



SMALL GROUP FELLOWSHIP: May 11, 2003

Mission San Diego Discovery Group Leaders: If you signed up to lead a follow up Group for Mission San Diego, please plan to join us at the Town and Country this **Sunday, May 18 at 2:00** for an informational meeting. We would like you to be part of our New Believer's class, and get you started in leading a Small Group.

ROCK Married Couples Retreat: June 20-22 at the Hyatt Regency in Palm Springs. This retreat is limited to the first 100 couples. Cost will be \$300 and the deadline to register is June 1. Sign up in ministry alley after services or call 858.455.7625 x241 for more information.

ROCK University Upcoming Events: Catalina Island Weekend, **June 27-29**, Faith Class/ Wilderness Trip at Hume Lake, **September 13-19**, and Grand Tour to Israel, **November 9-22**.

For more information, contact Octavia Jarmin at octaviaj@therocksandiego.org or ext 239.

Attention All Ladies! If you're anywhere from 16 to 100 years old, plan to join us for a "Girls Weekend Away" at Murrieta Hot Springs **August 15-17!** Registration begins June 29, cost is \$139.00. Begin saving now and invite your Small Group and your friends!

Title: Mother's Day

MEMORY VERSE: Honor your father and your mother, that your days may be prolonged in the land which the LORD your God gives you. **Exodus 20:12**

SERMON REFLECTIONS

In the sermon, Miles mentioned 3 characteristics of a real mom. Please keep in mind that God also shares these qualities. As you read through the characteristics, discuss how these characteristics also describe God and how He thinks about us. (**1 Kings 3, 1 Thessalonians 2:6-7, 1 Corinthians 3:1-2**)

A real mom knows their children. (**Ps 22:10, Ps 139:13**)

A real mom feels their children's pain. (**Mt 15:32, Isaiah 53:4, Luke 19:41**)

Moms make huge sacrifices for their children. (**1 Kings 3:26, John 3:16**)

CLOSER WALK (Ephesians)

1. Got 'Dunamis' Prayer? Do you pray for others as Paul does in **Ephesians 3:14-21**? 'Dunamis' is mentioned two times. Can you find them? Need a prayer change?
2. The Work of Ministry: A) Is done by whom? B) Comes from who training who? C) Is to accomplish what? D) Is close to being finished when what exists? E) Is to exclude nobody or somebody? (**Ephesians 4:11-16**)
3. The Most Important Command for Christians - **Ephesians 5:18**. Do you know how to be filled? Here are four steps to help you: confess known sin (**1 John 1:9**), ask to be filled (**Eph 5:18**), know your prayer to be filled was heard and answered (**1 John 5:14-15**) and live in the truth that it is answered (**Heb 11:6**). Walk by faith - not feelings.

HOMEWORK

Spend some quality time in prayer for those that came forward this weekend at Mission San Diego. Pray that they would get connected and that no one would fall through the cracks and not get the follow up they need!



Announcements

Mission San Diego Discovery Group Leaders: If you signed up to lead a follow up Group for Mission San Diego, please plan to join us at the Town and Country this **Sunday, May 18 at 2:00** for an informational meeting. We would like you to be part of our New Believer's class, and get you started in leading a Small Group.

Got skills? Skills that bring order, see details, and would bless others? The ROCK Administrative Team needs your help! If you have free time a few hours a week that you can help our Small Groups, Worship, or Youth Ministry with data entry, phone calls, and other office duties, we would be blessed to have you! To volunteer or intern with our staff, please contact melissak@therocksandiego.org or ext. 242.

Calendar of Events:

- **Mission San Diego Discovery Group Leaders:** If you signed up to lead a follow up Group for Mission San Diego, please plan to join us at the Town and Country this **Sunday, May 18 at 2:00** for an informational meeting. We would like you to be part of our New Believer's class, and get you started in leading a Small Group.
- **ROCK Married Couples Retreat: June 20-22** at the Hyatt Regency in Palm Springs. This retreat is limited to the first 100 couples. Cost will be \$300 and the deadline to register is June 1. Sign up in ministry alley after services or call 858.455.7625 x241 for more information.
- **Attention All Ladies!** If you're anywhere from 16 to 100 years old, plan to join us for a "Girls Weekend Away" at Murrieta Hot Springs **August 15-17!** Registration begins June 29, cost is \$139.00. Begin saving now and invite your Small Group and your friends!

ROCK University, welcomes everyone at the ROCK to participate in some exciting upcoming events. "Draw near to God and He will draw near to you." James 4:8

- **Catalina Island Weekend**, June 27-29th. A weekend of fellowship, kayaking, hiking, camping, solitude, bonfire, and much more.
- **Hume Lake**, September 13-19th. Faith Class/ Wilderness Trip. In the majestic Sierra Nevada Mountains. Enjoy a week of hiking, camping, & especially increasing your faith.
- **Grand Tour to Israel**, November 9-22nd. A 14 day adventure to the beautiful city of Jerusalem and surrounding towns. Walking through the Bible and experiencing where our faith began. For more information, contact octaviaj@therocksandiego.org or ext 239.