

Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have opportunity to DO Something in Ministry, and become a good steward of Yo' Money, time, and treasure. Membership is achieved by these simple steps:

Step 1 • Enlist in the A.R.M.Y.

First Name _____

Last Name _____

Address _____

Phone _____ D.O.B. _____

Email _____

@ _____

Step 2 • Become Active by completing one of the four core classes

- A** A.R.M.Y. Class: Understanding the importance of Accountability.
- R** Christian Essentials Class: Understanding the importance of Reaching the Lost.
- M** Ministry Seminar: Understanding the importance of Ministry involvement.
- Y** Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

Step 3 • Complete all 4 classes to become a Graduate and will receive your Rock ARMY membership card, with benefits!



The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Pastoral Team:

August Hunter , Prison Ministry _____	x5108
Danny Quimlat , 1825 _____	x5191
Darren Carrington , Marriage and Family _____	x5125
David Cooper , Multi-site _____	x5238
David Robles , Children's _____	x5226
Dru Teves , Youth _____	x5129
Gary Beneventi , Small Groups _____	x5130
George Clerie , Rock U/Impact 195 _____	x5248
Jerry Ray , Stewardship _____	x5138
Mark Bell , High School _____	x5229
Mark Richardson , Outreach Ministries _____	x5147
Mickey Stonier , Save, Equip, Send _____	x5146
Mingo Palacios , 1825 _____	x5157
Ricky Page , Save _____	x5159
Shawn Wagner , Spiritual Formation _____	x5298
Stefanie Kelly , Worship Arts _____	x5171
Stephen Goble , Outreach Ministries _____	x5247
Tommy Moseley , Send _____	x5166
Zack Jones , Save, Equip, Send _____	x5170

SERVICES TIMES
Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
 Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM
 Pebbles Pathway children's service for infants through 5th grade available. Special Needs available at 10 AM and 12 PM

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)
Senior High • Wednesday 7 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.
Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore
 Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
 2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy
 WASC Accredited, College Preparatory K-12th School
 Fully-Licensed 18 Month - 5 Year Preschool
 For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal
 K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director
 619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.therocksandiego.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



**DO
SOME
THING**

**MAKE YOUR
LIFE COUNT**

FEBRUARY 14, 2010



**IMPACT
195**

Discover what God created you to do, and get equipped to do it!

- In-the-Bible Teaching
- Out-of-the-Box Experiences
- Into-the-World Practices

Get empowered to do something that will impact the world for eternity! Impact 195 is a comprehensive nine-month discipleship program that will solidify your faith, deepen your relationship with God, and prepare you for a lifetime of ministry.

Day or night classes are available. Courses run March 23 - June 4, 2010.

COST: \$1,299 per quarter
 Apply today at www.therockuniversity.org



For more information, contact Melissa at 619.764.5249 or email impact195@therocksandiego.org.

As of Sunday, January 24, **11,514 HOURS** of city-transforming ministry service have been completed. Help us reach our 2010 goal of 700,000 hours. Visit www.idosomething.org.

This Week at the Rock

Monday, February 15

7 PM	1825 Ministry: Revolver	Java Jones Café
7:30 PM	Mime Ministry: Informational Meeting	Rm 223

Tuesday, February 16

WARRIORS
TUESDAYS • 6:30 PM • ROCK CAFÉ

Is God calling you to strengthen your walk? Join men of all ages for live worship, God's Word, and prayer.

For more info, contact Scotty at men@therocksandiego.org or call 805.368.5471.

