

## NATION'S FASTEST GROWING SPORT HITS SAN DIEGO

### ~Mixed Martial Arts is City's Hottest Hobby~

- Three blockbuster movies this summer showcase Mixed Martial Arts.
- UFC delivered record ratings for Spike TV cable network this year.
- First time ever UFC Fighter graced cover of last month's ESPN.
- "The Ultimate Fighter" has higher ratings than the NBA, NHL, and NASCAR, as well as collegiate football and basketball in the 18-24 male demographic.
- Here in San Diego it's the hottest ticket in town as places like 4<sup>th</sup> & B sell packed out cage fights.
- We have professional fighters willing to do an in-studio demonstration or shoot live on location at our training center.



### Professional Ultimate Fighter standout Rick Slaton available for interview.

- Abandoned by father and left on own at 16.
- Kicked out of Navy.
- Failed marriage.
- Rick succumbed to life of gang warfare and street fighting.
- While serving time in prison, Rick found God and turned his life around.
- Became sponsored Professional Ultimate Fighter.
- Now trains and motivates others in Mixed Martial Arts.
- [www.myspace.com/rick\\_slaton](http://www.myspace.com/rick_slaton)

### Mixed Martial Arts Benefits:

Self Defense

Confidence

Physical Fitness

Control over Mind and Body

Come join us for a free community event:

### Right Cross Mixed Martial Arts

**FREE** Training Sessions

Every Saturday through August 25<sup>th</sup>

8:30am – 10:00am

Rock Church - 3554 Ruffin Road

858-967-9350

[www.therocksandiego.org](http://www.therocksandiego.org)

For Booking: Trish Teves - 858.405.4385 or [trisht@therocksandiego.org](mailto:trisht@therocksandiego.org)

**Tommy Moseley Bio:**

Tommy Moseley is the founder of Right Cross Mixed Martial Arts. His vision to make mixed martial arts instruction available to our community has been the driving force behind this team since it's beginning in October of 2005. He is a black belt in Tae Kwon Do, a blue belt in Brazilian Jiu-Jitsu, and has been training in Muay Thai Kickboxing for over 5 years. He is also the "Grand Master Bare Knuckle Absolute Champion of the Universe" , at least that what he thinks. Moseley is also a pastor of the Rock Church in San Diego and teaches the Saturday morning MMA workouts when his pastoral duties allow.

**Rock Church Bio:**

Founded in 2000 by Pastor Miles McPherson, the Rock Church held its first service at San Diego State University's Montezuma Hall. To accommodate the rapid growth, the Rock Church and Academy is currently finishing construction on two buildings at the site of the former Naval Training Center (NTC) in Point Loma and will celebrate a grand opening with a ribbon-cutting ceremony in late August 2007.

The future home of the Rock is located at 2277 Rosecrans Street. Take Interstate 5 to Interstate 8, head west and take the Rosecrans Boulevard exit. The property is on the corner of Rosecrans Boulevard and Womble Road. Phone (619) 226-7625. For more information on the Rock, visit [www.therocksandiego.org](http://www.therocksandiego.org).