

# FAMILY OF ORIGIN - PART III

The Family Hero - John 21:15-22

Pastor Miles McPherson - September 23, 2012

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The four kids of dysfunction:

Hero - super kid, the little parent

Scapegoat - troublemaker

Loner - the quiet one who flies under the radar

Mascot - family or class clown

**A** - What the hero feels on the inside:

- Hurt, low self-esteem, can never do enough, not good enough, fear of failure, rejection and being found out, over-controlling to ensure things work out the way they want.

- Man's and God's acceptance are in jeopardy.

**B** - What the hero looks like on the outside:

- The "9-year-old going on 40."

- The "perfect child."

- The super kid/overachiever.

- The athlete/prom queen/A student/etc.

**C** - What the hero means to the family:

- They give the family self-worth.

- They provide proof that they are good parents.

**D** - As an adult without help: Work-aholic, need to control and manipulate, never wrong, can't say no, can't fail.

- They achieve "success" on the outside and get lots of positive attention but are cut off from their inner emotional life, from their true self.

**E** - What the hero can become:

- Very successful, learn to say no.

- Learn to accept forgiveness, admit wrong and give up control.

- Confident and organized.

1. God's acceptance is never in \_\_\_\_\_ jeopardy \_\_\_\_\_. *Ephesians 2:8, Psalm 46:10*

You are worthy and you don't have to work for acceptance.

2. Allow yourself to be humanly \_\_\_\_\_ flawed \_\_\_\_\_. *1 John 1:9*

Receive forgiveness.

3. Practice letting go and not being in \_\_\_\_\_ control \_\_\_\_\_. *Hebrews 11:1, Romans 1:17*

Rest in and accept the unknown.

## NOTES:

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READ THE BIBLE IN A YEAR.

Don't forget to Read, Reflect and Respond.

**MON** - Jeremiah 46-48

**TUES** - Jeremiah 49-50

**WED** - Jeremiah 51-52

**THU** - Lamentations 1-2

**FRI** - Lamentations 3-5

**SAT** - Ezekiel 1-4

**SUN** - Ezekiel 5-8

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