

# UPDATE YOUR INFO!

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

Campus:  Pt. Loma  North County

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):  
.....  
.....

## HOW DID YOU HEAR ABOUT US?

- Friend or Family  On the News  Radio  
 Social Media  Drive By  Web

Other .....  
.....

TO SUBSCRIBE TO ENEWS, GO TO SDROCK.COM!

The Mission of the Rock Church is to Save, Equip and Send.



**Miles McPherson** is the Senior Pastor of the Rock Church and author of "Do Something! Make Your Life Count." He is also the founder of DoSomethingChurch.org, a vibrant affiliation of churches around the world dedicated to establishing Pervasive Hope in their communities through proactive community service. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego. FOLLOW MILES ON TWITTER: @MILESMCPHERSON

## SERVICES TIMES

**Sunday** • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM

*Interpreting for the deaf is available at the 10AM service. Spanish translation available at the 12PM service.*

*\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

**High School // Junior High** • 10AM • 12PM • 5PM

For other Rock Church campuses, visit [sdrock.com](http://sdrock.com).

**RockTV: Sundays** • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

## OTHER RESOURCES

**Rockpile Bookstore & Dlush Lounge**  
[rockpilebookstore.com](http://rockpilebookstore.com) • 619.764.5282

**Rock Thrift Store**  
[rockthriftstore.com](http://rockthriftstore.com) • 619.876.4187.

**Preschool**  
[therockacademy.org](http://therockacademy.org) • 619.764.5205  
Fully licensed, infant-to-5-year preschool.

**Rock Academy**  
[therockacademy.org](http://therockacademy.org) • 619.764.5200  
WASC-accredited, college preparatory K-12 school.

**Impact195**  
The Rock's School of Discipleship and Evangelism  
[i195.org](http://i195.org) • 619.764.5249

**Need prayer?** Contact [prayerrequest@sdrock.com](mailto:prayerrequest@sdrock.com)



**Free WiFi**  
Rock Guest WiFi

## WAYS TO GIVE:

<h3>GIVE NOW</h3> <p>Drop off your gift envelope in the lobby.</p> 	<h3>GIVE ONLINE</h3> <p>For fast and convenient gifts visit <a href="http://sdrock.com/give">sdrock.com/give</a></p> 	<h3>TEXT GIVE 2</h3> <p>Text or email your gift (i.e. 25) to <a href="mailto:sdrock@mogiv.com">sdrock@mogiv.com</a></p> 
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CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

619.226.ROCK • [SDROCK.COM/LIVE](http://SDROCK.COM/LIVE)

# THE LIFE

CONTINUING WHAT JESUS STARTED

WEEK 6



# SUPPORT YOUR CHURCH

## VOLUNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at [sdrock.com/serve](http://sdrock.com/serve)

Altar Call // Facilities // Follow Up // Rock Kids // Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Production // Security // Special Events // Student Ministries // Prayer // Worship Arts



[SDROCK.COM/SERVE](http://SDROCK.COM/SERVE)



# OUTREACH

## DEAF MINISTRY FOOD DRIVE

Rancho Sordo Mudo, a Bible-based deaf residential school in Mexico, is home to over 50 kids each school year. They are in urgent need of food donations. Join us in helping them by bringing food items to the Deaf Ministry table in the lobby on Sunday, Feb 17 and help us bless the children with their most basic needs. For more info, go to [sdrock.com/e11687](http://sdrock.com/e11687).

## NEVER KNEW A FATHER'S LOVE FRIDAYS SUPPORT GROUP

6:30PM RM 253

We're here for you. If you keep finding love in all the wrong places, the wrong men, the wrong women, we have a place for you. Join us Fridays at 6:30PM in room 253 as we heal from our wounds. Contact us at [nkaf@sdrock.com](mailto:nkaf@sdrock.com) for more info.

## FREE 5-WEEK CLASS PHOTOGRAPHY

Did you get a new camera for Christmas and want to learn how to use it? Photopeeps is starting our Intro to Photography class on Feb 20 at 7PM in room 353. Learn basic tools to take fun, creative photos of the world around you. For more info, email [photo@sdrock.com](mailto:photo@sdrock.com) or visit us in the lobby today!

## DIVORCECARE NEEDS MENTORS!

Did you experience divorce as a child? Do you have a heart to work with children going through the same thing? If so, check out DC4K and consider using your experience to help kids heal from the upheaval of divorce. For more info, email us at [divorcecare@sdrock.com](mailto:divorcecare@sdrock.com) or visit us in the lobby today!

## FANTASY MLB SIGN-UPS!

The Fantasy Sports Ministry is for men and women ages 18+ who want to compete in Christian-based fantasy leagues (no-gambling)! League fees will be donated by the winner to a Rock Outreach Ministry of their choice. Register online at [sdrock.com/ministries/fantasysports](http://sdrock.com/ministries/fantasysports). The cost is \$10.00. Email us at [fantasy@sdrock.com](mailto:fantasy@sdrock.com) for more info.