Wednesday, February 17

6:30 PM	Women's Ministry: Sisters in Christ	Rm 232
7 PM	Sr. High Ministry: Epic Experience	Rock Café
7 PM	1825 Ministry: DO Something Young Adult Café	Rm 235

Thursday, February 18

7 PM	Rock Recovery: The Most Excellent Way	Rock Church Library
7:30 PM	JC's Girls Ministry: Bible Study & Support Group	Rm 351

Friday, February 19

6:45 PM	Spiritual Wellness Ministry: Rock SWM Class (Women)	Rm 232
7:30 PM	Rock Recovey Ministry: Bonfire	De Anza Cove

Saturday, February 20

11 AM	Homeless Ministry: Church Without Walls	Balboa Park
12 AM	Sailing Ministry: Coronado Sail and Picnic	Glorietta Bay

Saturday, February 21

2 PM	Writer's Ministry: Fellowship & Skill Building	Rock Café
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For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Announcements

Security Volunteers Needed

Want to help keep the Rock Church safe every weekend? Join the Security Ministry! Whether you're sworn law enforcement or have no training -- come DO Something! Visit our booth in the lobby today. For more info, contact Rocio at 619.764.5158 or security@therocksandiego.org.

Holidays of God

What do all those Old Testament "feasts" mean? This five-session Rock U class will show how they tie in with the life, death and resurrection of Jesus. Starts Monday, February 22, 6:30 PM, Rm 352. Fee: \$15. For more info, 619.764.5224 or visit www.therockuniversity.org.

Come Join the Band

Do you play an instrument? Would you like to serve the Lord with your talents? Worship Arts is accepting applications through 19 for band auditions in March. Go to www.sdrock.com/ministries/worship to fill out an application. For info contact Regina at 619.764.5155 or worshiparts@therocksandiego.org.

Volunteer with Youth Ministry

Interested in teenagers? There is something happening with Rock student ministries every day! We need tons of caring adults to come alongside to help students succeed in life! Visit our booth in the Lobby today! For more info, contact Dru at 619.764.5129 or dru.teves@therocksandiego.org.

CHRISTIAN ESSENTIALS

REACHING THE LOST

Learn the essentials of Christianity and how to reach those who don't Christ. This five-session course is one of the 4 core classes to becoming an A.R.M.Y. Graduate. Join us Monday, February 22, 6:30 PM to tune up what you believe! Fee: \$15, for materials.

For more info, visit www.therockuniversity.org or call 619.764.5224.

DO SOMETHING EVENT

AWAITING COPY + DETAILS



Fill out this form and drop it at the Info Booth in the lobby or log onto www.therocksandiego.org and click "New to the Rock."

Updating my information. Today is my first visit.

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Demographics

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

I would like more information on:

- Pebbles Pathway (Children) Small Groups (Home Fellowships)
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Rock U (Spiritual Development Classes)
 1825 (Young Adult) Community Outreach
 Women's Ministry Rock Sports
 Men's Ministry Rock Academy (Preschool - 12th)

How did you hear about us:

- Friend or Family On the News Other
 Web Yellow Pages
 Radio Drive By

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEDA Awareness

National Eating Disorders Awareness Week

February 21- 27 is National Eating Disorder Awareness Week. More than 400 people have asked for help in the last two years from the Rock Church Eating Disorder Ministry. For information, support, or resources, stop by the booth in the lobby.

JOB FAIR

FREE, OPEN TO PUBLIC

MONDAY, MARCH 1, 2010 | 5-8 PM | ROCK LOBBY

With unemployment in the double digits, people are hurting. The Work Ministry and the Business Life Ministry are teaming up to help!

If you want to DO Something to help:

- Let us know of job opportunities!
- Donate clothing suitable for interviews.
- Share your gifts and talents with those attending the job fair.

For more info, contact info@workingforthemanager.org.

READ THE BIBLE BY THE END OF THE YEAR!

Monday - Judges 16-18	Friday - 1 Samuel 5-7
Tuesday - Judges 29-31	Saturday - 1 Samuel 8-10
Wednesday - Ruth 1-4	Sunday - 1 Samuel 11-13
Thursday - 1 Samuel 1-4	

ROCKPILE BOOKSTORE

RETAIL EXPERTS NEEDED

The Rockpile bookstore is seeking advisory board members to offer consultation on improving retail operations.

For more information please contact Jayson Payne at 619.764.5135 or jayson.payne@therocksandiego.org.