

LIFE GROUP DISCUSSION GUIDE

SHARING YOUR TESTIMONY - WHAT IN LIFE IS REALLY WORTH FIGHTING FOR

Pastor Miles McPherson interviews UFC champion Ken Shamrock – June 14, 2015

Pastor Miles conducted powerful interview with world acclaimed MMA fighter, UFC Champion, and Pro-Wrestler, Ken Shamrock who shared his inspiring testimony about facing and overcoming terrible adversity from his youth and now uses his influence as a platform to bring hope to others.

MEMORY VERSE

And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death. **Revelation 12:11 (NKJV)**

DISCUSSION STARTERS

Has anyone ever wrestled, boxed or had a fight? How long did it seem to last? How long did it actually last?

Mixed Martial Arts and Ultimate Fighting Champion rounds are 5 minutes with 1 minute between rounds. The professional athletes in these events are among the most elite in the world. Most beginners, even those in great shape, are astonished how long a round seems to last. Many compare a single round to lasting an eternity, and being totally exhausted.

What does it take to get into TOP SPIRITUAL SHAPE so we can be equipped to fight the enemy? **What does it take to remain in TOP SPIRITUAL SHAPE?**

During the discussion with Pastor Miles, Ken shared about his first morning at a new school when he was challenged to a fight later on - right after school. Instead of waiting, Ken knocked down his challenger right then and there. **How can we fight off the devil immediately instead of waiting until the enemy has taken a good hold on us and affected our relationship with God?**

STUDY QUESTIONS

[1] What are some of the powerful areas of your testimony? If it helps, Recall the sharing format suggested in the My Story series.

Before giving my heart to God, I was _____.

Then Jesus _____.

Since then, _____.



For those hearing the testimony, what is your response and what encouragement did you get from hearing someone's testimony?

[2] During the discussion, Pastor Miles spoke about people searching for God all of our life and seeking a relationship through all of our "stuff" and "issues". Often we try to fill that longing for a satisfying relationship with idolizing worldly things like a career, or family or addiction or abuse or other sinful behavior that puts God secondary. We are all on the same path, it just looks different. How did someone else's sharing help build your relationship with God?

[3] Pastor Miles said "If you surrender your life to God, you have to live it." What does surrender mean to you and what does it look like in your life?

[4] Sometimes we have thoughts in our head we use to rationalize why we do not do something - especially things God has placed on our heart, or is telling us to do something. Many times, when we actually say what those excuses are, they become much weaker reasons to delay actions. **What are some of the reasons we use to rationalize or delay taking action when God is calling us to change or do something?**

[5] Read Ephesians 6:10-17

Have everyone silently reflect for a few minutes on this passage and what God is calling us to do that will draw us closer to His presence and improve our relationship with Him. After reflection, have everyone get into groups of 2 or 3 and share what truth was experienced or revealed.

[6] Go to Gospel central and find a story that you identify with. Share with the group what made that story appeal or encourage you.

Text "gospel" to 59769 to get the Gospel Central App

PUT IT INTO PRACTICE

Break into groups of 3 or 4 people: (if your group is already big) "Point to Ponder"

- Our story reveals and reminds us and others of the power of Christ's work in our life.
- Our story reveals the source of our hope for others and ourselves.
- Our story reminds Satan of our authority over him. Read 1 John 3:8 and Revelation 12:11

1. Pick 2 people you know who are not saved and explain how you would share with them how Jesus has changed your life.
2. Take a few minutes going around your LIFE Group praying for the person sitting next to you and the 2 people they indicated they'd like to get saved.



TAKE IT HOME!

1. Pick a person in your life who you can share a Gospel Central App with.
2. Upload your testimony on Gospel Central

