

# Stay CONNECTED!

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

Campus:  Pt. Loma  N. County  E. County

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):

.....

.....

## HOW DID YOU HEAR ABOUT US?

- Friend or Family  On the News  Radio  
 Social Media  Drive By  Web

Other .....

## HOW OFTEN DO YOU ATTEND?

- 1st Time  Occasionally  Regularly

TO SUBSCRIBE TO ENEWS, GO TO [SDROCK.COM](http://SDROCK.COM)!

The Mission of the Rock Church is to Save, Equip and Send.



**Miles McPherson**, a former defensive back with the San Diego Chargers, is the Senior Pastor of Rock Church and founder of DoSomethingChurch.org - a vibrant affiliation dedicated to establishing Pervasive Hope in their communities through proactive community service. Rock Church is one of the largest churches in the US and home to over 140 outreach ministries. Rock Church hosts 15 services every weekend, with a weekly attendance of over 15,000 people at their three locations in San Diego County. In 2012, Rock Church members donated 233,712 hours of community service to the county of San Diego - a \$4 million value. Last year, Rock Church expanded to include a campus in east San Diego county and continues on with God's work to reach every street and every person for Jesus.

FOLLOW MILES ON TWITTER: @MILESMCPHERSON

## SERVICE TIMES

**Sunday** • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM  
*Interpreting for the deaf is available at the 10AM service.*

*\*Rock Kids services are for Infants through 5th grade.  
 Special Needs available at 10AM and 12PM.*



*Closed captioning at the 10AM  
 live stream service*

*Traducción al Español disponible en el servicio  
 de las 12 del mediodía. Acuda al mostrador de  
 información para obtener más detalles.*

**Junior High // High School** • 6PM (**Wednesdays**)

For other Rock Church campuses, visit [sdrock.com](http://sdrock.com).

**RockTV: Sundays** • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM // **619.226.ROCK**

## OTHER RESOURCES

**Rockpile Bookstore & Dlush Lounge**  
[rockpilebookstore.com](http://rockpilebookstore.com) • 619.764.5282

**Preschool**  
[therockacademy.org](http://therockacademy.org) • 619.764.5205  
 Fully licensed, infant-to-5-year preschool.

**Impact195**  
 The Rock's School of Discipleship  
 and Evangelism [i195.org](http://i195.org) • 619.764.5249

**Rock Thrift Store**  
[rockthriftstore.com](http://rockthriftstore.com) • 619.876.4187

### Rock Church: Job Openings

Take a look at our current job openings at [sdrock.com/jobs](http://sdrock.com/jobs).

### Rock Academy

[therockacademy.org](http://therockacademy.org) • 619.764.5200  
 WASC-accredited, college preparatory  
 K-12 school.

### Need prayer?

Contact [prayerrequest@sdrock.com](mailto:prayerrequest@sdrock.com)

Rock Guest WiFi

## WAYS TO GIVE

**GIVE  
NOW**

Drop off your gift envelope in one of the giving boxes in the lobby or sanctuary.

**GIVE  
ONLINE**

Visit one of the free-standing kiosks in the lobby or [sdrock.com/give](http://sdrock.com/give).

**TEXT  
2 GIVE**

Text a gift in any amount to 59769. Example text: [sdrock 25](http://sdrock.com/give)

CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

[SDROCK.COM/LIVE](http://SDROCK.COM/LIVE)

YOU WERE CREATED  
to do something great.



**EASTER**

AT THE ROCK

THE KINGDOM  
HAS COME

WHO WILL YOU INVITE?

## SERVICE TIMES

SATURDAY APRIL 19  
5PM | 7PM

SUNDAY APRIL 20  
8AM | 10AM | 12PM | 5PM | 7PM



[SDROCK.COM/EASTER](http://SDROCK.COM/EASTER)



# OUTREACH

## WRITERS MINISTRY

The Rock Church Writers Ministry welcomes Lois Joy Hofman, retired CEO, sailor, and award-winning author to speak at our meet up on April 17 at 7PM. Don't miss out! For more information, email us at [writers@sdrock.com](mailto:writers@sdrock.com), go to [sdrock.com/writers](http://sdrock.com/writers), or visit us in the lobby today!

## EMBRACE | DISABLED VETS

Join us on April 26 at 8:30AM on flight deck of the USS Midway for a kickboxing and bootcamp workout led by fitness guru Cindy Whitmarsh. Participants help support the work that Embrace does to assist the homeless and disabled veterans. Visit us in the lobby today for more info or email us at [embrace@sdrock.com](mailto:embrace@sdrock.com)!

## WOMEN'S DISCIPLESHIP

Kingdom Jewels is a discipleship ministry that equips women with a closer walk with the Lord through key Christian disciplines from God's Word, application strategies, and one-on-one mentoring. Our next session begins May 1. Email us at [jewels@sdrock.com](mailto:jewels@sdrock.com) for more info or visit us in the lobby today!

