

Join the Rock ARMY

Every person at the Rock should be in a process of moving toward an accountability group/relationship that serves in the community with their time, talent, and treasure in a way that brings people to know the saving grace of Jesus. The **ARMY** is a body of believers united and committed to answering Jesus' call.

Sign up for the **ARMY** today and receive:

- Tools for spiritual growth
- 10% off at the Rockpile Bookstore
- 10% off at the Rock Café
- Pre-buy tickets to events held at the Rock

First Name _____

Last Name _____

Address _____

Phone _____ D.O.B. _____

Email _____

@ _____

How long have you been attending the Rock?

- Since the first day (February 19, 2000)
- Since SDSU (February 2000-October 2004)
- Since Ruffin (November 2004-August 2007)
- Since moving into our home (August 2007 - present)
- I am new to the Rock this year
- This is my first visit



The Mission of the Rock Church... is to Save, Equip, and Send out a motivated **ARMY** of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Pastoral Team:

- August Hunter**, Prison Ministry _____
- Danny Quimlat**, 1825 _____
- Darren Carrington**, Marriage and Family _____
- David Cooper**, Multi-site _____
- David Robles**, Children's _____
- Dru Teves**, Youth _____
- Gary Beneventi**, Small Groups _____
- George Clerie**, Rock U/Impact 195 _____
- Jerry Ray**, Stewardship _____
- Mark Bell**, High School _____
- Mark Richardson**, Outreach Ministries _____
- Mickey Stonier**, Save, Equip, Send _____
- Mingo Palacios**, 1825 _____
- Ricky Page**, Save _____
- Shawn Wagner**, Spiritual Formation _____
- Stefanie Kelly**, Worship Arts _____
- Stephen Goble**, Outreach Ministries _____
- Tommy Moseley**, Send _____
- Zack Jones**, Save, Equip, Send _____

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM
Pebbles Pathway children's service for infants through 5th grade available.
Special Needs available at 10 AM and 12 PM

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High • Wednesday 7 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio **KPRZ 1210 • M-F 4:30 PM**

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School
Fully-Licensed 18 Month - 5 Year Preschool
For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.therocksandiego.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



Discover what God created you to do, and get equipped to do it!

- In the Bible Teaching
- Out of the Box Experiences
- Into the World Practices

Impact195 is a unique nine-month discipleship program that will help you develop a deeper, more intimate relationship with God. You will cultivate friendships that last a lifetime and make a real difference in the lives of those around you.

Day or night classes are available.
Courses run March 23 - June 4, 2010.

COST: \$1,299 per quarter
Apply today at www.therockuniversity.org



For more information, contact Melissa at 619.764.5249 or email impact195@therocksandiego.org.

02.7.10

DO SOMETHING

At the end of 2009, **615,956 HOURS** of service were donated. Our goal of 600,000 hours was met, and 166,251 hours went to San Diego. Visit www.idosomething.org.



February 21-27 is National Eating Disorder Awareness Week. More than 400 people have asked for help in the last two years from the Rock Church Eating Disorder Ministry. For information, support, or resources, stop by the booth in the lobby.

For more info, contact Hallie at 619.254.7969 or iam@therocksandiego.org.

READ THE BIBLE BY THE END OF THE YEAR!

Monday - Joshua 16-19	Friday - Judges 7-9
Tuesday - Joshua 20-24	Saturday - Judges 10-12
Wednesday - Judges 1-3	Sunday - Judges 13-15
Thursday - Judges 4-6	



ROCKPILE BOOKSTORE
RETAIL EXPERTS NEEDED

The Rockpile bookstore is seeking advisory board members to offer consultation on improving retail operations.

For more information please contact Jayson Payne at 619.764.5135 or jayson.payne@therocksandiego.org.

This Week at the Rock

Monday, February 8

6:30 PM	Rock Cancer C.A.R.E. Support Group	Rock Church Library
7 PM	1825 Ministry: Revolver	Java Jones Café

Tuesday, February 9

6:30 PM	Men's Ministry: Warriors	Rock Café
7 PM	1825 Young Adult Café: DO Something Small Groups	Rm 235

ROCK U presents... **GROWING AS A CHRIST FOLLOWER**

Rock University's Spiritual Formation class is for all Christians, young and old. Are you a new believer who wants to learn how to grow spiritually? Or a mature believer who wants to go deeper? This six-week class will ignite your walk with Christ. The course begins February 10 6:30 PM in the High School Room. *Fee: \$15 for materials.*

For more info, contact Nicole at 619.764.5224 or visit www.therocksandiego.org.

