

# LIFE GROUP DISCUSSION GUIDE

## SUPERMAN – PART 3 WHY GOD HEALS!

Scripture: Matt 6:13

Pastor Miles McPherson, 26 July 2015

When God heals, He re-aligns us according to His will. When we get off track, we are separating ourselves from God. Jesus used miracles to validate the words that He was preaching. Through the POWER of miracles, Jesus revealed that God had the power to save and reconcile our relationship with Him. If lives were not changed, why would anyone believe in the POWER of God to build a relationship with Jesus? Anyone can have information in their head about God, but that does not give them a RELATIONSHIP with God.

### MEMORY VERSES

Then He called His twelve disciples together and gave them power and authority over all demons, and to cure diseases. Luke 9:1

### DISCUSSION STARTERS

1. Describe one area of your daily surroundings (your room, desk, vehicle, storage or clothes drawer, file cabinet etc.) that is in the most need of cleaning up, organizing or **straightening out**.

Optional follow-up questions: How long has it been that way? What is the reason for any delay in getting the task done? How long would it take to do it by yourself?

2. If the messiest, cluttered up area where you live/work or visit were IMMEDIATELY straightened out and/or organized, what would be the benefit(s)? How would that improve your life? How would it benefit others?

3. Take a moment and think of a good friend or close family member. If that person asked you for help in cleaning up or straightening out something how willing would you be to do the favor? Do we feel honored that they humbled themselves and asked for the assistance or our expertise? What if you needed the help? Which is easier - offering to help someone or asking for his or her help or a favor? Why?



4. Reflect quietly in prayer for a few moments. What other areas in our individual life need to be straightened out, fixed up or healed? Perhaps it is an addiction or some selfish behavior or a life dominating sin that is separating us from God. Ask God to reveal very clearly to us where we are most in need of physical, spiritual, mental or relationship/emotional healing.

When was the last time we prayed individually about that need? Have we asked others to pray with us about it?

## STUDY QUESTIONS

1. Pastor Miles talked about news programs, especially sports that show the highlights from a game or event. If there were a highlight film of your life, what scene or timeframe would show when you were closest in alignment with God's plan?

2. What can we do to minimize the number of scenes from our life that might become material to be included in a "bloopers" segment?

READ the Scriptures from Sunday's Sermon:

### **Matt 6:13**

1. What can we do to recognize the deceptions and lies from the evil one? Share with others what you did or do to overcome the lies, deceptions temptations offered by the enemy.

### **John 10:37**

2. What supernatural works or healings has God demonstrated to you that helped to confirm what God's word says about Him?

### **Luke 9:1-2**

3. When God calls on us, how is that compared to a close friend or family member asking for our help? Share anything that has changed about praying for supernatural healing since the beginning of this series. Have you felt the presence of God in any healings?

BREAK UP INTO SMALLER GROUPS OF 2 OR 3.

4. It says in Mark **16:20**, "they went out and preached everywhere". While it is easier to pray for someone you know well, especially in church, *where* would it be the MOST difficult for each of us to pray?

If you had to ask someone if you could pray for them, who comes to mind as someone very difficult or would cause you the most discomfort to do so?

How can we encourage each other to overcome those fears and concerns?



## PUT IT INTO PRACTICE

Activity 1 Share your healing experience since we started the Superman Series.

Activity 2 Lay Hands

Ask if there are any volunteers to have hands put on them for healing (Physical, Emotional, Relational or Spiritual). Follow the prayer for healing model below.

## TAKE IT HOME!

1. Take the Spiritual Gifts Assessment at [www.sdrock.com/giftstest/](http://www.sdrock.com/giftstest/)
2. Pray this week that the Lord to give you Discovery and understanding of your gift and courage and wisdom to use it for the benefit of others and glory of God.
3. Seek at least one more person this week and ask if you can pray for them.
4. Review **Prayer for Healing Model:**
  1. Ask or describe what needs to be healed. Mark 9:21
  2. Ask if you believe that God can heal. Mark 9:23  
Say: "Jehovah Rapha, The Lord Who Heals, 'Loves you" Exodus 15:26
  3. Ask if repentance is needed for anything like bitterness, a lack of faith, or resentment  
Mark 9:24
  4. Invite the Holy Spirit to heal and restore.
  5. Ask how you/or the person you are praying for feels. (It is OK if no instant response)

### More Resources:

Right Now Media <https://www.rightnow.org>