## ULTIMATE FRISBEE

The Ultimate Frisbee Ministry is looking for people who want fun and fellowship with fitness. Join us at Liberty Station (corner of Cushing and Roosevelt) on Sundays at 2:30PM to meet new people while getting a good workout. We hope to see you there! Email us at [frisbee@sdrock.com](mailto:frisbee@sdrock.com) for more info.

## Women's Restoration Ministry

We provide residential homes and programs for women in recovery. If you or someone you know wants to be restored, call us at 619.920.9977 or visit us online at [sdrock.com/womensrecovery](http://sdrock.com/womensrecovery). We have a place for you! Volunteers welcome!



## UPCOMING EVENTS

PRAYER // 4.16  
Sanctuary • 7AM

ROCK YOUTH // 4.16  
Point Loma Campus • 6PM

WOMEN'S STUDY // 4.16  
RM 232 • 6:30PM



**MAY 7-10**  
**ROCK CHURCH**

[GLOBALAWAKENING.COM](http://GLOBALAWAKENING.COM)

FOR MORE  
UPCOMING EVENTS, VISIT  
[sdrock.com/events](http://sdrock.com/events)

## ROCKPILE BOOKSTORE

• Super Sale! All NOTW apparel and merchandise is 25% off (In-stock items only)! Shop now!

### HOW DID YOU TWO COME TOGETHER?

We met at a pastors' wives dinner and immediately bonded over the search for the perfect nail polish color. I'm sure we talked about some church stuff too. But that was the beginning of a great dialogue about girly things. And we haven't stopped talking since.

### HOW DO YOU COMPLIMENT EACH OTHER?

Fallon: I love your shoes.  
Trish: What?! I love your shoes!

### WHAT IS IT ABOUT YOUNG GIRLS THAT PULLS AT YOUR HEART?

Both of us are passionate about the battle going on for young women's minds. It's debilitating for many girls—the anxiety and depression they face. Their thoughts actually deposit harmful chemicals into their brain at an alarming rate—and they are suffering. We want to help repair that damage through God's Word and the hope of the Gospel.

READ THE ENTIRE INTERVIEW AT [SDROCK.COM/STORIES](http://SDROCK.COM/STORIES)

Rock Kids Family Zone is now open! It is located in the café and provides a transitional experience to families on Sundays to participate in our worship services who may not be ready to enroll their children in Rock Kids.



## THE LIFE CLASS

Become a Rock Church member! Our three-week LIFE Classes start May 4 and focus on loving relationships, impacting ministry, faithful stewardship, and evangelizing the lost. Register online today at [sdrock.com/lifeclasses](http://sdrock.com/lifeclasses)!



### HAPPENINGS



#### BATTLE FOR THE TROOPS 2

Join us on May 3 for an amazing family day! Battle for the Troops 2 is the highly anticipated MMA event benefitting our Military Ministry. Doors open at 11AM. There will be food trucks, bounce houses, and rock climbing walls. Get 75% off until April 13! Use code ROCK. For more info, go to [sdrock.com/battleforthetroops2](http://sdrock.com/battleforthetroops2).



#### JR HIGH | HEY GURL/HEY BRO

Attention all Junior High students! Hey Gurl/Hey Bro is back! Join us for this epic 6-week series starting April 16 here at the Point Loma campus. We'll dive into the issues YOU face. For more information, contact Fallon at [fallon.palacios@sdrock.com](mailto:fallon.palacios@sdrock.com) or Dru at [dru.teves@sdrock.com](mailto:dru.teves@sdrock.com).



#### CHAPLAINCY TRAINING

Our Basic Chaplaincy Training course is June 4, 6, and 7 and is designed to better equip those who desire to serve our community in the aftermath of disasters and/or critical incidents. All three classes are required for certification. For more info and to register, go to [sdrock.com/chaplaincy](http://sdrock.com/chaplaincy). Registration ends May 31!

# GOOD FRIDAY

PETCO PARK  
(PARK IN THE PARK)

APRIL 18

DONATE • VOLUNTEER  
INVITE A FRIEND

BE A PART OF BRINGING  
PERVASIVE HOPE TO THE  
DOWNTOWN COMMUNITY!

#### CARE PACKAGE ITEMS NEEDED

- TRAVEL-SIZED TOILETRIES
- GALLON-SIZED ZIPLOC BAGS
- \$25 RALPHS & ALBERTSONS GIFT CARDS
- MEN'S AND WOMEN'S SOCKS

DROP OFF DONATIONS AT ANY ROCK CHURCH LOCATION BY WEDNESDAY, APRIL 16 AT 5PM!

FOR MORE INFO, GO TO  
[SDROCK.COM/GOODFRIDAY](http://SDROCK.COM/GOODFRIDAY)