpretation at 10AM.)

MONDAY DEC 24 // 6PM & 8PM

(All ages welcome at both services - no Rock Kids. Deaf interpretation available at both services.)



PLANETSHAKERS CONFERENCE

Planetshakers Conference exists to see every person empowered, transformed and equipped to fulfill their God-given destiny. Join us January 17-19, 2013 here at the Rock for this amazing experience. Register online today at sdrock.com/e11527.



DONATE TO ROCK THRIFT

Pre-holiday cleaning? Rock Thrift wants your stuff! We are in need of men's clothing and accessories, housewares, small appliances, furniture, and electronics. Anything you want to get rid of, we'll take! Can't bring it to us? Call our FREE donation pick up service, 24 hours a day at 855.876.7625.



MOBILE APP: CHURCH ON THE GO

The world just got smaller for iPhone, iPad and Android users! Experience the Rock Church in the palm of your hand. Download today to join the commUnity, respond to calls to action, watch, listen and share! sdrock.com/mobile



4-WEEK CLASSES THAT TRANSFORM YOUR LIFE.

CLASSES START WEEK OF JAN 6.

JANUARY

Relationships: The best is yet to come // Mickey Stonier

Colossians // John Darrow

Your Chapter in His Story // Ali Kaun

Foundations 100 // Rock Staff

SIGN-UP ONLINE AT SDROCK.COM/ROCKU

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twitter @therocksandiego