



## LIFE GROUP DISCUSSION GUIDE TRUE LOVERS - PART 2

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Pastor Miles McPherson – 26 April 2015

**LIFE GROUP LEADERS – If you're using this Discussion Guide we'd love to know, please take a quick second right now to text us WEEKLY STUDY to 619 354 6911, thanks**

Pastor Miles continued week 2 of our series *True Lovers*. For those of you that have missed the past few weeks we've been looking at the 5 Love Languages, 1 – Words of Affirmation, 2 – Gifts, 3 – Quality Time, 4 – Acts of Service, 5 – Physical Touch.

There's a direct correlation between how we love people and how we love God, 1 John 4:20 says "Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen."

Take a few minutes to follow up on the 'Take it Home' section from last week.

1. Was anyone able to take the 5 Love Languages Discovery Test this past week <http://www.5lovelanguages.com/profile/> For those that were able to take the test, what are your top two Love Languages? Were these results surprising to you?
2. This past week as you prayed and meditated on Matthew 22:37, "Love the Lord your God with all your heart and with all your soul and with all your mind", were your thoughts, actions, responses shaped differently as a result of this verse?

This past weekend Pastor Miles began to talk about *Words of Affirmation*. He ushered us into practical application of how we can use our spoken words to bless God. How we verbally bless God affirms our love for God. Likewise, how we use words with others highlights the character of God to others.

### DISCUSSION STARTERS

#### TAKE A FEW MINUTES:

Think about the daily interactions you have – *friends, family, co-workers, neighbors, strangers, in line at the store, at the copy machine, in class, phone calls, texts, emails, etc.*

- [1] Do you think you **receive** "too much", "just the right amount of", or "not enough" words of encouragement + affirmation in your life?
- [2] Do you think you generally **give out** "too much", "just the right amount of", or "not enough" words of encouragement + affirmation to others?
- [3] What are some words you heard growing up (positive or negative) that have stuck with you?
- [4] Fill in this sentence – *it would make my day if someone said \_\_\_\_\_ to me.*



## SHARE WITH THE GROUP:

Pastor Miles shared some information from Dr. Masaru Emoto's water experiment research about the way words impact the structure/look of water in its ice form. If you have a laptop/tablet/ smartphone open this YouTube link of Dr. Masaru Emoto <https://www.youtube.com/watch?v=iu9P167HLsw>

## TAKE A FEW MINUTES:

Just like the earth is about 71% water, our bodies are made up of about 60% water. Think about the power of words and your relationship with God.

[1] What are some words you feel God says about you?

[2] What are some words you can say about God?

## STUDY QUESTIONS

As a group read each of these verses below; once you read each verse spend a few minutes sharing what you feel each verse is saying to you.

James 3:5b-8 – *<sup>5</sup>Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. <sup>6</sup>The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell. <sup>7</sup>All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, <sup>8</sup> but no human being can tame the tongue. It is a restless evil, full of deadly poison.*

Proverbs 12:18 – *"The words of the reckless pierce like swords,  
but the tongue of the wise brings healing."*

Proverbs 13:3 – *"Those who guard their lips preserve their lives,  
but those who speak rashly will come to ruin."*

Proverbs 15:1 – *"A gentle answer turns away wrath, but a harsh word stirs up anger."*

Proverbs 16:24 – *"Gracious words are a honeycomb, sweet to the soul and healing to the bones."*

Proverbs 18:21 – *"The tongue has the power of life and death, and those who love it will eat its fruit."*

Proverbs 21:23 – *"Those who guard their mouths and their tongues keep themselves from calamity."*

Psalms 19:14 – *"May these words of my mouth and this meditation of my heart be pleasing in your sight,  
Lord, my Rock and my Redeemer."*

Psalms 27:4 – *"One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord  
all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple."*

Psalms 84:1-2 – *<sup>1</sup>How lovely is your dwelling place, Lord Almighty! <sup>2</sup>My soul yearns, even faints, for the  
courts of the Lord; my heart and my flesh cry out for the living God."*

Psalms 103:1 – *"Praise the Lord, my soul; all my inmost being, praise his holy name."*



## PUT IT INTO PRACTICE

Activity 1: What is a verse, from the ones listed above, that you can meditate on this week?

Activity 2: Choose three significant relationships in your life – what are three words you would like to infuse into these relationships this week. Write out those three words and why they are important to that relationship.

## MEMORY VERSES

Psalm 19:14 – *“May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer.”*

## TAKE IT HOME!

1. If you haven't be able to yet take the 5 Love Languages Discovery Test at <http://www.5lovelanguages.com/profile/>
2. Meditate on Psalm 103 this week.  
In your prayer time bless the Lord out loud with your affirming words for His forgiving heart toward you.
3. Challenge yourself to speak word of life to others this week.  
Take notice of the response and determine if Words of Affirmation is their love language.

