



The ROCK Ministry Fellowships

www.therocksandiego.org/smallgroups

Save the Lost
Equip the Saved
Send the Equipped

MINISTRY FELLOWSHIP: June 1, 2003

Prayer & Spiritual Disciplines: If you are looking to bring depth to your prayer life and dig deeper into the foundations of prayer, concepts of intercession, spiritual warfare, and spiritual disciplines, then this class is for you! 4 Mondays in June 6-8:30 pm. \$100. Contact Carolyn Rossi at carolynr@therocksandiego.org or at 858-455-7625 ext. 260 to register.

ROCK University Upcoming Events: Catalina Island Weekend, **June 27-29**, Faith Class/Wilderness Trip at Hume Lake, **September 13-19**, and Grand Tour to Israel, **November 9-22**.

For more information, contact Octavia Jarmin at octaviaj@therocksandiego.org or ext. 239.

Title: Miracle Anatomy

MEMORY VERSE: Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us. **Ephesians 3:20**

SERMON REFLECTIONS

Matthew 14:13-21 speaks of Jesus feeding the 5000 with 5 loaves of bread and 2 fish. Read through this story, and then answer the following question:

- **Matt. 14:16-17** - Sometimes God will put you in the situation that you dislike the most, to force you to trust Him more. What was the situation in this story? What would you have done in this situation? Have you been placed in a similar situation? What did you do? **Remember, God wants us to live victoriously under His grace...no matter the situation.**

CLOSER WALK (1 Thessalonians)

Are you a FAITH WALKER? What are some of your current faith issues? In other words, what are you "faithing" God for? Take some time to write out your faith dream and give it to your prayer partner today.

**"Therefore encourage one another and build each other up, just as in fact you are doing."
1 Thessalonians 5:11**



Announcements

Got skills? Skills that bring order, see details, and would bless others? The ROCK Administrative Team needs your help! If you have a few free hours a week that you can help our Small Groups, Worship, or Youth Ministry with data entry, phone calls, and other office duties, we would be blessed to have you! To volunteer or intern with our staff, please contact melissak@therocksandiego.org or ext. 242.

Calendar of Events:

- **ROCK Married Couples Retreat: June 20-22** at the Hyatt Regency in Palm Springs. This retreat is limited to the first 100 couples. Cost will be \$300. Miss the deadline? Call 858.455.7625 x241.
- **Attention All Ladies!** If you're anywhere from 16 to 100 years old, plan to join us for a "Girls Weekend Away" at Murrieta Hot Springs **August 15-17!** Registration begins June 29, cost is \$139.00. Begin saving now and invite your Small Group and your friends!

ROCK University welcomes everyone at The ROCK to participate in some exciting upcoming events. "Draw near to God and He will draw near to you." James 4:8

- **Catalina Island Weekend**, June 27-29th. A weekend of fellowship, kayaking, hiking, camping, solitude, bonfire, and much more.
- **Hume Lake**, September 13-19th. Faith Class/ Wilderness Trip. In the majestic Sierra Nevada Mountains. Enjoy a week of hiking, camping, & especially increasing your faith.
- **Grand Tour to Israel**, November 9-22nd. A 14 day adventure to the beautiful city of Jerusalem and surrounding towns. Walking through the Bible and experiencing where our faith began. For more information, contact octaviaj@therocksandiego.org or ext. 239.
- **Prayer & The Spiritual Disciplines Class**, Mondays, June 9-30th. Bring depth to your prayer life and dig deeper into the foundations of prayer, concepts of intercession, spiritual warfare, and spiritual disciplines. For more information, contact carolynr@therocksandiego.org or ext. 260.