



Growing UP Spiritually

ROCK SMALL GROUP QUESTIONS FOR THE NEW YEAR

We all desire to grow spiritually, but the reality is that it takes work. The building blocks for growth are not complicated to learn but the key to real growth is the implementation of these core elements. No doubt you have heard these disciplines preached and taught, but remember Jesus did not say that He would give us new things all the time. He promised that He would make all things new.

The Small Group Staff wishes you a great New Year and hope you find ways to apply these old teachings made new and we pray that you will GROW UP this year!

I. READ THE BIBLE

- **The Word of God is spiritual nourishment!** “Man shall not live by bread alone, but by every Word that proceeds out of the mouth of God.” (Matthew 4:4)
- **The Word of God is Life to us!** “The words that I speak to you are life.” (John 6:63) Woodrow Wilson said, “I am sorry for men who do not read the Bible every day. I wonder why they deprive themselves of the strength and pleasure.”
- **The Word of God is addicting!** The more you read God’s Word the more you will come to love it. You will find it not only food, but a rich dessert! You will say with David, “How sweet are thy Words unto my taste! Yea, sweeter than honey to my mouth.” (Psalm 119:103)
- **The Word of God gives us hope!** “For whatsoever things were written for our learning, that we all through patience and comfort of the Scripture might have hope.” (Romans 15:4)
- **The Word of God is truth!** (John 17:17)
- **The Word of God is like a seed that grows in your heart!** (Luke 8:11) Plant the seed of God’s Word in your life and you will reap the blessings.
- **The Word of God gives us faith!** Only those who continue in God’s Word come to know the place of faith. Faith comes by hearing the Word of God. (Romans 10:17)

Discussion

1. When was the last time you read something in your Bible that you could not get off your mind? What was it? Why was it so important to you?
2. What is your best experience in reading the Bible?
3. Describe your ideal quiet time or Bible reading time (location, topic, and time of day, with whom.)

This year, the Rock Church will be reading through the New Testament in a year. A daily reading schedule will be provided for you in our weekly bulletin.

II. PRAY

Why should we pray?

(Have you Small Group members alternate in reading the following passages.)

Pray because God commands it. (I Th 5:17)

Pray because it's effective. (James 5:16, Matt. 7:7)

Pray because it brings peace. (Phil. 4:6-7)

Pray because it brings healing. (I Chr. 7:14)

How to pray:

Pray with faith. (James 1:6)

Pray your requests. (Phil. 4:6-7)

Pray selflessly. (James 4:3)

Pray according to His Will. (I John 5:14)

Pray with thankfulness. (Phil. 4:6-7, I Thess. 5:18)

Discussion

1. How often do you pray each day?
2. Describe how you pray? Do you kneel? Do you walk? Why?
3. How do you address God? Why?

III. FELLOWSHIP

It is a proven fact that one of the best war tactics is to divide and conquer. The Devil knows this and has become an expert technician in dividing and isolating the brethren. We really do need each other. A great Bible study for your small group to do is to list of all the "one another's" in the Bible. The Bible is filled with directives concerning relationships and the need for fellowship.

"Though one may be overpowered by another, two can withstand him.

And a threefold cord is not quickly broken. (Ecc 4:12)

This year, make the commitment:

1. Come to Church weekly
2. Be part of a Small Group!