# 7 QUESTIONS WITH HEAD FOOTBALL COACH SCOTTY JAMES

## UPCOMING EVENTS

### ROCKKIDS101

TODAY! // RM 235 • 2:30PM

MEN'S BIBLE STUDY // 2.12  
CAFETERIA • 6:30PM

WOMEN'S BIBLE STUDY // 2.13  
RM 232 • 6:30PM

YOUNG ADULT GATHERING // 2.14  
WAREHOUSE • 7PM



CAN'T MAKE IT NEXT WEEK?  
**WATCH ONLINE**  
[sdrock.com/live](http://sdrock.com/live)

>>FOR MORE INFO & EVENTS VISIT  
[SDROCK.COM/EVENTS](http://SDROCK.COM/EVENTS)

### 1. WHERE ARE YOU FROM?

Born in Queens, NY, raised in Riverside County.

### 2. WHAT DREW YOU TO SPORTS?

Competition. I love two teams from different cities. Then going and working out, practicing, etc. and on game day, seeing who's who.

### 3. OF ALL YOUR SPORTS ACCOMPLISHMENTS, WHICH IS THE FIRST TO COME TO MIND?

Earning a football scholarship at San Diego State. I had offers to play at other schools, but SDSU was the place I wanted to go, so I walked on, worked my way up the ladder, became a starter, and earned my scholarship the hard way. Very gratifying.

### 4. THE GUY WHO HIT YOU THE HARDEST—WHAT DID IT FEEL LIKE?

We had punted to BYU. The lead blocker for the guy with the ball came down the field untouched. I ran down the field untouched. We were both going at full speed when we hit. The only thing I remember is the grass moving in front of my mask as I crawled off the field.

### 5. WHAT'S THE TOUGHEST THING A COACH EVER MADE YOU DO?

Sit and wait for my opportunity, even when I may have felt like I was better than the guy in front of me. Nothing tougher than that.

### 6. WHAT IS THE BEST THING THAT YOU LEARNED FROM A COACH?

"Don't try to be better than someone else, but never cease trying to be the best you can be." – John Wooden

### 7. HOW DO YOU HOPE YOUR GUYS REMEMBER YOU?

As a God-honoring husband and father. That, not football, is most important to me.

FOLLOW THE ROCK ACADEMY FOOTBALL TEAM ON FACEBOOK. [FB/ROCKACADEMYFOOTBALLTEAM](https://www.facebook.com/ROCKACADEMYFOOTBALLTEAM)

# RELATIONSHIP CONFERENCE

SINGLE, DATING OR MARRIED



MARCH 2 // 9AM-1PM // POINT LOMA CAMPUS  
COST: \$20/PERSON OR \$25 DAY OF

REGISTER BY FEBRUARY 21 FOR A CHANCE TO WIN AN IPAD

## EAST COUNTY GROUNDBREAKING & WORSHIP NIGHT

MARCH 9, 2013 | 4:30PM  
805 JACKMAN ST, EL CAJON, CA 92020

Be a part of what God is doing in East County! Join us for a night of prayer and worship as we break ground at our new location in El Cajon.

## GIVING IS AN OPPORTUNITY

### GIVING KIOSKS NOW IN LOBBY!

Did you know? The Rock has giving kiosks located in the lobby! Now you can conveniently give using a credit or check card. For more info, go to [sdrock.com/give](http://sdrock.com/give).



### ROCK ACADEMY OPEN HOUSE

Interested in the Rock Academy? New Preschool-12th grade students and their families are invited to join us for our Open House on Saturday, Feb 16 from 9AM-12PM. The event will begin with a short program in the church lobby, followed by tours throughout our school. For more info, contact April at [april.isbell@therockacademy.org](mailto:april.isbell@therockacademy.org).

## BATTLE FOR THE TROOPS BOXING MATCH

### BENEFITS WOUNDED WARRIORS

On Saturday, Mar 9, we'll be battling for the troops in our main boxing event with proceeds benefitting wounded warriors. Join us for a day of family fun including bounce houses, karate and MMA demos. There will be food vendors and excitement for the entire family. Check out [sdrock.com/el0332](http://sdrock.com/el0332) for more info!

4<sup>th</sup> annual celebration of

# H O P E

SATURDAY

February 23 • 5 PM

POINT LOMA CAMPUS

Pastor Miles and the Rock staff invite you to our annual volunteer appreciation event.

Whether you served in a ministry regularly, supported a quarterly community event or volunteered in your local neighborhood, YOU are invited!

### WHAT TO EXPECT:

- New York Times Best-selling author of *Love Does*, Bob Goff will be our guest speaker
- First 1,000 guests will receive a free copy of *Love Does*
- Delicious cuisine and **FREE** childcare

## Valentine's Day Sale

SPECIAL VALENTINE'S PROMOTION TODAY ONLY IN THE ROCKPILE! 10% OFF ALL JEWELRY PURCHASES OVER \$19.99!

IF YOU HAVE ANY QUESTIONS, ASK A ROCK SPECIALIST IN THE LOBBY. **ENJOY!**

facebook [therocksandiego](https://www.facebook.com/therocksandiego)

twitter [@therocksandiego](https://twitter.com/therocksandiego)

FOR MORE INFO AND TO RSVP, GO TO  
**SDROCK.COM/E11722**