

ALL IN OWNERSHIP – LIFE Group Study Guide

Extreme Ownership

Pastor Miles McPherson Nov 20, 2016

This week, Pastor Miles gave the 5th message of "All In Ownership" series. Today was about how we were meant to be in relationships with each other and one of the best ways to do that is to be in some kind of Christ centered, accountability group. We all can do things better with others than by ourselves. In Genesis 2:18, the only thing God said was not good was for man to be alone. So God gave us others to be in fellowship. Using the acronym ESPN, there are four steps to Rock Church Groups

E- Encouragement

S- Share SCRIPTURE

P - PRAY with them

N- What is the next step? Life Class, Baptism, ministry serving, leader development etc.

Pastor Miles emphasized the value of groups with the following example: Transplant patients who needed to change their lifestyle were successful 8 out of 10 times when they had a support group. Only 1 in 10 was able to make significant lifestyle changes on their own.

Opening Discussion: Think about a time when you did a school project alone. How did that turn out compared to doing a project with one or more partners?

Leader Note: If the experiences with a group project had some challenges, ask if the group brought Christ into the center of the group.

Opening Questions:

1. Ask everyone when was the last time they got encouraged by someone else?

Now ask how often do we make it a point to encourage someone else?

READ: Hebrews 10:24 Have everyone pair up. Turn to your partner and say something nice or encouraging to them. After each has had a turn, then ask how you may stir them up or encourage them more specifically.

Leader note: Ask if it was more preferable getting an unexpected encouragement or compliment or one based on specifics that you provided.



2. Going Deeper: Prayerfully and silently reflect on this question:

Are you the person God wants you to be?

Share how many people in your life are actively helping and encouraging you to become that person God wants you to be.

Share how you began the relationship which brought someone as an encourager or accountability partner.

3. ACTIVITY: The first step in building an accountability relationship is to build trust. Making eye contact is sometimes difficult for people, as it requires a certain amount of trust and respect. Some avoid it, while others simply aren't very good at it; they make look away often or appear awkward or uncomfortable, sometimes fidgeting with other objects. This exercise, though simple, can help members become more comfortable and trusting of each other through the practicing of eye contact. **Have everyone form into 2 lines facing each other.**

The idea is to have them stare into their partner's eyes for at least 60 seconds. Neither participant should be wearing glasses or sunglasses of any kind. There may be some giggles at first, as it can feel somewhat awkward during the first try, but as participants get the hang of it, it should become easier for them to make eye contact for prolonged amounts of time.

4. READ Acts 5:42-3, and Acts 20:20. Pastor Miles talked about spending a few moments on Sunday night and each night before to: plan our day/week to use our time more wisely.

Get into groups of 2 or 3. Pull out your calendar on your phone and share what you have planned for the next day or the next week. Have the others offer ideas and encouragement for using the time to grow in Spiritual relationship with Jesus.

5. READ Heb 3:12-13. Pair up in groups of 2. Ask each other what is 1 thing I can do to be a better man or woman of God? Were there any surprising responses? We rarely see ourselves as others see us.

6. READ or refer back to Heb 3:12-13. With a partner, share what question someone can be allowed to ask that will keep you being more accountable.

Examples: Did you exercise this week, read your Bible daily, disrespect a family member, drink or use drugs, go to an inappropriate web site, or skipped a chance to pray with someone.

Take it home



If you do not have an accountability partner, pray for Spiritual guidance and select someone you trust and can rely upon to help you in your walk with Christ. Take big steps with Him!