Friday, February 12

7 PM	Moms' Ministry: Praise & Worship	Frubble
7:30 PM	Rock Recovey Ministry: Bonfire	De Anza Cove

Saturday, February 13

8 AM	Saturday Morning Prayer Meeting	Community Room
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DO SOMETHING CAYMAN ISLANDS INFORMATIONAL MEETING

On the surface, the Cayman Islands is a lush, tropical paradise, booming with business and tourism. But under the surface, a spiritual battle is raging. The crime rate is dramatically rising. Youth are turning to drugs, theft and murder.

Join us as we take the life-changing gospel to Cayman. Spaces are still available. Consider being a part of history as we invite the entire island to a DO Something Festival May 7-15, 2010. For more info, visit www.milesahead.com. **Pray. Give. Go.**

Our next information meeting is Sunday, February 14, 2010, in the Rock Cafe at 1:30 PM.



For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Announcements

Curious about Children's Ministry?

Do you love God and kids? Children's Ministry has ways to serve: music/dance, production/technical, teaching, drama, and more! Your first step is an orientation: Sunday, February 14, 2:30 PM, Rm 232. For more info, contact Jennie at 619.764.5218 or Jennifer.pery@therocksandiego.org.

Miles at EPIC

Come hear Pastor Miles McPherson talk about sex! Join us Wednesday February 10, 7 PM in the Rock Café for an experience that could change your life! For more info, contact Mark at mark.bell@therocksandiego.org or call 619.764.5229.

The Miracle of Birth

Expecting? Attend a one-day class to help couples to embrace the spiritual elements of birth and family, as well as learn comfort skills and strategies for birth and early parenting. Saturday, February 20, 9 AM to 3 PM. Fee for registration and materials: \$150. Go to www.therockuniversity.org or call 619.764.5122.

Share the Love with 1825

Expecting? Attend a one-day class to help couples to embrace the spiritual elements of birth and family, as well as learn comfort skills and strategies for birth and early parenting. Saturday, February 20, 9 AM to 3 PM. Fee for registration and materials: \$150. Go to www.therockuniversity.org or call 619.764.5122.

ROCK U presents... **CHRISTIAN ESSENTIALS REACHING THE LOST**

Learn the essentials of Christianity and how to reach the lost. This five-session course is one of the 4 core classes to becoming an A.R.M.Y. Graduate. Join us Monday, February 22, 6:30 PM to tune up what you believe! Fee: \$15, for materials.

For more info, visit www.therockuniversity.org or call 619.764.5224.



DO SOMETHING LEADERS NEEDED

Would you like to DO Something really big?

We need volunteers to lead the upcoming DO Something project March 6. Are you gifted in project management? Or would you like to volunteer just for the day?

Sign up at the DO Something table between services. Or contact sharon.predika@therocksandiego.org for more information.

We want to bless San Diego, and build toward reaching our 2010 goal of 700,000 volunteer hours. Let's go **DO Something!**



Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Demographics

<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Married
<input type="checkbox"/> Single	<input type="checkbox"/> Widow(er)	<input type="checkbox"/> Divorced
<input type="checkbox"/> Military	<input type="checkbox"/> Police	<input type="checkbox"/> Firefighter

Name(s) of family member(s) & birthday(s):
.....
.....

I would like more information on:

<input type="checkbox"/> Pebbles Pathway (Children)	<input type="checkbox"/> Small Groups (Home Fellowships)
<input type="checkbox"/> The Break (Jr. High)	<input type="checkbox"/> Marriage & Family
<input type="checkbox"/> SHM (Sr. High)	<input type="checkbox"/> Rock U (Spiritual Development Classes)
<input type="checkbox"/> 1825 (Young Adult)	<input type="checkbox"/> Community Outreach
<input type="checkbox"/> Women's Ministry	<input type="checkbox"/> Rock Sports
<input type="checkbox"/> Men's Ministry	<input type="checkbox"/> Rock Academy (Preschool - 12th)

How did you hear about us:

<input type="checkbox"/> Friend or Family	<input type="checkbox"/> On the News	<input type="checkbox"/> Other
<input type="checkbox"/> Web	<input type="checkbox"/> Yellow Pages
<input type="checkbox"/> Radio	<input type="checkbox"/> Drive By

Receive Rock News! Text "SDROCK [your email]" to 95495.