

LIFE GROUP DISCUSSION GUIDE

SUPERMAN PART 2 - HEALING AND THE KINGDOM OF GOD

Scripture: Matthew 6:10

Pastor Miles McPherson – July 12 2015

Pastor Miles began the sermon discussing last weeks interview with Seattle Seahawks quarterback Russel Wilson who stated "God spoke to me; God said 'I need you to lead her' " (Russell's girlfriend) and the couple intend to date "Jesus's way" which includes staying abstinent. Those statements led to much criticism of Russell in various worldly media especially related to the idea that God talks to us. Pastor Miles affirmed we have a God who DOES talk to us! God also brings healing in order to align us with the Kingdom of God. Whether we need Emotional, Mental, Relational or Physical healing, God re-aligns our life with Him supernaturally. The reason God provides healing is to repair what sin has destroyed or harmed. SALVATION is the ultimate healing event that establishes our relationship with God. Pastor Miles taught about overcoming our doubts about supernatural healing and praying for one another for healing.

MEMORY VERSES

Your kingdom come, Your will be done on earth as *it is* in heaven. **Matthew 6:10**

DISCUSSION STARTERS

1. What are some of the myths, stories or events you have seen or heard of that make it hard to believe in supernatural healing or deliverance?

2. SHORT ACTIVITY: [GROUP LEADER FIRST ENSURE EVERYONE HAS PEN/PENCIL & PAPER] [Group leader gives the instructions and also demonstrates A and B.]

A. Have everyone put their hands together, palms touching. Now put the fingers of each hand in between the fingers of the opposite hand and interlock all fingers. Which index finger is on top? Now repeat, except switch which hand has the fingers above the corresponding fingers.

B. Have everyone stand up. Everyone fold their arms across their chest. Now, fold your arms again, except end up with the opposite arm out in front.

C. Take the pen/pencil and paper and write your signature. Now use your OTHER hand to write your signature.

* How awkward did it feel doing the opposite of what you were used to doing? Why did it feel so uncomfortable? Which exercise was the most uncomfortable or hardest to do? How could you feel more comfortable doing those exercises listed above?



3. Think of all the supernatural things God has done - either described in the Bible or what you have seen or experienced yourself. Have everyone try and briefly share without repeating the same thing. If the group is small, go around the room more than once.

So, if we believe God has done all the wonderful and supernatural things we just described, What is it that gives us doubts and makes it hard to believe in supernatural healing?

STUDY QUESTIONS

1. Does anyone have an example they can share of Physical healing? Spiritual healing? Mental healing? Emotional (removal of hate or rage etc) healing? Would you say the healing was supernatural? What makes a healing 'supernatural'?

2. Pastor Miles used the example of an out of alignment spine pinching on a nerve and causing leg pain. What are some of the reasons we get "out of alignment" with God's perfect will, design and standards? (And therefore, need physical, spiritual, mental and emotional healing).

3. When choosing to do what "I want" over what is God's perfect will, His design and His standards for us, we put ourselves in opposition to God. Additionally, sinful actions of others can have the same affect, if we haven't sought healing and restoration from the Lord

Spend a few moments and reflect on: **What is it that is pushing me away from God?**
Get together in groups of 2 or 3 and share how you can overcome that sin.

4. Ask the group to raise their hand if there is anyone: who needs a re-aligned relationship? Who needs physical healing? Who needs emotional re-alignment to overcome anger, hurt, hate or lack of caring? Who needs spiritual strengthening?

Spend a few moments silently reflecting - What can the Holy Spirit specifically do to restore something to a Kingdom of God Standard?

Share your insight with the group.

5. Ask for a show of hands - Who knows how to ride a bicycle? Even if it has been a long time, would you still be able to ride a bike today? Did anyone ever just get on a bike for the first time *without training wheels* and successfully ride a bike without crashing? Describe the learning process of how to teach someone to ride a bike.

Refer back to the #2 short activity in the Discussion Starters above (if your group did them). If one practiced any of the 3 activities (fold hands, fold arm, write name with other hand), would you become good at it?

Now, go around the room and ask - On a scale of 1-10, how easy is it for each one to pray for someone else?

Like bike riding or hand/arm folding, **would you improve at praying with practice?**

6. **Read James 5:13-16.** What character or traits should an elder have?

Why would you think elders are important? Does one need to be an elder in order to pray for



healing?

PUT IT INTO PRACTICE

Get together in groups of 2 or 3 and using the **Prayer for Healing** below, pray for one another.

TAKE IT HOME!

1. Continue with Pastor Miles challenge from the previous week to spend **One Hour a day in prayer**; and see if God changes your life! We spend many hours each day doing things that do not bring us closer to Him. Let's focus on an activity that will bring us closer to Him.
2. Ask someone if they need prayer or healing. Use this model below from the Sunday sermon.

Prayer for Healing

1. Describe what needs to be healed. **Mk 9:21**
2. Ask if you believe that God can heal. **Mark 9:23**

Say "*Jehovah Rapha, 'The Lord who Heals' loves you.*" **Exodus 15:26**

3. Ask if repentance is needed for anything like bitterness, a lack of faith, or resentment. **Mark 9:24**
4. Invite the Holy Spirit to heal and restore.
5. Ask how the person you are praying for feels.

