

S M A L L G R O U P Q U E S T I O N S

Tommy Moseley
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A N N O U N C E M E N T S

New Small Group Leader Training: If it is time for you to step up into a leadership role within small groups, join us for our New Leader Training. Two training times are available: Sunday, January 8 at 1:30 PM in the back of the sanctuary *or* Monday, January 9 at 7 PM in the Altar Call/Prayer Room. (You only need to attend one of the trainings.) To sign up, or for more information, contact carolyn@therocksandiego.org or x247.

Rock Marriage Mentor Couples: We're committed to helping couples and families live Christ-centered lives that will stand the test of time and leave a Godly legacy for future generations. Our Marriage Mentors will come alongside younger couples and help them to experience all that God has for their marriage and family. If you have been married for at least seven years and would like more information about serving as a mentor couple, join us on **Sunday, January 22 at 1:45 PM** for an informational meeting in the new Pebbles Elementary Room. You can also pick up an application at the Info Booth after service or email melissak@therocksandiego.org or x242.

Rock Amplified: How do you like your Sunday experience at the Rock? Would you prefer a more intimate venue? How about hassle-free parking? Maybe some time for fellowship after the message? Come check out Rock Amplified on **Sunday, January 15 at 9:45 AM and 11:30 AM**. To be a ground floor member, serve at this new location, or for more information, stop by the Info Booth after service, or contact jerryt@therocksandiego.org or 619.840.3402.

Adopt Our Pastor: We are so excited so have John Dehnert on board as our Small Group Pastor! Understanding the high calling he has in overseeing this ministry, we don't want to wait until our next "Adopt-A-Pastor" event. By "adopting" Pastor John, you would be committing to setting aside time to pray for him, his family, and his ministry needs regularly and showing him in small ways your support and appreciation. You would receive a monthly update via email of John's specific prayer requests and praise reports. God has mighty things in store for Pastor John, his family and the Small Group Ministry. If you and your small group/family would like to be part of Pastor John's prayer team, please contact carolyn@therocksandiego.org or x247.

Care & Concern: During the winter months, we receive more calls from individuals and families needing assistance. Although we have a benevolence fund available, the needs have already greatly surpassed our available resources. If you would like to donate grocery or gas cards, or even "adopt" a family for Christmas, contact carib@therocksandiego.org or x233.

Romans, Part I: Have you ever wondered what happens to people who die and have never heard the gospel? What about all the "good people"? Can a Christian lose his salvation? Pastor John Leeder will take you through a verse by verse study through Romans in three, six week sessions. This class will equip you to engage a culture that believes truth is relative rather than absolute. Learn to ask people what they believe and why, then challenge their thinking with the concrete truth of God's Word. Session 1 begins **January 9** in the sanctuary. For more information, or to register, visit www.rockuniversity.org.

Memory Verse: *'And you shall love the Lord your God with all your heart, with all your soul, with all your mind, with all your strength.'* This is the first commandment. Mark 12:30



Looking Forward to Change & Growth

Change can be one of the most difficult things about life; especially when it involves personal growth. Think about the coming year in light of change and growth as you work through the questions below.

1. How would you rate your “change comfort quotient?” In other words, how comfortable are you with change? Rate yourself on a scale of 1 – 10; one being “*I avoid change at all costs*” and ten being “*I look for as much change as possible*”. Why did you rate yourself that way?
2. If people generally don’t prefer change what is it, ultimately, that allows us to be willing to go through it? What is it that motivates us to change and grow?
3. Read the following passages and write down some of the things that cause transformation to happen.

II Corinthians 5:17-

Colossians 3:1-5-

Romans 12:1-2-

Psalm 51:10-

Many have said that the two greatest motivations for change and growth are pain and need. Reflect on that a bit as you answer the following questions.

4. How has *pain* motivated you to change and grow in the past?
5. How has *need* motivated you to change and grow in the past?