



Lord of the Things

Part I: Getting into the Fast Lane

January 9, 2005

Find out how much you remember about Miles' message on fasting.

Questions

1. Every one of you has s power – far more than you can ever imagine.
2. True or False – Regarding fasting, Jesus began his instruction by saying, “If you fast . . .” (Matthew 6:16-17).
3. True or False – All the gospel writers were fishermen.
4. There are certain things in your life that can only change by _____ and _____.
5. True or False – A careful study of the Bible indicates several reasons for fasting.
6. The human body reproduces the majority of its cells every
 - a. 6 weeks
 - b. 6 months
 - c. 6 years
7. During a fast, your body is deprived of protein, so the _____ cells begin to eat the _____ cells.
8. Your flesh cannot be trained! It must be
 - a. crucified
 - b. compromised with
 - c. ignored
9. During a fast, it is important to stay away from negativity. The Bible teaches that as a man _____ so he is.
10. True or False – The key to long term spiritual growth is to remember that what God reveals to you in secret He desires for you to live out in public.

Answers

- 1) supernatural; 2) False, He said “*When* you fast”; 3) False; 4) prayer, fasting; 5) True; 6) b, 6 months; 7) good, bad; 8) a, crucified (see Galatians 5:24); 9) thinks (See Proverbs 23:7); 10) True