

Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 • Enlist in the A.R.M.Y.

First Name

Last Name

Address

.....

Phone D.O.B.

Email

@

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.therocksandiego.org/army.

The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2010, the Rock Church donated 228,000 hours of community service to the City of San Diego.

SERVICES TIMES

Sunday • 8 AM • 10 AM* • 12 PM • 5 PM • 7 PM // **North County** 5 PM • 7 PM
**Interpreting for the deaf is available at the 10 AM service.*

Children's Services • 8 AM • 10 AM • 12 PM • 5 PM // **North County** 5 PM
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.

To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM // **High School** • **Wednesday** 7 PM

RockTV: Sundays • 11 PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30 PM

WAYS TO GIVE

CASH: PROVIDE DONATION AMOUNT. FILL OUT ADDRESS SECTION OF THE ENVELOPE PROVIDED.

CREDIT: TO GIVE ONLINE, VISIT WWW.SDROCK.COM/GIVE, TEXT/EMAIL YOUR GIFT OF ANY AMOUNT TO SDROCK@MOGIV.COM OR COMPLETE ALL INFORMATION REQUESTED ON ENVELOPE.

CHECK: FOR IN-SERVICE CONTRIBUTIONS, YOU DO NOT NEED TO USE ENVELOPE. MAKE SURE CURRENT NAME AND ADDRESS IS ON YOUR CHECK.

To give non-cash gifts such as stock, property, etc. or estate planning, contact Stewardship Office at 619.764.5164.

Rockpile Bookstore
www.rockpilebookstore.com • 619.764.5282

Monday - Friday 10 AM - 9 PM
Saturday 10 AM - 6 PM
Sunday 7:30 AM - 9 PM

Rock Thrift Store
www.rockthriftstore.com • 619.876.4187

Monday - Saturday 9 AM - 7 PM
Sunday 9 AM - 6 PM
Donations Accepted Daily 9 AM - 6 PM
3191-B & E Sports Arena Blvd.

Rock Academy and Preschool • www.therockacademy.org

The Rock Academy is a WASC-accredited, college preparatory K-12 school. Call 619.764.5200
The preschool is a fully licensed, infant-to-5-year preschool. Call 619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Twitter: www.twitter.com/therocksandiego **Facebook:** www.facebook.com/therocksandiego

619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org



SOMETHING GOOD

THE JOURNEY OF TIFFANY MESTER

It was as if she never had a chance.

As a baby, she slept alongside a mom strung out on cocaine. As a child, she was in the care of a father and stepmother capable of unspeakable abuses. As an adolescent, her older sister led her into the hands of a monster.

Tiffany Mester's life was not merely marked by tragedy, her life was tragedy.

Can anything good come from a life of so much pain?



JULY 3, 2011

READ HER HEART-WRENCHING STORY AT

SDROCK.COM/STORIES



GRIEF SHARE

GriefShare is a 13-week program to help you face the challenges of losing a loved one and move toward rebuilding your life. If you are an adult, who has lost a loved one, join us and find out how God's Word can bring you hope and healing. See GriefShare in the church lobby on July 3.

ROCKSPORTS

Be sure to pick up a copy of the NEW RockSports Report. Find out what's on the mind of Charger, Jacques Cesaire & what our Rock Sports ministries are up to. Pick a FREE copy up in the Rock Pile TODAY!!

I AM Athletics

SPEED, AGILITY & EXPLOSION CAMP
JULY 6, 7 & 8 // 9AM-12PM

YOUTH, HS & ADULTS WILL IMPROVE OVERALL ATHLETICISM. \$25.00 ONLINE REGISTRATION AT [THEROCKSANDIEGO.ORG/MINISTRIES/PERSONALTRAINING](http://therocksandiego.org/ministries/personaltraining) OR VISIT THE LOBBY TABLE TODAY. SPACES LIMITED.

THE ROCK CHURCH BLOOD DRIVE +

SUNDAY JULY 10TH 8:30AM-2PM

LIVES DEPEND ON YOU! PLEASE PLAN TO GIVE BLOOD NEXT SUNDAY OUT FRONT. THINK ABOUT IT, YOU CAN SAVE UP TO TWO LIVES WITH YOUR DONATION... SOMEWHERE IN SAN DIEGO, PATIENTS WILL NEED BLOOD. YOU CAN MAKE SURE IT IS THERE FOR THEM.

SDROCK.COM/E8638

This week at the Rock

>> FOR MORE EVENTS VISIT WWW.SDROCK.COM/EVENTS

Extended Bookstore Hours

Your favorite Bookstore is open longer for your convenience—ALL day Sunday 7:30AM to 9PM, Saturday 10AM- 6PM with free coffee and weekdays 10AM to 9PM. Hang out, get some coffee and shop in San Diego's finest bookstore! For more info, visit www.rockpilebookstore.com

Care & Concern Gift Cards Needed

Sunday, July 10, Care and Concern Ministry needs grocery and gas cards to give people of the Rock church experiencing a difficult time. Place gift cards in offering bag or leave at information desk. For more info, contact millie.bearchell@therocksandiego.org or 619.764.5189.

ROCK CHURCH SMALL GROUPS

YES!

I WOULD LIKE TO BE A LEADER

Help others grow in their relationship with Jesus Christ by starting a group where you work, live or frequent.

HERE'S HOW:
Visit sdrock.com/smallgroups
Contact Nicole at nicole.moser@therocksandiego.org

YES!

I WANT TO JOIN A SMALL GROUP

Find community and grow spiritually.

HERE'S HOW:
Visit sdrock.com/smallgroups
Contact John at john.darrow@therocksandiego.org or call 619.764.5185

MIRACLE 139

SUNDAY, JULY 10-31 • 12PM • 1:15PM • HIGH SCHOOL ROOM

A 4-WEEK COURSE DESIGNED TO HELP PARENTS OF SPECIAL NEEDS KIDS.

TOPICS INCLUDE:

- ▶ WK 1) RECOGNIZING EARLY SIGNS: Why does my child seem 'Different'?
- ▶ WK 2) BEHAVIOR 101: the ABCs
- ▶ WK 3) RESOURCES: Where do I Go?
- ▶ WK 4) COPING AND SUPPORT: You're not Alone

If you have any questions or to RSVP, contact Linda at linda@agapetosfoundation.com or Jennifer at jennifer.perry@therocksandiego.org.

Announcements*

INVITE YOUR FRIENDS TO CHURCH!

Pick up Rock Church invite cards at the info booth today.

WATCH ONLINE

sdrock.com/live
8AM • 10AM • 12 PM
• 5PM & 7PM

YOUTH SUMMER CAMP: INDIAN HILLS

YOUTH SUMMER CAMPS

kick off this July & August. Have a blast with new friends, bonfires, worship, games and tons of memories wrapped up in one incredible week(end) that will change your life!

High School July 8-10
sdrock.com/e8448

Jr High: July 31-Aug 4
sdrock.com/e8354

FOUNDATION CLASSES

BEGINNINGS | 100 | 200 | 300

Pillars of the faith are explained. New and mature Christians are welcomed.

REGISTER ONLINE

WWW.THEROCKSANDIEGO.ORG/FOUNDATIONS

FOUNDATIONS

STAYCONNECTED

TO THE ROCK!

Fill out this form and drop it at the Info Booth in the lobby.
 Updating my information I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):
.....
.....

NEW WAYS TO CONNECT

facebook.com/.....
twitter: @

Find us on Facebook at facebook.com/therocksandiego
Follow us on twitter at twitter.com/therocksandiego

How did you hear about us?

Friend or Family On the News Radio
 Social Media Driving By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.